Join our senior learning community at Furman. Where Learning Never Retires

Osher Lifelong Learning Institute at FURMAN

March 25–May 17, 2019 | Spring Schedule

furman.edu/olli | 864.294.2998

All OLLI members are cordially invited to the

Back to OLLI Spring Reception

Thursday, March 21 | 3–4:30 p.m.
Furman University, Herring Center
New Member Orientation, 2:30 p.m.

Register Online!
Registration begins at 8 a.m.
February 26 for course package holders
February 28 for single-course purchases
furman.edu/olli
Registration forms pp. 35–38
**WELCOME to the Spring Term at OLLI!**

Fun. That’s one of my favorite words to describe the Osher Lifelong Learning Institute at Furman. It’s fun to try a new course. It’s fun to connect with old friends and make new ones. Attending an OLLI social event is fun. Joining a Special Interest Group or volunteering in the office adds to the fun. Of course, you’ll learn something in each course you take, and perhaps find fulfillment by teaching a course or volunteering with the program in some way. And pretty soon, you will see how a learning in retirement program enriches lives.

There are 117 courses to choose from during the spring term, covering topics from hiking to religion, literature and film to history, physics to computers. Our offerings include large lecture classes, discussion based courses, and small hands-on classes—truly something for everyone. There are 36 Friday bonus events, more than 30 Special Interest Groups, and numerous volunteer opportunities to round out your OLLI experience.

Look through this course brochure to find a course or two. Think about the fun you will have. I look forward to seeing you. And I’d love to hear about how OLLI has enriched YOUR life!

*Nancy Kennedy*
Director

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**As part of our ongoing effort to enhance and improve the OLLI registration experience,** we are testing the use of a priority allocation system with eight of our spring courses: ACM101, ACM116, ACM140, CPT330, CPT335, CPT347, CPT363 and CPT373. When registering for these courses, you must select the waitlist option to be placed in a lottery. On March 4 at 8 a.m., the lottery will occur. You will be notified by email by 5 p.m. on March 4 to let you know whether you are in the course or on the waitlist. You may choose to register for a backup class, and then drop it if you are randomly selected for the lottery course. Those not randomly selected for the course will be placed on a waitlist and called if a space opens up. The waiting list order will also be set by lottery.
Important Dates for 2019

February 26 .......... Spring Term registration for course package owners
February 28 .......... Spring Term registration for single course purchasers
March 11 ............... Last day of Winter Term classes
March 21 ............... Back to Class Reception
March 25 ............... First day of Spring Term classes
April 19 ............... No class—Good Friday
May 17 ............... Last day of Spring Term classes
May 21 ............... OLLI Celebration Luncheon
June 4 ............... First day of Summer Term classes
June 28 ............... Last day of Summer Term classes

Best Way to Register

1. ONLINE: Go to furman.edu/olli and click on the Registration link. (If you are new to OLLI, create a new account.) Your user name may be your firstname.lastname or one you created. Type in your user name and password to access your account. Click on Forgot Password to create a new one and access your account. (credit card only)

2. IN PERSON: On registration day, go to the OLLI Office on the Furman campus, 3300 Poinsett Highway, Greenville. The OLLI office is located in the Herring Center for Continuing Education. You will be registered immediately. (cash or check only)

3. BY MAIL: Send your completed registration with payment (check made out to Furman University) to OLLI @ Furman, 3300 Poinsett Highway, Greenville, SC 29613. (check only)

Forms that are mailed in or dropped off will be processed after all walk-in customers are assisted.

Membership Fees

To participate in any OLLI course, trip, or event, you must first join OLLI @ Furman for the academic year. The cost of $50 covers copies, coffee, computer lab, lifeguard, bonus trips, seminars, software, and other incidental fees incurred by the program during the year. There is a $10 fee for a Furman parking sticker. Once you have joined, you then have a choice of purchasing individual courses or a package of courses at a lower per-course cost that can be used over the three terms of the academic year (Sept.–May).

Individual courses ............ $55
6 courses annually ........ $240
9 courses annually ........ $315
15 courses annually ...... $375

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## Courses at a glance Spring 2019

### Arts, Culture and Music

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<th>Title</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACM101</td>
<td>Acrylic Painting</td>
<td>Th</td>
<td>1 p.m.</td>
</tr>
<tr>
<td>ACM109</td>
<td>Rock and Roll</td>
<td>W</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>ACM111</td>
<td>Acting and Performing</td>
<td>Th</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>ACM114</td>
<td>Gotterdammerung</td>
<td>M</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>ACM115</td>
<td>Voice Class</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>ACM116</td>
<td>Pen and Ink II</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>ACM120</td>
<td>Let's Read and Talk</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>ACM121</td>
<td>A Class About Nothing</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>ACM122</td>
<td>Films of Sidney Poitier</td>
<td>M</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>ACM123</td>
<td>Post-Apocalypse Novel I</td>
<td>Th</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>ACM129</td>
<td>Isaak Asimov</td>
<td>T</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>ACM131</td>
<td>Classics of World Literature</td>
<td>W</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>ACM140</td>
<td>Oil Painting</td>
<td>T</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>ACM143</td>
<td>Write Life</td>
<td>Th</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>ACM152</td>
<td>Writing Fiction</td>
<td>M</td>
<td>3:15 p.m.</td>
</tr>
<tr>
<td>ACM163</td>
<td>Frank Lloyd Wright</td>
<td>Th</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>ACM172</td>
<td>Art Journaling</td>
<td>W</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>ACM181</td>
<td>Writers to Spring Forward</td>
<td>Th</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>ACM183</td>
<td>Songs of the South II</td>
<td>Th</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>ACM186</td>
<td>Guitar III</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>ACM187</td>
<td>Beginning Guitar</td>
<td>T</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>ACM190</td>
<td>Return of the Feisty Women</td>
<td>W</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>ACM191</td>
<td>Franz Kafka</td>
<td>T</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>ACM192</td>
<td>Music of the 60s</td>
<td>T</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>ACM194</td>
<td>Rusty Writers</td>
<td>Th</td>
<td>9 a.m.</td>
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### Computers and Technology

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Days</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>CPT326</td>
<td>Internet Security</td>
<td>T</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>CPT330</td>
<td>iPhone</td>
<td>M</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>CPT335</td>
<td>Intro to iPhone</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>CPT347</td>
<td>Online Skills Using Google</td>
<td>M</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>CPT363</td>
<td>Intro to iPads</td>
<td>M</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>CPT373</td>
<td>Interm. iPads</td>
<td>M</td>
<td>1:30 p.m.</td>
</tr>
</tbody>
</table>

### Current Events and Business

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>CEB1707</td>
<td>Wealth Management</td>
<td>W</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>CEB1711</td>
<td>Great Decisions 2019</td>
<td>Th</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>CEB1715</td>
<td>How Does the US Rank</td>
<td>T</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>CEB1716</td>
<td>Education in America</td>
<td>W</td>
<td>3:15 p.m.</td>
</tr>
<tr>
<td>CEB1717</td>
<td>Financial Workshop</td>
<td>F</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>CEB1718</td>
<td>Out of the Closet</td>
<td>W</td>
<td>1:30 p.m.</td>
</tr>
</tbody>
</table>

### Health, Fitness and Exercise

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>HFE501</td>
<td>Monday's Hiking</td>
<td>M</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE502</td>
<td>Martin's Hiking</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE503</td>
<td>The Rock Stars</td>
<td>F</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE505</td>
<td>Dave's Hiking Plus</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE511</td>
<td>Yoga for the Aging Body</td>
<td>F</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>HFE512</td>
<td>Wildflowers &amp; Waterfalls</td>
<td>Th</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE513</td>
<td>High Country Hikers</td>
<td>M</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE515</td>
<td>Aquacize</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE517</td>
<td>T'ai Chi</td>
<td>T</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE536</td>
<td>Yoga</td>
<td>Th</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE531</td>
<td>International Line Dance</td>
<td>T</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>HFE538</td>
<td>Pickleball II</td>
<td>F</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE539</td>
<td>Aqua Zumba</td>
<td>W</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE562</td>
<td>Yoga for the Optimal You</td>
<td>M</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>HFE563</td>
<td>Fit and Well for Life</td>
<td>F</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE580</td>
<td>Taekwondo</td>
<td>M</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>HFE582</td>
<td>Alexander Technique</td>
<td>M</td>
<td>3:15 p.m.</td>
</tr>
<tr>
<td>HFE583</td>
<td>Qi Gong</td>
<td>F</td>
<td>1 p.m.</td>
</tr>
<tr>
<td>HFE587</td>
<td>Core Performance</td>
<td>M</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HFE589</td>
<td>Let's Get Fit!</td>
<td>T</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>HFE591</td>
<td>Living Longer</td>
<td>W</td>
<td>3:15 p.m.</td>
</tr>
<tr>
<td>HFE595</td>
<td>General Neurological Health</td>
<td>T</td>
<td>1:30 p.m.</td>
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### History and Politics

<table>
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<tr>
<th>Course</th>
<th>Title</th>
<th>Days</th>
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<tbody>
<tr>
<td>HIS603</td>
<td>South Carolina History</td>
<td>Th</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>HIS609</td>
<td>History of Racing Cars</td>
<td>W</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HIS630</td>
<td>The Constitution</td>
<td>W</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>HIS639</td>
<td>Carolina's Lost Communities</td>
<td>W</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>HIS651</td>
<td>Expulsion of Germans</td>
<td>M</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>HIS655</td>
<td>Russia by Train</td>
<td>W</td>
<td>3:15 p.m.</td>
</tr>
<tr>
<td>HIS683</td>
<td>South Carolina &amp; the Civil War</td>
<td>T</td>
<td>3:15 p.m.</td>
</tr>
<tr>
<td>HIS685</td>
<td>Interesting Characters</td>
<td>T</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>HIS687</td>
<td>Timely Political Events</td>
<td>M</td>
<td>10:45 a.m.</td>
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### Languages

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Days</th>
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<tbody>
<tr>
<td>LAN712</td>
<td>Intro to Latin III</td>
<td>W</td>
<td>3:15 p.m.</td>
</tr>
<tr>
<td>LAN733</td>
<td>Cont Latin III</td>
<td>W</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>LAN746</td>
<td>Interm. Latin</td>
<td>W</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>LAN748</td>
<td>Advanced Latin</td>
<td>W</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>LAN760</td>
<td>French II</td>
<td>M</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>LAN786</td>
<td>Beginning Spanish I</td>
<td>F</td>
<td>10:45 a.m.</td>
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### Photography

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Days</th>
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<tbody>
<tr>
<td>PHO1600</td>
<td>Spring Fling</td>
<td>T</td>
<td>8:30 a.m.</td>
</tr>
<tr>
<td>PHO1603</td>
<td>Nature Photography</td>
<td>Th</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>PHO1615</td>
<td>Artistry for Photographers</td>
<td>W</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>PHO1624</td>
<td>DSLR Photography II</td>
<td>Th</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>PHO1635</td>
<td>French Photographers</td>
<td>W</td>
<td>10:45 a.m.</td>
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### Practical Arts and Hobbies

<table>
<thead>
<tr>
<th>Course</th>
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<th>Days</th>
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<tbody>
<tr>
<td>PAH800</td>
<td>Woodcarving 101</td>
<td>W</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>PAH807</td>
<td>Intro to Card Making</td>
<td>M</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>PAH808</td>
<td>The Knitting Hour</td>
<td>W</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>PAH812</td>
<td>Beginning Knitting</td>
<td>M</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>PAH813</td>
<td>Crochet 101</td>
<td>T</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>PAH820</td>
<td>Intro to Duplicate Bridge</td>
<td>M</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>PAH821</td>
<td>Beginning Poker</td>
<td>Th</td>
<td>10:45 a.m.</td>
</tr>
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</table>
PAH824  Crochet 202 (W, 1:30 p.m.)
PAH834  Woodcarving 201 (W, 1 p.m.)
PAH838  Quilting by Hand (W, 1 p.m.)
PAH848  Style for Our Time (Th, 10:45 a.m.)
PAH855  Bridge V (W, 9 a.m.)
PAH864  Adv Beginners Bridge (M, 9 a.m.)
PAH875  Animal Art Quilt (W, 9 a.m.)
PAH885  Painting with Wool (F, 9:30 a.m.)
PAH892  Advanced Zentangle (W, 1:30 p.m.)
PAH899  Mixed Media 101 (M, 10:45 a.m.)

Psychology and Personal Growth
PPG1304  Dementia (T, 3:15 p.m.)
PPG1324a  Awakening to Now and How (Th, 1:30 p.m.)
PPG1324b  Awakening to Now and How (Th, 3:15 p.m.)
PPG1326  MeaningSight II (Th, 1:30 p.m.)
PPG1350  Aging Mastery (W, 10:45 a.m.)
PPG1370  MeaningSight I (M, 1:30 p.m.)
PPG1381  Dynamic Aging III (T, 10:45 a.m.)

Religion and Philosophy
RPH903  Hebrew Prophets III (Th, 10:45 a.m.)
RPH927  Jewish Ethics (Th, 1:30 p.m.)
RPH972  Cultivating Nonviolence (W, 10:45 a.m.)
RPH973  Intro to Jainism (W, 10:45 a.m.)
RPH974  Gifts of the Mystics (Th, 9 a.m.)
RPH982  American Christianities (M, 10:45 a.m.)
RPH989  Eight Steps to Happiness (M, 1:30 p.m.)
RPH993  Contemporary Modes of Thought (T, 1:30 p.m.)
RPH994  From Rumi to Gulen (T, 9 a.m.)
RPH996  Jewish American Experience (F, 9 a.m.)

Science and Math
SNM1046  DNA Testing for Ancestry (M, 10:45 a.m.)
SNM1047  What is the Matter (M, 9 a.m.)
SNM1072  Physics II (W, 1:30 p.m.)
SNM1081  Our Future in Space (Th, 1:30 p.m.)

Get involved in our community of learners

OLLI @ Furman thrives on member involvement and is led by a volunteer council, elected by the membership under bylaws adopted by the members. We encourage everyone to be a part of the OLLI community by volunteering in some capacity within the program. Full participation can give you a sense of ownership while you have fun meeting new friends.

Administration and Finance Committee decides on the length of terms, membership fees, expenditure of endowment funds, etc. Generally meets once a term.

Class Liaisons act as a bridge between the instructor, students, and the office staff in a class in which they are currently enrolled. Give weekly updates from OLLI Notes and general assistance to instructor.

Curriculum Committee seeks competent instructors to teach a well-balanced variety of classes. Subcommittees are based on interest areas from history to art to hobbies. Usually meets three times a term to plan the courses for the following term.

Instructor Support Committee supports our incredible faculty through mentors, evaluations, and training sessions. Meets a couple of times each term.

OLLI Life is produced four times a year and includes articles and information from the membership and committees. Writers, photographers, and editors are always needed!

Instructors are all volunteers with a love of learning and sharing their ideas and life lessons.

Long-Range Planning Committee considers the needs and goals for three, five, and ten years into the future. Meets about once per term.

Office Assistants greet people while getting to know a lot about the program and how it works, from phone calls and registrations to battery replacements and shelving books. Can work around your schedule.

Social Committee plans our fun times together outside the classroom and is made up of a few who coordinate the many members. Hosts events all year long.

Volunteer Committee strives to have 100% of the membership involved in some capacity with helping make OLLI run. Meets a couple of times each term.

For more information, contact Heidi Wright at heidi.wright@furman.edu or 864.294.2997. You can also indicate your interest on your registration form.
OLLI @ Furman

Executive Council

PRESIDENT
May Welborn

VP OF MEMBERSHIP & PRESIDENT-ELECT
Sally Bornmueller

VP OF ADMINISTRATION
Ron Eldridge

AT LARGE
Doug Frazier
David Johnson
Mary Kay Kantz
Diana Miel
Tom Nowlin
Marcia Smith

Committee Chairs

CURRICULUM
Cindy Brothers
Lance Renault

INSTRUCTOR SUPPORT
Judy Pearson

ADMINISTRATION & FINANCE
Ron Eldridge

LONG-RANGE PLANNING
Greg Peters

OLLILIFE
Sue Renault

OUTREACH
Michael Murphy

SOCIAL
Naomi Downing

TRAVEL
Betty Jo Shaw

VOLUNTEERS
Kathy Roed

Course Descriptions

Monday

PAH864 Advanced Beginners Bridge
Monday, 9-11 a.m., Herring Center, Small Arts/Crafts (HC113)

This class is for individuals who have completed a beginner course and want to continue their bridge education and for social players wishing to improve their game. We will emphasize hands-on learning through active student participation, with a minimum of lecture time. The goal is to enhance your understanding and enjoyment of the game while building a foundation which will serve you as you progress as a player. Among the subjects we will cover are: declarer and defensive play, competitive bidding and essential conventions including Stayman, Transfers, Weak-Two Bids, Take-out Doubles and Blackwood. Upon completion you will have the tools to be a competitive social player and the confidence to play duplicate bridge at your local club.

John Clancy is an accredited bridge teacher with over 25 years of experience. He is also a certified Bridge Director and a Gold Life Master. Karen Clancy, a sectional master, will assist with this course.

PAH812 Beginning Knitting
Monday, 9-10:30 a.m., Herring Center, Huff (HC105)

Learn the basics of knitting - everything from how to get the yarn on the needles, knit and purl stitches, how to get your project off the needles, as well as how to choose yarn, needles and patterns to be well-armed for a successful knitting journey! Materials fee: $10 (due to instructor at first class for needles, yarn and booklet).

Krista Jameson has been knitting since 2010 and opened her own yarn store in 2014. She is enrolled in The Knitting Guild of America’s Master Knitter program.

HFE587 Core Performance
Monday, 9-10:30 a.m., Herring Center, Crabtree (HC110)

This fitness class focuses on improving flexibility, balance and core strength. This class is designed to combat the effects of our modern sedentary lifestyles, which often contribute to low back pain and joint stiffness. Standing and mat exercises are selected from Yoga, Pilates and functional training. Each class will end with a stretching routine designed specifically to reduce back pain and leg cramps. Just bring your yoga mat and a smile to class. Participants should be able to do a squat. Resistance bands and dumbbells are provided by OLLI.

Ron Bryson, a retiree, keeps himself active with cycling, swimming and strength training. He has been a personal trainer and holds a yoga teacher certification. Ron has taught core fitness at OLLI since 2013.

HIS651 Expulsion of Germans After WWII
Monday, 9-10:30 a.m., Herring Center, Piper (HC111)

Immediately after World War II, the Allies carried out the largest forced population transfer in human history. Around 14 million Germans and ethnic Germans, most of them women and children, had to leave their homes in Central and Eastern Europe. An estimated 1.5 million died. The objective of this class is to present the most recent research on this sensitive subject: the history of German settlements, the political decision-making process, the reality of the expulsions, the resettlement of the expelled people in post-war Germany and the impact of the expulsions on the development in Europe after 1945. The instructor and his family were expelled Germans; he and other families will talk about their personal experiences.

Viktor Hanuska, born in Slovakia and educated in Germany, worked for 37 years with Michelin in 7 different countries before retiring in 2005.

Register online at furman.edu/olli
HFE513 High Country Hikers  
**Monday, 9 a.m.-4:30 p.m., Herring Center, Parking Lot (rt. of Timmons)**  
Spring is a great time for hiking in the Upstate. Waterfalls and wildflowers are an added attraction on many of these hikes. We will hike five to eight miles on moderate to moderately strenuous trails. Please clear this physical activity with your physician. Bring water, your lunch, hiking gear and hiking boots. We normally meet in the parking lot to the right of Timmons Arena in time to form carpools and leave by 9 a.m. However, depending on weather and travel distance we may elect to depart earlier. Carpool and share the cost of gas.  
Steve Davis and Jimmy Vissage enjoy hiking and will lead this course.

PAH807 Introduction to Card Making & Paper Crafting  
**Monday, 9-10:30 a.m., Herring Center, Graham (HC005)**  
If you have ever wanted to make handmade cards, scrapbook pages, or any other paper crafting project but have had no idea where to begin then this is the class for you. We will cover what a basic tool kit consists of. You will get hands-on use of several different cutting machines along with the different types of dies that are on the market today. We will play with the different kinds of rubber stamps, ink pads and coloring mediums available to you. In addition to all of the inky fun that you will have the instructor will share over 20 years of tips and tricks to take the stress out of paper crafting. Materials fee: $40 (due to instructor at first class).  
Kimberly Hellams has been a mixed media artist, instructor and paper crafter for over 20 years. She shares her art on YouTube and Instagram. Shaun Hellams will assist with this course.

HFE501 Monday’s Intermediate Hiking  
**Monday, 9 a.m.-4:30 p.m., Herring Center, Parking Lot (rt. of Timmons)**  
Spring is a wonderful time to go hiking. It is the time of the year when the flora and fauna wake up from their winter dormancy. Wildflowers begin to bloom and new growth will be evident on most plants. We will typically hike five to eight miles on moderate to moderately strenuous trails. Wear hiking boots or sturdy shoes, and dress in layers appropriate for the weather. Bring plenty of water and lunch. Please clear this physical activity with your doctor. We normally meet in the parking lot to the right of Timmons Arena in time to form carpools and leave by 9 a.m. However, depending on weather or travel distance we may elect to depart sooner or from a different location. We will share cost of gas.  
Bob Roy and Tom Dankovich enjoy the outdoors. They will lead this hike.

SNM1047 What is the Matter with Matter  
**Monday, 9-10:30 a.m., Herring Center, Campbell (HC004)**  
Let’s discuss that matter is the raw material of the universe. The immense variety of matter is generated by a limited number of chemical elements that combine in simple, well-defined ways. This physical picture of the world has taken centuries to assemble, but its insights are now available for our purview. The class will also view selected videos from “The Nature of Matter: Understanding the Physical World.” What this history presents will be reviewed and the impact chemicals have on our society will be generally observed.  
Don Gurney holds a doctor of science degree in chemical engineering.

PAH899 A Journey Into Mixed Media 101  
**Monday, 10:45 a.m.-12:15 p.m., Herring Center, Graham (HC005)**  
This class will explore mixed media art and the application of various art mediums to complete several projects. The first class will consist of a discussion about what mixed media art is, and products that are currently available on the market for crafters and artists to use. The remaining classes will consist of hands-on experience as students work on a mixed media art journal, two mixed media canvases and one special project at the end. We are going to play with a bunch of different art materials while having tons of fun releasing our inner creativity. No special skills or abilities are required and there are NO mistakes. Materials fee: $40 (due to instructor at first class).  
Kimberly Hellams has been a mixed media artist, instructor and paper crafter for over 20 years. She shares her art on YouTube and Instagram. Shaun Hellams will assist with this course.

RPH982 American Christianities  
**Monday, 10:45 a.m.-12:15 p.m., Herring Center, Campbell (HC004)**  
How did we get from simply Catholics and Protestants to the incredible variety of Christian expression found in the USA? How did we end up with more than 20 denominations and more than 35,000 independent churches/groups? Does this represent theological or sociological forces...or both? How are evangelicals different from mainstream Protestants, progressives from liberals? Through presentations and discussions we will try to come up with some possible answers to these and other questions related to the history of Christianity in the USA.  
David Gillespie is a published author, a former Presbyterian minister and healthcare chaplain, and a frequent instructor at OLLI, most always on the intersection of religion, philosophy and ethics.
We will examine the basic laws of genetics and how they apply to humans. Primary emphasis will be on currently available DNA tests that are readily available to the public. Learn how to identify family members that you may not know and your deep family history when some humans left Africa thousands of years ago. We will also take a cursory look at how potential diseases can be screened using DNA tests.

Tony Nedved retired from a long career with Michelin Tire in the field of quality. He has a BS in chemistry from Furman. Tony was an adjunct instructor at Greenville Technical College where he taught classes on statistical quality control and quality engineering. Mike Mayberry will assist with this course.

In the spring of 2015, we journeyed together down the Rhine River to the music of Wagner's tetralogy “The Ring of the Nibelung.” Since then I have become a little wiser and more knowledgeable and have decided to once again pursue a better understanding of Wagner’s concept of redemption through music. Last time I choose the NY Met's latest high-tech production designed by Robert Le Page. This time I go back to the earlier 1989-90 season. This more conventional production includes the incomparable James Levine conducted presentation from the1989-90 season. This more conventional production includes the incomparable James Morris as Wotan.

Ronald Bryson has been teaching courses on classical music and opera at OLLI since 2013. A devout music lover, he endeavors to share his knowledge and enjoyment.

This hands-on course is designed for both new iPad owners and those who have had an iPad but never really learned how to use it. In the first few sessions we learn how to set up the iPad, the basic controls; and get comfortable with the basic operation. In subsequent classes, you will learn how to use the iPad efficiently: customizing the home screen; adding content; taking/managing photos; ensuring security of your information; using FaceTime and Skype; and troubleshooting common device issues. Each week you will learn useful new apps and shortcuts. We will use the current Apple operating system (iOS 12) so students should ensure it is installed on the iPad. A student workbook is provided. Materials fee: $5 (due to instructor at first class). NOTE: When registering for this course, you must select waitlist and on Monday, March 4 be placed in a lottery. For further information, please see page 2 of this brochure. John Roberts is a retired Navy pilot and Naval War College professor. He developed the iPad program for NWC and taught iPad intro classes.

In the spring of 2007, Sabumnim Chris Key opened Greenville Martial Art Center. He holds black belts in both Taekwondo and Hapkido.

Taekwondo is a traditional Korean martial art that emphasizes self-defense by utilizing a broad range of striking techniques. The style is over 2000 years old. It is suitable for men and women of any age with any level of prior experience. We will also work on flexibility, balance, and coordination.

This course will introduce the Buddhist Way of Loving Kindness. Through exploring eight beautiful verses from one of Buddhism’s best loved teachings, “Eight Verses of Training the Mind,” we will learn how to make ourselves and others happy. Then, through using the tool of meditation we can deepen our understanding of these ‘8 verses’ so that we can benefit from this timeless wisdom in our modern daily life. This course is practical and experiential. Each week we will cover one of the

HIS687 Survey of Timely Political Events
Monday, 10:45 a.m.-12:15 p.m., Herring Center, President’s Conference (HC103)
If you are a political junkie, an avid reader of current events and history or just like to discuss political philosophy and hear other opinions, this class is for you. It is designed to encourage discussion and critique of major national and international news from various perspectives. The discussion facilitator will bring relevant, timely topics for discussion from major or obscure publications. Class members are encouraged to contribute questions or commentary on current events that they wish to discuss. It is expected that we will compare and contrast opinions and ideas in a manner that supports learning.

Maggie Manning has an MA in Organizational Behavior. Steve Pasternack holds a Ph.D. in Chemistry. They will facilitate the class.

HIS1067 Survey of Timely Political Events
Monday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111)
If you are a political junkie, an avid reader of current events and history or just like to discuss political philosophy and hear other opinions, this class is for you. It is designed to encourage discussion and critique of major national and international news from various perspectives. The discussion facilitator will bring relevant, timely topics for discussion from major or obscure publications. Class members are encouraged to contribute questions or commentary on current events that they wish to discuss. It is expected that we will compare and contrast opinions and ideas in a manner that supports learning.

Maggie Manning has an MA in Organizational Behavior. Steve Pasternack holds a Ph.D. in Chemistry. They will facilitate the class.

HFE580 Taekwondo
Monday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110)
Taekwondo is a traditional Korean martial art that emphasizes self-defense by utilizing a broad range of striking techniques. The style is over 2000 years old. It is suitable for men and women of any age with any level of prior experience. We will also work on flexibility, balance, and coordination.

Sabumnim Chris Key opened Greenville Martial Art Center in the spring of 2007. He holds black belts in both Taekwondo and Hapkido.

RPH989 Eight Steps to Happiness: The Buddhist Way of Loving Kindness
Monday, 1:30-3 p.m., Herring Center, Piper (HC111)
This course will introduce the Buddhist Way of Loving Kindness. Through exploring eight beautiful verses from one of Buddhism’s best loved teachings, “Eight Verses of Training the Mind,” we will learn how to make ourselves and others happy. Then, through using the tool of meditation we can deepen our understanding of these ‘8 verses’ so that we can benefit from this timeless wisdom in our modern daily life. This course is practical and experiential. Each week we will cover one of the

As Resident Teacher at Je Tsongkhapa Kadampa Buddhist Center in Asheville, NC, Sharon Lovich helps others to develop peace with a light and humorous touch.

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**CPT347 Enhancing Your Online Skills Using Google**

**Monday, 1:30-3 p.m., Herring Center, Computer Lab (HC104)**

This is an intermediate computer course using Google Chrome, Gmail, and Google Drive to introduce some tools you may not have used before when using these programs. This is definitely not a course for beginners. You must have experience using search techniques, email, downloading files, and making and storing documents in order to get the most benefit from this course. The goal of this course is to present the "tip of the iceberg" of Google options. We will do a "hands-on" approach on many subjects without going into a lot of depth in each one in order to present many ideas and, hopefully, many that are new to you. **NOTE:** When registering for this course, you must select waitlist and on Monday, March 4 be placed in a lottery. For further information, please see page 2 of this brochure.

Dave Knox is a retired radiation therapy physicist and used computers for 3-dimensional patient treatment planning.

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**LAN760 French II**

**Monday, 1:30-3 p.m., Herring Center, Huff (HC105)**

A continuation of Beginning French, this course is based on activities of daily life and will develop your language skills through listening, speaking, and writing French. Prerequisite: Beginning French. Materials fee: $15 for pronunciation DVD (due to instructor at first class). **NOTE:** When registering for this course, you must select waitlist and on Monday, March 4 be placed in a lottery. For further information, please see page 2 of this brochure.

Roger Miel was raised in France and was educated as an engineer. He received his bachelor’s degree in business in the United States. He taught mechanical design in Canada and the United States.

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**PPG1370 MeaningSight Class I: Evolving the Self through Quantum Consciousness**

**Monday, 1:30-3:30 p.m., Herring Center, Campbell (HC004)**

Quantum Consciousness creates all reality and is within everything. This Force uses the creative energies of the divine feminine and masculine and a transformational self to create physical reality. Each person possesses all three energies. Presently, we are being challenged to use these powers to create new positive ways of living. Blocking this is an outdated negative world view promoting fear-based beliefs of scarcity, powerlessness, and not being good enough. This results in giving up our power to others to fix things when instead they take for themselves. MeaningSight provides a way to take our power back. Using a calm mindset and various types of evidenced-based tools and experiences, Quantum Consciousness is accessed to evolve a Quantum Self for co-creating positive, meaning-based outcomes while transforming negatives to positives. Lab fee: $20 for customized slides, in-depth handouts and recordings of meditations and mindful focus exercises (due to instructor at first class).

Dianne Greyerbiehl, Ph.D. has three masters degrees (speech pathology, business and counseling) and a PhD in cognitive neuroscience. She is also a certified master transformative coach and has post-doctoral training in aging.

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**ACM122 The Films of Sidney Poitier**

**Monday, 1:30-4 p.m., Herring Center, Vick Seminar (HC102)**

This class will look at the works of the famed actor-director Sidney Poitier, beginning with his early works and films that he directed. We will examine the controversial topics and themes that Hollywood sometimes was tepid about exploring. Part of the function of the course is to bring participants beyond passively viewing films to actively watching films with a critical eye. The viewing will be followed by discussion. This seven-week course ends May 6.

Omannii Abdullah taught public speaking, film analysis, interpersonal communication and Writing About Black Culture at Syracuse University for more than 38 years.
HFE562 Yoga for the Optimal You
Monday, 1:30-2:45 p.m., Herring Center, Crabtree (HC110)
Learn how to honor your physical body with this balanced, core strengthening and energizing yoga practice. Yoga is a great activity for you if you have arthritis, diabetes, high blood pressure, high cholesterol, or heart disease. Proven to increase strength and cardiovascular health, tone muscles, improve stamina and flexibility, and release tightness, you will feel challenged, yet successful. Our yoga practice links the breath with the poses and builds core aliveness as you release resistance and layers of tension. Whether you are a beginner or have a consistent practice, this class gives you a holistic approach for a strong metabolism! Wear comfortable clothing and bring your yoga mat.
Our yoga class includes asanas/poses and pranayama/breath techniques with a theme/intention to awaken and integrate the body-breath-mind experience. We focus on asanas for specific areas of the physical for the body, working with the breath, keeping the mind focused in the present experience. Each week we go through the body fully with sequences enabling self-exploration and self-transformation. Kristi Ried-Barton is a registered yoga trainer, life coach, nutritionist and director of It’s Yoga! Studio. She teaches classes, gives private sessions, provides an in-depth study of yoga/teacher training, conducts retreats, and facilitates workshops. A teacher since 1979, Kristi is known for her detailed instruction, inspiration and nurturing compassion.

HFE582 Alexander Technique for Balance, Poise and Grace
Monday, 3:15-4:45 p.m., Herring Center, Crabtree (HC110)
This course will teach Alexander Technique, a method of neuromuscular proprioceptive education that gently eases unhelpful habits of muscular tension and enhances body awareness, balance, ease of movement, coordination, and expanded perception.
Naina Dewan, MFA, has been a Certified Alexander Technique teacher since 1999 and has taught extensively in New York City, Western Massachusetts and the SC Upstate region.

ACM121 A Class About Nothing
Tuesday, 9-10:30 a.m., Herring Center, Huff, (HC105)
This class meets on alternate Tuesdays with Let’s Read and Talk. Subject matter meanders over different topics selected by the instructor (science, history, music, politics, religion, architecture). Videos are shown that lead to a wide range of discussion possibilities. A typical class might be a video of the life and work of David Hockney followed by discussion of his innovations in the field or art. The next class might be about the expanding universe. The instructor is not an authority in any one field! So, after all, the class is not about “nothing,” (ie. “Seinfeld”) and may, in fact, be about many different “somethings.” Class size is small in order to encourage discussion. If you don’t catch the Seinfeld allusion, you probably will not enjoy the class. A flexible mind adds to the enjoyment. Course fee: $35.
Dave Gallemore is a Greenville native and graduate of Furman. An educator for 31 years, he has been an OLLI student since 1999.

HFE515 Aquacize
Tuesday & Thursday, 9-10 a.m., Herman W. Lay Physical Activities Center, Pool
Aquacize is a combination of aerobics, strength training, toning, flexibility, and cardio routines using the resistance of the water for physical improvement and the buoyancy of the water to alleviate strain on muscles, bones, and joints. The ability to swim is not a requirement, and we do not put our faces in the water. The co-instructors lead exercises while in the water, and a lifeguard watches over the class from poolside. Water temperature is around 80 degrees. Note: This course will be moderately active and once the routine is learned, have a spa-like effect.
Lois and Greg Parker have been OLLI members since 2008. They have participated in Aquacize at OLLI and in their community for years.
HFE505 Dave’s Intermediate Hiking Plus  
Tuesday, 9 a.m.-4 p.m., Herring Center, Parking Lot (rt. of Timmons)  
Enjoy spring hiking in the Upstate. Hopefully we will see wildflowers as we walk. We will hike four to ten miles on moderate to strenuous trails. Please note these hikes are at a faster pace with limited breaks. Wear hiking boots and dress in layers appropriate for weather conditions. A hiking stick is helpful. Bring along a lunch and plenty of water. Please clear this physical activity with your doctor. Meet at 9 a.m. in parking lot to the right of Timmons Arena. We will carpool and share the cost of gas.  
Dave Beisser is an avid outdoorsman who has been hiking over thirty years. Theresa Gianfortune will assist with this course.

RPH994 From Rumi to Gulen: The Sufi Tradition of Love in Islam  
Tuesday, 9:10-30 a.m., Herring Center, Campbell (HC004)  
This course aims to explore the Sufi Tradition of Love in Islam through two exemplary personas, namely Jalaluddin Rumi (d.1273) and Fethullah Gulen (b.1938). The course will start by investigating the historical and philosophical origins of Sufism in Islam, its essential tenets and practices. Then we will move on to Rumi, a paramount historical figure of love, to explore the reflections of Sufi tradition in his life, his Mawlawi order, and his pivotal work Mathnawi through poetic translations of Coleman Barks. Finally, a special emphasis will be given to the contemporary reflections of love in the works of Fethullah Gulen and his legacy will be explored by surveying Hizmet Movement, which is a transnational network of people that aims to serve humanity through education, social work, and dialog. Participants in the course may expect to obtain a firm understanding of Sufism and be conversant with both historical and contemporary examples of Sufi personas and their influence on our humanity. Recommended books: “The Essential Rumi” by Jalal al-Din Rumi (ISBN 0062509594) and “Toward a Global Civilization of Love and Tolerance” by M. Fethullah Gülen (ISBN 1932099689).  
Dr. Akif Aydin serves as president of the Atlantic Institute and recently founded Advocates for Justice and Human Rights to address the human rights violations in Turkey. He has his masters degree in Educational Leadership/Policy Studies from Florida State University and his PhD in Economics at Clemson University. Dr. Aydin teaches Economics at USC Upstate.

ACM186 Guitar III  
Tuesday, 9-10:30 a.m., Herring Center, Small Arts/Crafts (HC113)  
This class is a continuation of Guitar II, but new folks are invited. We will learn more picking patterns, strumming patterns, tablature, the function of bar chords, bass licks, and more. When you finish this class, you will be able to play with Brad Paisley (if you are playing his music on a CD). Materials fee: $4 (due to instructor at first class).  
Jann Howell has a master’s degree in music and will lead this course. Harriet Mason will assist with this course.

CPT335 Intro to iPhone for Tech Savvy Seniors  
Tuesday, 9-10:30 a.m., Herring Center, Graham (HC005)  
Seventy percent of seniors own a smart phone. All seniors want to be better connected to their family friends, so let’s learn how to use your iPhone more effectively. Things you will learn: Functionality of device; Security; Phone scams and what to do; In Case of Emergency (ICE) contact; What is Wi-Fi and how to use it; Most commonly used Apps and How to I use them?; Medical ID; Camera-selfies; Facetime; Calendar; Texting; and Phone maintenance. Note: Must have an iPhone 5, 6, 7 or 8 with iOS 10 or 11 installed. Bring phone, charger cord and earbuds to class.  
NOTE: When registering for this course, you must select waitlist and on Monday, March 4 be placed in a lottery. For further information, please see page 2 of this brochure.

Bill Vicary is an experienced OLLI instructor and founder of Vicary Management Group, “Just Call Bill” –the technology service provider for senior adults.

ACM120 Let’s Read and Talk  
Tuesday, 9-10:30 a.m., Herring Center, Huff (HC105)  
Join our book group for open discussion of a different book every other week beginning March 26. Be ready to contribute your comments and thoughts by reading ahead of the class meeting. March 26: “Little Fires Everywhere” by Celeste Ng and April 9: “So Much Life Left Over” by Louis de Bernieres. Class members will select the remaining books to be read for the term, so bring your suggestions to the first session. Course fee: $35. Patricia Shakiban and Dan Scieszka, OLLI members, will be the class moderators.

PHO160 Spring Fling With a New Touch  
Tuesday, 8:30 a.m.-12:15 p.m., Herring Center, Computer Lab (HC104)  
Spring Fling will partly be much like it was in the past with field shoots followed by discussion and critiquing of your images. The difference, however, will be how we experience a place or location, its people and culture and how we photograph those with increasing scrutiny so that you have more than just snapshots. The materials and techniques presented in this class will lead you toward more meaningful and compelling photography. Indoor classes will meet at 10:45 for 90 minutes, whereas field classes last from 8:30 until about noon. Proficiency level 2 or 3 recommended.  
Ray Roback is a retired military officer and culinary arts instructor. He has been involved with photography all his life but seriously since 2007.

HFE517 T’ai Chi for Seniors  
Tuesday, 9-10:30 a.m., Herring Center, Crabtree (HC110)  
The slow, gentle movements of Qigong and T’ai Chi are easy to learn and suitable for every age and physical condition. They can be practiced standing or sitting and can be adapted to suit the student’s needs. With regular practice, they improve balance, circulation, flexibility, and coordination. By balancing and increasing the body’s vital energy, called chi, they promote inner peace and serenity and create a sense of well-being. This course repeats material from T’ai Chi Chih and incorporates new Qigong breathing techniques, self-massage, and meditation.  
Judith Ziemer has taught Aerobic Fitness since 1981 and T’ai Chi and Qi Gong to seniors since 2000.
ACM115 Voice Class
Tuesday, 9-10:30 a.m., Herring Center, Piper (HC111)
Explore in a group setting the joys and challenges of singing. Learn exercises to increase vocal strength and range. Develop confidence in performing. Learn to engage with the text, music, and drama of songs. For people who want to become better at singing and expressing themselves emotionally as soloists or as singers in ensembles. Learn how to choose appropriate songs for your voice and experience.
Bruce and Gail Schoonmaker graduated from Furman and Northwestern University in music. They returned to Furman to teach voice and opera for four decades.

ACM187 Beginning Guitar
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Small Arts/Crafts (HC113)
Let's make some music - all you need is a guitar. A class perfectly suited for beginners, we'll have a great time learning to play chords and strumming patterns to go along with those hits from the 60s. Materials fee: $4 (due to instructor at first class).
Jann Howell has a master's degree in music and will lead this course. Harriet Mason will assist with this course.

CPT326 Big Data and Internet Security
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Graham (HC005)
We will define and illustrate Big Data, Data Mining, and information. We will discuss the impact of “fake news” on knowledge growth. We will explore the impacts of US internet policy on individual security and the war for Internet control being waged with other governments (especially Russia and China). This is a lecture/discussion course, not “hands-on” computer training.
Bill Mawby is a recent 30 year retiree from Michelin with a Ph.D. in Biomathematics and a B.S. in Natural Systems.

PPG1381 Dynamic Aging III
Tuesday, 10:45 a.m.- 1:15 p.m., Herring Center, Campbell (HC004)
The Dynamic Aging Program (DAP) is now in its fifth year at OLLI. The DAP is a systemic and proactive approach to optimal aging based on an interdisciplinary study of the latest scientific research on aging and retirement. In DAP #3 we will learn how to fully integrate the LIFE Model into our lives by studying multiple intelligences, conscious relationships, stress control, adaptation and resiliency, the enneagram, and how we can manifest the new behavior and practices learned in the DAP to create the lives we want.
The DAP is a one year, 3 OLLI term, program of classes, readings, group discussions, and practices designed for students who wish to take a more proactive approach to their own aging process. A student can take the 3 terms in any order to graduate, and returning students have priority in the next term's registration over new students. If you are a new student who wishes to register for the DAP, you must be motivated to practice the materials offered, interact mindfully with fellow students, and be computer literate (have own email address, computer, and be able to navigate a website). Note: Students enrolling in this class must also commit to meeting over the lunch break (12:15-1:15 p.m.) for group discussions. Students are advised to bring their lunch or adequate snacks. For more information visit dynamicagingcenter.com/dynamic-aging-program.
Dudley Tower, Ph.D., has been teaching successful aging, psychology, and personal growth courses at OLLI since 2004. He has been teaching DAP and Aging Mastery classes since 2014 and is the founder of the Dynamic Aging Institute. Christine Tower, MBA, will assist with this course.

HFE531 International Line Dance 101
Tuesday, 10:45 a.m.-12:15 p.m., Herman W. Lay Physical Activities Center, Dance Studio
Try international folk line dance for a fun twist on line dances! Participants will learn line dances from countries and cultures all over the world. They may range from slower rhythms to more aerobic and dynamic steps. Dances reflecting the styles of American, Irish, Israeli, Greek and others will be taught. Dance provides benefits for the cardiovascular system, bones, memory and balance. Prior experience with line dance or folk dance is recommended. Wear comfortable clothing and shoes (non-marking, no heels). Bring your water bottle.
Theresa Pizzuto is an international dance teacher and has been teaching since 1997. She is know for her clear, relaxed teaching style and enjoys helping others discover the joy of dance.

HFE589 Let's Get Fit!
Tuesday, 10:45-11:45 a.m., Herring Center, Piper (HC111)
This is a one hour beginning fitness class to help increase range of movement for daily activities. Class begins with a low impact cardio segment, followed by standing and seated strength training and flexibility movements for the entire body. Designed to increase flexibility, joint stability, balance, coordination, agility, muscular strength and cardiovascular endurance. Participants will use hand- held weights, elastic tubing and fitness ball.

CEB1715 How Does the US Rank Globally?
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111)
This is a course for those who have opinions. We will consider Top 10 world ranks on subjects such as ... taxes, wages, economic growth, immigration, healthcare costs and outcomes, the environment/climate change, export/
June Martin is an ACE personal trainer and health coach. She will challenge you to “think outside the box” to reach new heights.

ACM129 The Best Short Stories of Isaac Asimov
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, President’s Conference (HC103)
Do you enjoy reading short stories? This course will feature the best of the very best short science fiction and mystery stories written by Isaac Asimov. Asimov wrote over 500 books in a lifetime of work. He won over 40 national awards for excellence in writing. The first week will focus on science fiction stories and the last three on mysteries. You must be willing to read the stories assigned weekly, prior to each week and share your thoughts with the group. Required books: “Nightfall and Other Stories” by Isaac Asimov (ISBN 1199954896) and “The Best Mysteries of Isaac Asimov” by Isaac Asimov (ISBN 0586074996).

David Grote taught 31 years in high schools and has his masters in history/economics.

RPH993 Contemporary Modes of Thought
Tuesday, 1:30-3 p.m., Herring Center, Vick Seminar (HC102)
This course will examine the history and progression of concepts which have led us to contemporary modes of thought in America and the world. The instructor will present scientific and philosophical concepts from major historical figures and current writers and thinkers: then guide the class in constructive dialogue with ample time for input and questions. Input from students will be encouraged. This course is designed for students who are in the pursuit of ultimate truths in our evolving world culture. Returning students welcomed. Required books: “Wisdom for a New Era” by Benjamin Godfrey (ISBN 162857660X) and “The Sacred Depths of Nature” by Ursula Goodenough (ISBN 9780195136296).

Ben Godfrey is a retired music educator, philosopher, and author. His books include five-star rated "Wisdom for a New Era: Balancing Nature, Science, and Belief."

PAH813 Crochet 101
Tuesday, 1:30-3 p.m., Herring Center, Small Arts/Crafts (HC113)
Join those having fun with yarn. This course will cover basic crochet stitches, yarn selection, pattern and label reading. Each week we will learn a new stitch and progress to popular decorative stitches. Bring a notebook, a skein of light colored acrylic yarn and a H, I, or J hook to class. Handouts will be available as well as teacher support. This class is designed for new beginners and those who want to refresh their skills. Alice Ferguson has been crocheting since 1991. She has had a love for and involvement with needle arts since childhood.

HIS685 Interesting Characters in American History
Tuesday, 1:30-3 p.m., Herring Center, Crabtree (HC110)
Some of your most interesting instructors are picking a single individual and discussing what makes them special. The spring lineup is – Judy Aten – Filmmaker George Stephens "Breaking all the Rules"; Ralph Bates – Earl Hancock "Pete" Ellis, the Marine Corp's First Spy; Judy Bainbridge – Reconstruction Governor and Union Activist Benjamin Perry; Martha Severens – Jasper Johns, "America’s Most Important Living Artist"; Kathy Vyrosteck – Beverly Sills "Queen of the Opera"; Jim Mauer – Mark Twain, the "Roughing it" Years; Norman Glickman – LBJ: Early Life and LBJ: Senate and Presidency.

This class will have a different presenter each week. Class moderator Tim Henry is a history buff and has taught at OLLI. Some of your most interesting instructors are picking a single individual and discussing what makes them special. The spring lineup is – Judy Aten – Filmmaker George Stephens "Breaking all the Rules"; Ralph Bates – Earl Hancock "Pete" Ellis, the Marine Corp's First Spy; Judy Bainbridge – Reconstruction Governor and Union Activist Benjamin Perry; Martha Severens – Jasper Johns, "America’s Most Important Living Artist"; Kathy Vyrosteck – Beverly Sills "Queen of the Opera"; Jim Mauer – Mark Twain, the "Roughing it" Years; Norman Glickman – LBJ: Early Life and LBJ: Senate and Presidency.

This class will have a different presenter each week. Class moderator Tim Henry is a history buff and has taught at OLLI.

ACM192 The Music and Culture of the 60s
Tuesday, 1:30-3 p.m., Herring Center, Piper (HC111)
This course will present how pop music influenced the politics and culture of the sixties. It will break the decade into three distinct segments – each featuring music and visual examples to support the course premise. The three segments are: '60-'63 The New Frontier, '64-'67 The British Invasion, and '67-'69 The Counter Culture. Following the three segments, there will be a course summary.

Jack Fisher was a regular teenage dancer on American Bandstand. He produced an Emmy nominated documentary "Bandstand Days" and a TV dance show from Atlantic City. Jack was a top 40 DJ throughout the 60s.
ACM191 The Stories of Franz Kafka
Tuesday, 1:30-3 p.m., Herring Center, Huff (HC105)
Franz Kafka is one of the most original writers in world literature. The term "Kafkaesque" has come to signify the disturbing, the bizarre, the surreal. W.H. Auden said of Kafka that he "comes nearest to bearing the same kind of relation to our age that Dante, Shakespeare, and Goethe bore to theirs...Kafka is important to us because his predicament is the predicament of modern man." “The Penal Colony” contains all the stories published in Kafka’s lifetime. We will read and discuss the stories in this collection, beginning with the first 63 pages, which participants should read before the first class. This six-week course ends April 30. Required book: “The Penal Colony” by Franz Kafka (ISBN 0805204180).
Jim Ward is a retired English professor with thirty years of teaching experience on the college and university level. He has taught OLLI courses at Furman and UNC-Asheville.

HIS683 A Personal Look at South Carolina & the Civil War
Tuesday, 3:15-4:45 p.m., Herring Center, Crabtree (HC110)
The objective of the course is to transport the student back to life in South Carolina during the Civil War. It will feature discussions of life at that time and include displays of original artifacts as well as instructors in period style dress. Class topics will include clothing and accessories of the time period, the wearing and meaning of political cockades, soldiers’ uniforms and flags of the Confederacy, the Hunley (first combat submarine) and her ties to South Carolina, the use of air flight to monitor troop movement and reconnaissance, and actual letters of the period sung by songwriter Greg Lambert. The final class will be a field trip to the Confederate Museum in Greenville for a fascinating look at the artifacts and implementations of the time. Class instructors will be using PowerPoint, handouts and actual artifacts to provide an overview of life in South Carolina in the 1860s. This is a different kind of history course, with emphasis on the feel of life at the time rather than battles and statistics. Materials fee: $15 (due to instructor at first class).
Greg Lambert is a songwriter and Civil War research buff. Heather Sheen is a Civil War musician, reenactor, and collector of wartime clothing and jewelry.

PPG1304 Caregiving for Your Loved One With Dementia
Tuesday, 3:15-4:45 p.m., Herring Center, Piper (HC111)
For many, caring for a chronically ill family member is “the right thing to do,” but it is also often a source of emotional hardship, physical stress, and social isolation. In response, skill-building, coping, and psycho-educational programs have emerged to help caregivers meet the changes and challenges in their – as well as the patients’ – lives. The Dealing with Dementia Program is an evidence informed educational support program for caregivers of people living with dementia. The program includes a workshop in a classroom setting for either family/caregivers of people living with dementia and an overview of the Dealing with Dementia guide and how to find the information needed when it is needed. This four-week course ends April 16. Course fee: $35. Materials fee: $10 (due to instructor at first class).
Barbara Chase is a Dealing with Dementia certified trainer. For over 25 years, she has acted as a guide and advocate for families and seniors.

PHO1615 Artistry for Photographers
Wednesday, 9-10:30 a.m., Herring Center, Computer Lab (HC104)
This course is designed for experienced photographers who want to practice and improve their skills for producing polished photographs for personal decor or public display. Class members will shoot and edit photographs each week from a variety of assigned topics. Topics will range from the tangible to interpretive to challenge each photographer to express their concept of the assignment, shoot their photos to best represent the topic, and edit them to a final representation of their vision. Class discussions will focus on the interpretation of the assignment and techniques used to produce the final images. This will not be critical critiques, rather discussions of style, approach and effective presentation of the final image. Students should have a solid background in photography and various editing programs as well as a willingness to take part in class discussions. Level 3 proficiency is recommended.
Ali van den Broek began taking photographs when she received a camera for her 6th birthday. Ali has been part of the OLLI photography program since 2011 and credits much of her current success and growth to the program. Gordon Dohm will assist with this course.

**PAH855 Bridge: A Different Look V**  
**Wednesday, 9-10:30 a.m., Herring Center, Small Arts/Crafts (HC113)**  
This course is aimed at players who have played for a while, but have a desire to rise above the crowd. It is not intended to teach you how to play bridge, but to teach players how to improve. The course will cover all aspects from defense, bidding, and card play techniques. It will challenge you and provide tips and guidance intended to help you improve your game. If you have not taken one of the instructor’s intermediate classes, it is advised that you speak with him or with previous students about the level of play that will be included. Experienced players will find the material challenging. Note: This course is a repeat of course offered Spring14.

Hugh Hughes is an ACBL Platinum Life Master and former National Champion. He has taught dozens of OLLI courses, all on various bridge topics. Jim Nichols, who is a Silver Life Master, will assist with this course.

**ACM131 Classics of World Literature**  
**Wednesday, 9-10:30 a.m., Herring Center, Campbell (HC004)**  
This is an ongoing series of courses (meeting in the winter and spring terms) which look at (usually) four classics of world literature each term. Typically, one week will be a lecture giving background and context for a work; the following week will be a class discussion of the work. Each work will require about 3-4 hours of reading. Works, except for the last piece, will be available for free online. The last work will need to be purchased. This semester we’ll look at great plays of the world: “Oedipus Rex” (ancient Greece), “Shakuntala” (India, ca 4th Century CE), “A Doll’s House” (Norway, late 1800s), “Death and the King’s Horseman” (modern Nigeria). Required book: “Death and the King’s Horseman” by Wole Soyinka (ISBN 9780393322996). Kevin Morris taught composition, literature, film and humanities courses at Greenville Technical College for 36 years.

**LAN733 Continuing Latin III**  
**Wednesday, 9-10:30 a.m., Herring Center, Vick Seminar (HC102)**  
The amazing thing about Classical Mythology is how often we encounter it every day in 2019, and how much it enriches our daily lives. The Continuing Latin class will continue reading the fascinating myths of Ovid’s Metamorphoses in Latin, and we’ll learn more about who Ovid was, what Ovid was doing in the Metamorphoses, and how and why new myths are being created daily in 2019. We will also continue our surprising foray into the world of Roman Britain in 80 A.D., and the history behind some of our possibly false assumptions. How can it all come together? Join us and see. This class will begin April 3. Required book: “Latin Via Ovid” by Norma Goldman and Jacob Nynhuis (ISBN 0814317324).

Ginny Anderson formerly taught Latin at Furman and currently teaches fifteen courses of Latin to adult retirees online. She has taught at OLLI since 2005.

**CEB1707 Retirement Wealth Management**  
**Wednesday, 9-10:30 a.m., Herring Center, Piper (HC111)**  
In this course, we will discuss dozens of important retirement wealth management ideas. Investment ideas include ways to build low-cost, diversified portfolios that produce income and growth. Tax ideas include ways to reduce taxes on distributions from 401(k)s and IRAs. Risk management ideas include ways to pre-fund long term care. Estate planning ideas include ways to minimize probate fees and other estate settlement costs. Note: This class is not designed for beginners i.e. students should have a good working knowledge of retirement finance. Materials fee: $25 (due to instructor at first class).

Dant Goepper has 45 years of experience in retirement wealth management. He is a partner in Goepper Burkhardt, a fee-only, fiduciary retirement wealth management firm in Greenville. He has been teaching at OLLI since 1997. Bland Burkhardt will assist with this course.

**HIS609 The History of Racing Cars**  
**Wednesday, 9-10:30 a.m., Herring Center, Crabtree (HC110)**  
The course will cover the history of racing car development, from the very beginning of automobile racing before 1900, up to the present day. The material covers primarily European “Grand Prix” racing cars, which became known as Formula-1 cars along the way, and some of the people involved. Developments in the United States are not entirely ignored, but NASCAR is not included. Each class will cover a significant era of racing car development, in chronological order, so that the advance of technology and knowledge can be followed. The PowerPoint-based presentation will be liberally filled with contemporary photographs, diagrams and video clips. Richard Goodall is a retired mechanical engineer who has a lifelong interest in the design and operation of racing cars. He retired in 1981 from a research/engineering career in polyester fibers.

**PAH800 Woodcarving 101**  
**Wednesday, 9 a.m.-noon, Herring Center, Computer Lab (HC104)**  
This course is an introduction to woodcarving. We will begin with the basics of woodcarving, including safety, carving tools, and how to maintain them. Students will learn the basic knife strokes preparing for their first project. There will be a variety of projects provided to progressively improve skills. We will cover painting and finishing of the woodcarvings. The materials fee covers a new knife, glove, sharpening strop, and wood for projects. Materials fee: $50.00 (due to instructor at first class).

Kent Ellison has been carving since 2003 and has won numerous awards in competitions. He is a 13 year member of the Piedmont Wood Carvers Club. Kent has been teaching at OLLI and elsewhere since 2006.

**PHO1635 19th Century French Photographers**  
**Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110)**  
This course will present the French photographers of the 19th century who were pioneers in the art and craft of photography. The class will start with a review of French painting of the
19th century with reflections on the turbulent history of the era. Most of the time will be spent studying and critiquing the photographs. Class participation will be encouraged. Proficiency level 1, 2, or 3.

Dr. Bruce Schlein is a retired pathologist with a deep interest in photography. He has taught for many years in FULIR and OLLI as well as at the Greenville County Museum of Art.

LAN748 Advanced Latin
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Vick Seminar (HC102)
It’s an extraordinary joy to be able to pick up a 2000+ year old document and read it in the original. The Advanced Latin class has voted to read selections from Pliny the Younger’s Epistulae: letters on subjects including the eruption of Vesuvius, Pliny’s home in Laurentium, A Ghost Story, his letters to the Emperor Trajan from Bithynia, and Trajan’s letters back, including the famous What Shall We Do About the Christians? History comes alive when you can read the original, and you don’t need to rely on somebody else’s interpretation of it. Nothing like it in the world – come join us! This class will begin April 3.

Ginny Anderson formerly taught Latin at Furman and currently teaches fifteen courses of Latin to adult retirees online. She has taught at OLLI since 2005.

PPG1350 Aging Mastery
Wednesday, 10:45 a.m.-1:15 p.m., Herring Center, Campbell (HC004)
Designed exclusively for graduates of the Dynamic Aging Program (DAP), Aging Mastery offers DAP graduates the opportunity to continue their optimal aging studies and practices to become a Master of their own aging process. This term we will continue our discussion of the Universal Laws of Retirement. The Universal Laws are the sacred wisdom which form the basis for all philosophy, science, and religion. Their origins are in the ancient mystical, esoteric, and secret teachings dating as far back as 5000 years ago to early Egypt, Greece, and the Indian Vedic traditions – and have been more recently confirmed by modern science. In this class we will examine one Universal Law per week and compare it with dynamic aging practices, so that students can further refine their individual practices to be in alignment with both scientific and spiritual principles.

Dudley Tower, Ph.D., has been teaching successful aging, psychology, and personal growth courses at OLLI since 2004. He has been teaching DAP and Aging Mastery classes since 2014 and is the founder of the Dynamic Aging Institute. Christine Tower, MBA, will assist with this course.

HIS639 Carolina’s Lost Communities
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110)
South Carolina once had vibrant communities—places named Andersonville, Vienna, Ferguson, Pinckneyville, New Bordeaux, Jocassee, and the Nation. There were African-American communities such as Liberia, Promised Land, and Pine Ridge. North Carolina had the Globe, Fonta Flora, Ayr, Joy and Worry, and the Kingdom of Happy Land—many sites now long gone, a few still surviving. Included were springs for health, an inhabited island in the Broad River, and four Dark Corners! This course will explore the history and geography of these communities and will place each in significant larger events in Carolina history. We will find that Carolina wasn’t altogether a backwater state; it included educational institutions, a local and regional economy, cultural and ethnic diversity, and real community.

Retired educator Scott Withrow has always been fascinated by Carolina’s lost communities and ghost towns for the mysteries they hold. Tom Taylor has researched and photographed many of the sites.

RPH973 Introduction to Jainism
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Huff (HC105)
Jainism is an ancient religion primarily practiced in India; it is little known outside of India. It is based on strict adherence to nonviolence and focus on compassion, truth, nonpossession, and austerities. Jainism is notably scientific in nature, presenting structured and detailed analysis of its tenets. Even though it has a very small following, its structured teachings, presented in a clear and logical way, have influenced thinking and actions of a vast population in India. This course will delve into the fundamentals of Jainism, a detailed analysis of Karma, code of conduct, the personal perspective and practice of nonviolence as the precondition for individual or global peace and wholeness. Coming out of the JustFaith Ministries’ series, the course is a practical study, rather than a theoretical one, serving as a primer on developing a personal inner compass of nonviolence rooted in the Christian perspective. While nonviolence has been significantly associated with the struggle for civil rights, the course assumes that it is basic to a spiritual understanding of the path to wholeness both as a person and as a community. In this way the program is meant to be a guide and support for those seeking to grow in their inner capacity to practice nonviolence in their daily activities and relationships and to consider nonviolence as essential to personal and/or global peace. Though the course draws from the nonviolent teachings and life of Jesus of Nazareth, participants need not be Christian but just consider the universal spiritual truths grounded in the actual practice and living out of the principle of nonviolence. Required book available at first class for purchase ($18).

Steven Morgan, Ph.D., has degrees from Wofford, Duke Divinity and Emory University. He has served churches internationally and is active in interfaith and interracial dialogue. Cindy Brothers will assist with this course.

RPH972 Cultivating Nonviolence, Harvesting Peace
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Small Arts/Crafts (HC113)
This course is an eight-week exploration of the deep spirituality of the personal perspective and practice of nonviolence as the precondition for individual or global peace and wholeness. Coming out of the JustFaith Ministries’ series, the course is a practical study, rather than a theoretical one, serving as a primer on developing a personal inner compass of nonviolence rooted in the Christian perspective. While nonviolence has been significantly associated with the struggle for civil rights, the course assumes that it is basic to a spiritual understanding of the path to wholeness both as a person and as a community. In this way the program is meant to be a guide and support for those seeking to grow in their inner capacity to practice nonviolence in their daily activities and relationships and to consider nonviolence as essential to personal and/or global peace. Though the course draws from the nonviolent teachings and life of Jesus of Nazareth, participants need not be Christian but just consider the universal spiritual truths grounded in the actual practice and living out of the principle of nonviolence. Required book available at first class for purchase ($18).

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Register online at furman.edu/olli
important vows to guide the life, and acceptance of multiple viewpoints. 
Ajay Mehta has developed his understanding of Janism and other ancient religions in India through extensive reading and research.

ACM190  Return of the Feisty Women...and a Few Brave Men
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111)
This spring we will return to a popular series of the early OLLI days: interesting, amazing, and a few wicked women in history, literature, art, politics—past and present. Think of such colorful characters as Helen of Troy and Cleopatra, Virginia Woolf and Erica Jong, Chinese pirate queen Ching Shih and Pocahontas. Which leads us to some fascinating pairs: Kahlo and Rivera, Queen Victoria and Prince Albert, James Carville and Mary Matalin. Is feistiness an attractive or scary attribute for women? What makes people in general—and maybe women in particular—stand out, speak up, and rock their worlds? And ours, too, in the process. Class is presented in an informal lecture format with spirited class discussion and suggestions for additional subjects. 
Judith Babb Chandler has taught at OLLI since its inception. Since retiring from Furman, she has been an active community volunteer and artist.

PAH808  The Knitting Hour
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, President's Conference (HC103)
This is an intermediate knitting class. You will need a size 8 circular needle and 3 sknis of 4 oz worsted weight yarn. A prayer shawl sample will be provided in the office. Pattern provided at first class. 
Gail Kirby has been knitting since age seven and loves to create beautiful things.

ACM172  Art Journaling
Wednesday, 1:30-3 p.m., Herring Center, Small Arts/Crafts (HC113)
Art journaling is for those who wish to learn and explore the use of a variety of art materials. The purpose of art journaling is to allow yourself to try out new materials and to see what they can do. Each week a new project will be done using a variety of materials together. Curiosity, creativity and experimenting will be encouraged. Excellent class for beginners and those who feel overwhelmed with art products. All materials provided. Materials fee: $35 (due to instructor at first class).
Marilynn Krammes, retired educator, has been instructing a variety of art classes. She has taught art journaling since 2007.

PAH824  Crochet 202 – Accessories
Wednesday, 1:30-3:30 p.m., Herring Center, Computer Lab (HC104)
Following Crochet 101 and 201, we will review the basic stitches, yarn and hook selection and crochet terms, and then move on to some simple accessories such as hats, scarves, gloves, dishcloths, hot pads, tote bags, etc. Students will have time in class to discuss and/or work on patterns of their own selection. Bring your choice of yarn, crochet hook(s), current pattern(s), and a notebook to class. Students must know the basic crochet stitches (ch, slst, sc, hdc, & dc).
Jim Mitchell has crocheted off and on since his grandmother taught him over 50 years ago. He has made baby blankets for his five children and, so far, 10 grandchildren, as well as several hats, scarves, afghans, and animals along the way. Mary Anzinger will assist with this class.

LAN746  Intermediate Latin
Wednesday, 1:30-3 p.m., Herring Center, Vick Seminar (HC102)
Spring is a great time to travel, so join us in France this semester with Julius Caesar, and hear in his own words what it was like 2000 years ago. We'll read his Commentaries on the Gallic War, Book I, in Latin, using passages normally omitted in school texts, and it's an experience almost unparalleled in literature. On the way we'll encounter some amazing people, conversations, and situations, but best of all, we'll hear it from the man himself instead of having to be told what he said. History comes alive when you can read it for yourself and make your own judgments. Join us and see! This class will begin April 3.
Ginny Anderson formerly taught Latin at Furman and currently teaches fifteen courses of Latin to adult retirees online. She has taught at OLLI since 2005.

CUB1718  Out of the Closet
Wednesday, 1:30-3 p.m., Herring Center, Campbell (HC004)
This course will cover issues and difficulties faced by LGBT persons. Parents will share their stories and their reactions when they learned they had a gay or transgender child. LGBT individuals will share their experience in coming to terms with their sexual orientation or gender identity and how their families reacted to their “coming out”. A transgender person will share their life’s journey as a trans person. Local ministers will address how their faith communities have addressed LGBT issues. Current hot button legal issues, such as religious liberty, will also be addressed.
Larry and Margie Candler are the parents of three gay children and are members of the local PFLAG chapter. PFLAG is a national organization that supports and promotes the well-being of LGBT persons and their families, and advocates for fairness/equality. Larry has served on the PFLAG National Board.
SNM1072  Physics: The Search for Reality II  
Wednesday, 1:30-3 p.m., Herring Center, Huff (HC105)  
We will be looking into the strange world of the very small in Quantum Mechanics. The idea that we live in a world controlled by probabilities and not absolutes will be presented. The very basic sub-atomic particles that make up all we know about the universe and the most accurate theories in all of science will be presented. Many counterintuitive but proven concepts such as Heisenberg Uncertainty, Principal, wave/particle duality, particle entanglement and what Einstein called “spooky action at a distance” will be discussed. As time permits we will look into the often accepted but certainly still unproven world of string theory and M theory. A prior knowledge of math or science is not required.  
Joe McCarty is a retired Professional Engineer with an interest in how the world operates and the theories which make our technological progress possible.

PAH838  Quilting by Hand  
Wednesday, 1-3 p.m., Herring Center, President’s Conference (HC103)  
Join this beginning class and learn the basics of quilting by hand. You can be as creative as you wish by piecing and assembling cotton fabrics of different colors (solids and prints) cut into various shapes to make a pattern. A list of supplies will be posted on the OLLI website.  
Simonne Lindemann has been quilting by hand for pleasure since 1978 and teaching since 2001. Donna Rasheed will assist with this course.

HIS630  The Constitution, the Supreme Court and the Shaping of America  
Wednesday, 1:30-3 p.m., Younts Center, Shaw Hall  
This is a totally revamped edition of prior Supreme Court/Constitution courses with a more thematic - as opposed to chronological - format as well as an emphasis on more contemporary issues. We’ll take a detailed look at what the Constitution says, what it means and how the Supreme Court has wielded its power at some of the most impactful and transformative moments in our Republic’s history. You’ll learn it all: abortion, guns, gay marriage, Muslim travel bans, the 2000 election SNAFU, FDR’s “court packing” scheme, the Mueller investigation, Eugenics, segregation, the politics of Supreme Court nominations/confirmations – and much more.  
Don Cockrill, retired lawyer, is a history buff with a special interest and expertise in the Supreme Court, the Constitution, and the founding of our Republic.

ACM109  The History of Rock and Roll  
Wednesday, 1:30-3 p.m., Herring Center, Crabtree (HC110)  
The instructor will present utilizing knowledge and a collection of Rock and Roll music from the 50’s through the 60’s. Besides the vinyl recordings, rare concert videos will also be a part of the class presentation. The class will be enlightened and exposed to the interesting facets of rock and roll on our society, which will include class discussions. Rock and roll publications will also be referenced. The class theme will be fun, interesting and informative.  
Dave Laughter has an extensive and original collection of 45s and 33 1/3 records. He has maintained these records for over 50 years – during which he DJ ‘d parties and dances.

PAH834  Woodcarving 201  
Wednesday, 1-4 p.m., Herring Center, Graham, (HC005)  
Prerequisite for this class is Woodcarving 101 or having some woodcarving experience. You should be able to maintain sharp tools and have proper safety equipment. We will begin this class by carving a caricature as a class project. Painting and finishing options will be discussed. Methods to keep tools sharp will be covered. The materials fee will cover all projects provided by the instructor. Materials fee: $25 (due to instructor at first class).  
Kent Ellison has been carving since 2003 and has won numerous awards in competitions. He is a 13 year member of the Piedmont Wood Carvers Club. Kent has been teaching at OLLI and elsewhere since 2006.

CEB1716  Education in America  
Wednesday, 3:15-4:45 p.m., Herring Center, Crabtree (HC110)  
The objective of this course is to provide OLLI students an overview of the American education system and how it came to be while exploring certain pertinent topics. Students will learn from and engage with education experts – practitioners and academics, including superintendents of education, a former Secretary of Education, and higher education leaders including Ansel Sanders, President & CEO of Public Education Partners in Greenville County. A tour of a local school to view the “system in practice” will also be included.  
Leaders of this class will include education experts, practitioners and academics. The participants will include state level education leaders, local administration and board members and Furman University professors.

LAN712  Introduction to Latin III  
Wednesday, 3:15-4:45 p.m., Herring Center, Vick Seminar, (HC102)  
This class brings our journey back in time to Pompeii to an end with the eruption of Vesuvius, which we’ll read about in Latin, an experience unparalleled in an introductory reader. We’ll also see film of the last eruption of Vesuvius in 1944 and read some of the diaries of American GI’s as they describe what it was like. The book goes out with a bang in several ways: we’ll learn about elections in the Roman world, and see how much they parallel our own (or not). Through film and art, the history, culture, derivatives, and fascinating background of Roman life will be revealed. Join us for an unforgettable experience. This class will begin April 3. Required book: “Cambridge Latin Course, Unit I” (ISBN 0521004349).  
Ginny Anderson formerly taught Latin at Furman and currently teaches fifteen courses of Latin to adult retirees online. She has taught at OLLI since 2005.
HFE591 Living Longer
Wednesday, 3:15-4:45 p.m., Herring Center, Piper (HC111)
A three part workshop with the following emphasis areas: first an explanation of diet including fat and the problem with carbohydrates. How to reduce weight via a low carbohydrate / high fat diet is explained. The second session will address the various issues the above diet will deal with including cancer, Alzheimer's and heart disease to name a few. The last session will center around exercise and softer science such as meditation. The author, who is approaching 70, believes he is in the best health of his life. The three-week course begins April 10. Course fee: $35.
Jon Haskin has a PhD in Food Science from Penn State University and previously taught related courses at Clemson University.

HIS655 Russia by Train: History of the Trans-Siberian Railroad
Wednesday, 3:15-4:45 p.m., Herring Center, Campbell (HC004)
What used to be the longest railroad in the world is now being challenged by the Chinese. We’ll look into the history behind the need for building this railway, how it impacted the growth of the Soviet Union, some of the engineering problems that were solved in its construction and where it stands now in the TransAsia transportation world. Even a word or two of how it got the world is now being challenged by the Chinese. We’ll look into the history behind the need for building this railway, how it impacted the growth of the Soviet Union, some of the engineering problems that were solved in its construction and where it stands now in the TransAsia transportation world. Even a word or two of how it got the

Thursday

ACM111 Acting and Performing
Thursday, 9-10:30 a.m., Herring Center, Huff (HC105)
Students will learn the art of performing through monologues, scenes and improvisation. At the end of the term students will be able to put on a show. The student can either have no experience or be advanced and just want to sharpen their skills. The class is designed to satisfy all levels of performing. Acting materials will be supplied by the instructor. This is a fun class helping students with everyday situations such as public speaking and confidence in a group setting.
Francine Hachem has her master’s certification from Will-O-Way Apprentice in Bloomfield, Michigan. She has been theatre director for Older Person Commission in Michigan for 15 years.

RPH974 Gifts of the Mystics
Thursday, 9-10:30 a.m., Herring Center, Small Arts/Crafts (HC113)
Mystics appear in many religions and in groups bearing no tie to religion. Often regarded as heretics in their own faith or discipline, they are also hailed as unifiers and visionaries. Some dismiss them as fuzzy thinkers; others view them as highly intuitive and insightful. What really is a “mystic?” What do these people offer in ages of division and spiritual search? This course will explore expressions of mysticism in formal religions and in contemporary figures engaged with the arts, sciences, and social justice. Participants will be encouraged to keep a journal for personal reflection. Classes will include time for discussion and small group sharing.
Steve Doughty, a Presbyterian minister and author, is a graduate of the Shalem Institute’s extensive program exploring spiritual formation through a variety of pathways.

HFE536 Yoga
Thursday, 9-10:30 a.m., Herring Center, Crabtree (HC110)
This yoga class will move through a series of yoga postures attaching breath to movement. Starting with a short meditation, we will then begin establishing and extending steady breathing throughout our yoga posture sequence. Instruction will focus on proper alignment of each pose. Strength, endurance, flexibility, balance, and concentration are developed through our work on the mat. Bring a yoga mat to each class. Optional materials for class are two blocks and a strap.
Susan Adams is a certified 200 hour Yoga Alliance Instructor. She does daily yoga at Southern Om in Greenville and ongoing workshops in Asheville.

HFE502 Martin's Intermediate Hiking
Thursday, 9 a.m.-4:30 p.m., Herring Center, Parking Lot (rt. of Timmons)
Spring hiking is great: warmer weather, longer days, and spring’s bounty of wildflowers. Hike four to six miles with some elevation gain, making some hikes moderately strenuous. Pack a lunch and water, and wear sturdy footwear. Carpool and share cost of gas. Meet in the parking lot to the right of Timmons Arena in time to leave by 9 a.m.
Anne Martin, who has enjoyed hiking for many years, will lead this group. Martha Severens will assist with this course.

PHO1603 Nature and Landscape Photography
Thursday, 9 a.m.-4 p.m., Herring Center, Computer Lab (HC104)
We will hike two to four miles to and from one or two picturesque sites for extended shoots. Bring water, lunch, hiking boots and gear, digital camera and manual, tripod, and spare batteries. Students must be interested in photography, be conversant with their equipment, and capable of moderate hiking on uneven trails with some elevation. Capture your vision as we focus on the foliage of our area woodlands. Please clear physical activity with your physician before registering. Meet in the parking lot to the right of Timmons Arena at 9 a.m. to carpool and share the cost of gas. Proficiency level 2 or 3 recommended.
Bob Howell, Alan Weinberg and Greg Peters enjoy the outdoors and nature photography. They have taken several landscape photography trips and seminars. They love to hike and be in nature and share this combination.
### Monday

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>9–10:30 a.m.</td>
<td>PAH864 <em>Adv Beginners Bridge</em> (Clancy/Clancy) HC113</td>
</tr>
<tr>
<td>3:15–4:45 p.m.</td>
<td>HFE582 <em>Alexander Technique</em> (Dewar) HC110</td>
</tr>
<tr>
<td>9–11 a.m.</td>
<td>HFE513 <em>High Country Hikers</em> (Davis/Vissage) HPL</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>ACM152 <em>Writing Fiction</em> (Burns) HC105</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>PAH812 <em>Beginning Knitting</em> (Jameson) HC105</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>HFE587 <em>Core Performance</em> (Bryson) HC110</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>HIS651 <em>Expulsion of Germans</em> (Hanuska) HC111</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>HFE501 <em>Monday's Hiking</em> (Roy/Dankovich) HPL</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>PAH807 <em>Intro to Card Making</em> (Hellams/Hellams) HC005</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>HFE505 <em>Dave's Hiking Plus</em> (Beisser/Gianfortune) HPL</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>PHO1600 <em>Spring Fling</em> (Roback) HC104</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>ACM121 <em>A Class About Nothing</em> (Gallenmore) HC105</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>ACM186 <em>Guitar III</em> (Howell/Mason) HC113</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>RPH994 <em>From Rumi to Gulen</em> (Aydin) HC004</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>CPT335 <em>Intro to iPhone</em> (Vicary) HC005</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>ACM120 <em>Let's Read and Talk</em> (Scieszka/Shakiban) HC105</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>HFE517 <em>T'ai Chi</em> (Ziemer) HC110</td>
</tr>
<tr>
<td>9 a.m.–4:30 p.m.</td>
<td>ACM115 <em>Voice Class</em> (Schoonmaker/Schoonmaker) HC111</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>PAH800 <em>Woodcarving 101</em> (Ellison) HC005</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>PAH938 <em>Animal Art Quilt</em> (Pollow) HC105</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>PHO1615 <em>Artistry for Photographers</em> (van den Broek/Dohm) HC104</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>RPH985 <em>Bridge V</em> (Hughes/Nichols) HC113</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>ACM131 <em>Classics of World Literature</em> (Morris) HC004</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>LAN733 <em>Continuing Latin III</em> (Anderson) HC102</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>CEB1707 <em>Wealth Management</em> (Goepper/Burkhardt) HC111</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>HIS609 <em>History of Racing Cars</em> (Goodall) HC110</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>PAH820 <em>Intro to Duplicate Bridge</em> (Hack/Haddox) HC113</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>PPG1304 <em>Dementia</em> (Chase) HC111</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>RPH993 <em>Contemporary Modes of Thought</em> (Godfrey) HC102</td>
</tr>
</tbody>
</table>

### Tuesday

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>9–10:30 a.m.</td>
<td>CPT373 <em>Interm. iPads</em> (Roberts) HC005</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>HFE515 <em>Aquacize</em> (Parker/Parker) PAC Pool</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>HFE505 <em>Dave's Hiking Plus</em> (Beisser/Gianfortune) HPL</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>ACM121 <em>A Class About Nothing</em> (Gallenmore) HC105</td>
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<tr>
<td>9–10:30 a.m.</td>
<td>ACM186 <em>Guitar III</em> (Howell/Mason) HC113</td>
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<td>RPH994 <em>From Rumi to Gulen</em> (Aydin) HC004</td>
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<td>HFE517 <em>T'ai Chi</em> (Ziemer) HC110</td>
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<td>9–10:30 a.m.</td>
<td>ACM115 <em>Voice Class</em> (Schoonmaker/Schoonmaker) HC111</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>PGG1381 <em>Dynamic Aging III</em> (Towler/Towler) HC004</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>HFE589 <em>Let's Get Fit!</em> (Martin) HC110</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>ACM187 <em>Beginning Guitar</em> (Howell/Mason) HC113</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>CEB1715 <em>How Does the US Rank?</em> (Stowell) HC111</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>CPT326 <em>Internet Security</em> (Mawby) HC005</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>HFE531 <em>International Line Dance</em> (Pizutto) PAC Dance</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>ACM129 <em>Isaak Asimov</em> (Grote) HC103</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>ACM140 <em>Oil Painting</em> (McMahan) HC005</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>RPH993 <em>Contemporary Modes of Thought</em> (Godfrey) HC102</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>PAH813 <em>Crochet 101</em> (Ferguson) HC113</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>HIS685 <em>Interesting Characters</em> (Henry) HC110</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>HFE595 <em>General Neurological Health</em> (Hart) HC004</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>ACM192 <em>Music of the 60s</em> (Fisher) HC111</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>ACM191 <em>Franz Kafka</em> (Ward) HC105</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>ACM115 <em>Voice Class</em> (Schoonmaker/Schoonmaker) HC111</td>
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### Wednesday

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<tr>
<td>9–10:30 a.m.</td>
<td>PAH800 <em>Woodcarving 101</em> (Ellison) HC005</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>PAH875 <em>Animal Art Quilt</em> (Pollow) HC105</td>
</tr>
<tr>
<td>9 a.m.–noon</td>
<td>PHO1615 <em>Artistry for Photographers</em> (van den Broek/Dohm) HC104</td>
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<td>RPH985 <em>Bridge V</em> (Hughes/Nichols) HC113</td>
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<td>CEB1707 <em>Wealth Management</em> (Goepper/Burkhardt) HC111</td>
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<td>HIS609 <em>History of Racing Cars</em> (Goodall) HC110</td>
</tr>
<tr>
<td>9–10:30 a.m.</td>
<td>PPG1350 <em>Aging Mastery</em> (Tower/Tower) HC004</td>
</tr>
<tr>
<td>10:45 a.m.–12:15 p.m.</td>
<td>ACM187 <em>Beginning Guitar</em> (Howell/Mason) HC113</td>
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<td>ACM192 <em>Music of the 60s</em> (Fisher) HC111</td>
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<td>10:45 a.m.–12:15 p.m.</td>
<td>ACM191 <em>Franz Kafka</em> (Ward) HC105</td>
</tr>
<tr>
<td>10:45 a.m.–12:15 p.m.</td>
<td>ACM115 <em>Voice Class</em> (Schoonmaker/Schoonmaker) HC111</td>
</tr>
</tbody>
</table>

(Bonus Trips & Events Schedule located on next page.)
1:30–3 p.m.
PAH838 Quilting by Hand* (Lindemann/Rasheed) HC103 1-3 p.m.
PAH834 Woodcarving 201* (Ellison) HC005 1-4 p.m.
PAH824 Crochet 202* (Mitchell/Anzinger) HC104 1:30-3:30 p.m.
PAH892 Advanced Zentangle (Stevenson) HC111

1-3 p.m.
LAN746 Interm. Latin (Anderson) HC102
CEB1718 Out of the Closet (Candler/Candler) HC104
SNM1072 Physics II (McCarty) HC105
ACM119 Rock and Roll (Laughter) HC110
HIS630 The Constitution (Cockrill) Younts Center

3:15–4:45 p.m.
CEB1716 Education in America (Henry) HC110
LAN712 Intro to Latin III (Anderson) HC102
HFE591 Living Longer (Hoskin) HC111
HIS655 Russia by Train (Kappel) HC004

Thursday
9–10:30 a.m.
HFE515 Aquacize* (Parker/Parker) PAC Pool 9-10 a.m.
HFE502 Martin’s Hiking* (Martin/Severens) HPL 9 a.m.–4:30 p.m.
PHO163 Nature Photography* (Howell/Weinberg/Peters) HC104 9 a.m.–4 p.m.
ACM116 Pen and Ink II* (Thaler) HC005 9-11:30 a.m.
HFE512 Wildflowers & Waterfalls* (Richards/Hughes) HPL 9 a.m.–4 p.m.
ACM111 Acting and Performing (Hachem) HC105
RPH974 Gifts of the Mystics (Doughty) HC113
HFE536 Yoga (Adams) HC110
ACM194 Rusty Writers (Chandler) HC004
ACM183 Songs of the South II (Owens) HC111

10:45 a.m.–12:15 p.m.
PAH821 Beginning Poker (Knox) HC110
PHO1624 DSLR Photography II (Sarvis/Roback) HC104
CEB1711 Great Decisions (Johnson/McGrath) HC111
ACM181 Writers to Spring Forward (Chandler) HC004
RPH903 Hebrew Prophets III (Leffert) HC103
PAH848 Style for Our Time (Root) HC113
ACM143 Write Life (Moston) HC105

Friday
9–10:30 a.m.
PAH885 Painting with Wool* (Ho) HC113 9:30 a.m.–12:30 p.m.
HFE538 Pickleball II* (Derr/Hamilton) 9–11 a.m.
HFE503 The Rock Stars* (Hemans/Hill) 9 a.m.–4 p.m.
CEB1717 Eight-Week Financial Workshop (Campbell) HC111
HFE563 Fit and Well for Life (Frazier) PAC105
RPH996 Jewish American Experience (Anker) HC105
HFE583 Qi Gong* (Bryant) HC110 9-10:30 a.m.

10:45 a.m.–12:15 p.m.
HFE511 Yoga for the Aging Body* (Bliss) HC110 10:45 a.m.–noon
LAN786 Beginning Spanish I (Davalos) HC105

Lunch & Learn Tuesdays
Speakers from the community will present a variety of interesting topics. Free and open to the public, 12:30–1:20 p.m., HC110. Bring your lunch and invite your friends.

March 26 Short Walks in Greenville County
Fran Spicer Taylor and Stephen Anschel

April 2 Light, Shadows in Seasons in the Garden
Bill Bradshaw, OLLI member, instructor, photographer and avid gardener

April 9 The Riley Institute: What Is It All about?
Donald L Gordon, Ph.D., Executive Director The Riley Institute at Furman

April 16 Nonaddictive Pain Management
David M Hall, M.D.

April 23 Pro Soccer to Arrive in Greenville: Who, What, Why and When
Joe Irwin, Chairman; Chris Lewis, President and Doug Irwin, Chief Brand Officer & Vice Chairman

April 30 Clemson, USC, GHS and Furman: Meeting the Nursing Shortage Together
Dr. Brenda Thames, Executive Vice President of Prisma (Greenville Health System) & Provost of the Health Sciences Center

May 7 What’s New at Lockheed Martin Greenville, South Carolina
Mike Fox, Site Director & General Manager at Lockheed Martin

May 14 What’s New in Greenville?
Mayor Knox White, City of Greenville

* Please note class times as they are different from regular schedules.
ACM116  Pen and Ink and Then Some
Thursday, 9-11:30 a.m., Herring Center, Graham (HC005)
This course takes Pen and Ink I to the next level with more detailed instruction. The focus will be to hone drawing skills using pen/ink and exploring additional mediums such as graphite, charcoal, colored pencil, water soluble mediums, etc. Lessons may cover a variety of basic skills, techniques, and whatever appears to be beneficial to the majority. Our goal at the end of the session is for our people to feel they are better artists than when they began, and enjoyed the process along the way. Materials fee: $20 (due to instructor at first class).
NOTE: When registering for this course, you must select waitlist and on Monday, March 4 be placed in a lottery. For further information, please see page 2 of this brochure.
Joe Thaler will teach this course.

ACM194  Rusty Writers Spring Into Action
Thursday, 9-10:30 a.m., Herring Center, Campbell (HC004)
It's time to act on that retirement promise – among friends. You pledged that "one day," you would take time to write, to capture those memories, to share family stories. This small class is designed for those who need writing prompts, encouragement, light grammar review, and a positive learning environment in which to practice. Judith Babb Chandler has taught at OLLI since its inception. Since retiring from Furman, she has been an active community volunteer and artist.

ACM183  Songs of the South II
Thursday, 9-10:30 a.m., Herring Center, Piper (HC111)
We will continue our exploration of the Southern roots of American popular music, from the blues of the Carolina Piedmont and Mississippi Delta to the Cajun rhythms of Louisiana; from the Latino-influenced music of Texas to the birth of rock and roll in the raucous river town of Memphis. We will listen to a wide variety of music (well-known and obscure) and discuss the social, economic, and cultural contexts that shaped uniquely American musical forms. Note: Songs of the South Part I is NOT a prerequisite for this course.
Tony Owens is a semi-retired business consultant with advanced degrees in English and American literature. He recently taught two OLLI classes on Bob Dylan.

Friday Bonus Trips & Events

<table>
<thead>
<tr>
<th>Code</th>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>BTE1167</td>
<td>AARP Safe Driving Class</td>
<td>March 29</td>
<td>9:30 a.m.</td>
<td>HC004</td>
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<tr>
<td>BTE1154</td>
<td>Water Gardens</td>
<td>March 29</td>
<td>10 a.m.</td>
<td>HC005</td>
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<tr>
<td>BTE1196</td>
<td>Artisan Pizza</td>
<td>March 29</td>
<td>1 p.m.</td>
<td>HC105/106</td>
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<tr>
<td>BTE1460</td>
<td>Music of the Banjo</td>
<td>March 29</td>
<td>1:30 p.m.</td>
<td>HC110</td>
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<tr>
<td>BTE1459</td>
<td>Jewelry Making With Beads</td>
<td>March 29</td>
<td>1 p.m.</td>
<td>HC113</td>
</tr>
<tr>
<td>BTE1461</td>
<td>You Are What You Eat, Right?</td>
<td>April 5</td>
<td>9:30 a.m.</td>
<td>HC005</td>
</tr>
<tr>
<td>BTE1191</td>
<td>Rolfing Structural Integration</td>
<td>April 5</td>
<td>10 a.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1463</td>
<td>Focaccia Bread Class</td>
<td>April 5</td>
<td>10:45 a.m.</td>
<td>HC105/106</td>
</tr>
<tr>
<td>BTE1480</td>
<td>Military Order of the Purple Heart</td>
<td>April 5</td>
<td>1 p.m.</td>
<td>HC111</td>
</tr>
<tr>
<td>BTE1464</td>
<td>Heart-Based Meditation</td>
<td>April 12</td>
<td>9:30 a.m.</td>
<td>HC005</td>
</tr>
<tr>
<td>BTE1406</td>
<td>Changing Shape of Greenville</td>
<td>April 12</td>
<td>10 a.m.</td>
<td></td>
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<tr>
<td>BTE1462</td>
<td>Understanding Blood Pressure</td>
<td>April 12</td>
<td>10 a.m.</td>
<td>HC004</td>
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<tr>
<td>BTE1124</td>
<td>Easy Care Rose Gardening</td>
<td>April 12</td>
<td>10:45 a.m.</td>
<td>HC111</td>
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<tr>
<td>BTE1455</td>
<td>Elizabeth Barrett Browning</td>
<td>April 12</td>
<td>1 p.m.</td>
<td>HC005</td>
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<tr>
<td>BTE1466</td>
<td>Who’s Protecting Your Privacy?</td>
<td>April 12</td>
<td>1 p.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1190</td>
<td>Winston Churchill: The Last Lion</td>
<td>April 12</td>
<td>1 p.m.</td>
<td>HC110</td>
</tr>
<tr>
<td>BTE1169</td>
<td>Falls Park Garden Tour</td>
<td>April 26</td>
<td>9 a.m.</td>
<td></td>
</tr>
<tr>
<td>BTE1138</td>
<td>Gifting Strategies For Grandkids</td>
<td>April 26</td>
<td>10 a.m.</td>
<td>HC005</td>
</tr>
<tr>
<td>BTE1182</td>
<td>Cooking at the Swamp Rabbit Cafe</td>
<td>April 26</td>
<td>10 a.m.</td>
<td></td>
</tr>
<tr>
<td>BTE1467</td>
<td>Emotional Freedom Technique</td>
<td>April 26</td>
<td>10 a.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1164</td>
<td>Orchid Clinic</td>
<td>April 26</td>
<td>1 p.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1468</td>
<td>Yellowstone’s Geysers</td>
<td>April 26</td>
<td>1 p.m.</td>
<td>HC111</td>
</tr>
<tr>
<td>BTE1108</td>
<td>Atlanta’s High Museum of Art</td>
<td>May 3</td>
<td>8 a.m.</td>
<td></td>
</tr>
<tr>
<td>BTE1471</td>
<td>Tour of Greenbrier Farms</td>
<td>May 3</td>
<td>2 p.m.</td>
<td></td>
</tr>
<tr>
<td>BTE1172</td>
<td>Estate Planning and Elder Care</td>
<td>May 3</td>
<td>10 a.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1469</td>
<td>Puma Ecology and Conservation</td>
<td>May 3</td>
<td>10 a.m.</td>
<td>HC005</td>
</tr>
<tr>
<td>BTE1470</td>
<td>Taking a Case to the Supreme Court</td>
<td>May 3</td>
<td>1 p.m.</td>
<td>HC110</td>
</tr>
<tr>
<td>BTE1474</td>
<td>An Introduction to Ayurveda</td>
<td>May 10</td>
<td>12:30 p.m.</td>
<td>HC111</td>
</tr>
<tr>
<td>BTE1143</td>
<td>Bloom Time on Jocassee!</td>
<td>May 10</td>
<td>10 a.m.</td>
<td></td>
</tr>
<tr>
<td>BTE1472</td>
<td>Behind the Scenes of Chautauqua</td>
<td>May 10</td>
<td>10 a.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1473</td>
<td>Tour of Blue Ridge Creamery</td>
<td>May 10</td>
<td>10 a.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1475</td>
<td>Taking Care of Our Vets</td>
<td>May 10</td>
<td>1 p.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1477</td>
<td>Music Therapy</td>
<td>May 17</td>
<td>10 a.m.</td>
<td>HC004</td>
</tr>
<tr>
<td>BTE1478</td>
<td>Terrarium Making</td>
<td>May 17</td>
<td>10 a.m.</td>
<td>HC005</td>
</tr>
<tr>
<td>BTE1476</td>
<td>Say the Magic Word</td>
<td>May 17</td>
<td>10:45 a.m.</td>
<td>HC111</td>
</tr>
<tr>
<td>BTE1479</td>
<td>&quot;The Dinner Party&quot;</td>
<td>May 17</td>
<td>1 p.m.</td>
<td>HC110</td>
</tr>
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</table>
HFE512  Wildflowers and Waterfalls
Thursday, 9 a.m.-4 p.m., Herring Center, Parking Lot (rt. of Timmons)
This is a hiking experience for those hikers who wish to view and identify the wildflowers along the trails. Where possible, we will stop at a waterfall for lunch. The hiking will be moderate. Appropriate hiking gear and especially boots are recommended. Bring your cameras and wildflower books. People experienced in wildflower identification are encouraged to join us. Meet in the parking area across the road from the Herring Center and be prepared for an all day adventure.
Jeff Richards and Mike Hughes will lead this hike.

PAH821  Beginning Poker
Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110)
This is a beginner’s class for people who have never played poker before and people who haven’t played for a while who want to renew their skills. We will be using chips instead of money for betting. We will go over the hand rankings, different ways to place bets, and betting strategy. We will play a different variation of poker in each class, including games you may have heard of, like Texas Hold’em, 5- and 7-Card Stud, 5-Card Draw, Omaha, and more. We will also review poker etiquette rules to get you ready to play with others.
Dave Knox has enjoyed poker since high school and looks forward to teaching others a game that has so many variations.

PHO1624  DSLR Photography: Beyond the Basics
Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Computer Lab (HC104)
If you are comfortable with the basic operation of your DSLR camera and the fundamental principles of photography, this proactive class will take you to the next level! We will help expand your understanding of your equipment’s capabilities, try advanced techniques like Macro and HDR, and through group projects, help you become a more proficient and creative photographer. A DSLR or equivalent camera is required. Proficiency levels 2 or 3 recommended.

Jeff Sarvis is a retired architect who was originally educated in Puerto Rico. He has worked, traveled and pursued his photography hobby all over the world. Ray Roback will assist with this course.

CEB1711  Great Decisions 2019
Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111)
This class will discuss world issues: Migration; U.S. and Mexico; Cyber Security; Trade with China; Nuclear Diplomacy; Overview of the Middle East; Rising Populism in Europe; The state of the State Department. Students will use the Great Decisions discussion book ($27 to be paid when picked up at OLLI office). Make check payable to Furman University), a DVD from the independent Foreign Policy Association and other current resources.
Dave Johnson and Bob McGrath will lead this course.

PAH848  Style for Our Time
Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Small Arts/Crafts (HC113)
This class will help us clarify and enhance our own style for the different activities in our life now. Clothing style, use of color and accessories will be our focus. Sessions will include information/activities on how to organize and simplify our wardrobes. Practice for each week will be to put together an outfit, usually "polished casual," from our own wardrobe/accessories and wear it to class. Positive self-discussion of outfits worn to class is desirable but optional in a given class. Overriding goal is for us each by course end to have five or more pulled-together outfits which "spark joy."
Judy Root, retired clinical psychologist, values art, comfort and a positive outlook. Dressing like French women do, in pulled-together “go-to” outfits, can help.

Mystery Reading Group
HC103 12:30–1:15 p.m.
Contact: Judy Pearson at judypearson@bellsouth.net

Books for the Spring Term are:
April 4  "The Black-Eyed Blonde" by Benjamin Black
April 18 "Shadow District" by Arnaldur Indrikason
May 2  "The Blinds" by Adam Sternbergh
May 16 "Kingdom of the Blind" by Louise Penny

Rogue Readers
HC111 12:30–1:15 p.m.
Contact: Ginny Dalton at ginnycidental@charter.net

Books for the Spring Term are:
March 28  “Educated: A Memoir” by Tara Westover
April 11 "To Kill a Mockingbird" & "Go Set a Watchman" by Harper Lee
April 25 "Eleanor Oliphant is Completely Fine" by Gail Honeyman
May 9  "The Jaws of Life" by Laura Leigh Morris
ACM103  The Hebrew Prophets III  
Thursday, 10:45 a.m.-12:15 p.m., Herring Center, President’s Conference (HC103)  
In this course we will read and discuss the Hebrew prophets - Isaiah, Jeremiah, Ezekiel, and the twelve minor prophets. The course will continue over the entire year - fall, winter and spring terms, but it is not necessary to commit to the entire course. We will be discussing the historical backgrounds of the prophets, their literary art, and their messages. Emphasis will be on an interactive discussion-oriented class.  
Fred Leffert is a Greenville physician with a life-long interest in Jewish Studies. He has taught several Hebrew classes since 2000.

ACM181  ‘Tis the Season for Writers to Spring Forward  
Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Campbell (HC004)  
This long-running class continues for writers with experience in either OLLI or other composition classes. Each week students are given a prompt to stimulate new writings or are encouraged to continue works in progress. In class students may choose to share their works with the class. Compositions are projected on the screen for instructor review and class discussion—always in a positive, supportive environment. Class begins with suggestions by writers for writers; and helpful books are recommended, but not required.  
Judith Babb Chandler has taught at OLLI since its inception. Since retiring from Furman, she has been an active community volunteer and artist.

ACM143  Write Life: Steal Like an Artist  
Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Huff (HC105)  
Where do you start organizing a lifetime of memories, a box of photos or a history of quirky relatives? How do you pass on lessons learned from the school of life? In each class we will model (not steal) exercises from works of authors who’ve done it well. Come expecting to sort through memories and learn how to turn them into stories. This class will focus on memoir and family stories.  
Marcia Moston is a former columnist and award-winning author. She teaches workshops in memoir and creative nonfiction.

ACM101  Acrylic Painting  
Thursday, 1-4 p.m., Herring Center, Graham (HC005)  
Acrylic paint is the most versatile of the painting mediums. We will explore many techniques hands-on while creating wonderful artistic expressions. This class is suitable for all levels.  
NOTE: When registering for this course, you must select waitlist and on Monday, March 4 be placed in a lottery. For further information, please see page 2 of this brochure.  
Cathryn Rice, artist, is retired after 35 years teaching art in Greenville County schools. She gives workshops and clinics in a variety of art media which include painting, jewelry, color theory, and composition.

PPG1324a  Awakening to Now and How  
Thursday, 1:30-3 p.m., Herring Center, Huff (HC105)  
“It ain’t what you do, it’s the way that you do it!” Too often we live in the past or the future, holding ourselves apart from the present moment with patterns of thinking and movement that restrict, strain, imbalance, diminish. When we learn to stop trying so hard or stopping ourselves short, we awaken to a “how” that improves coordination, enlivens the spirit, and deepens connections with ourselves and everything in our environment. Alexander Technique teaches you how to distinguish habits of effort and inflexible thinking that impede the mental, emotional and physical resilience that is your birthright. Update your “mental map” of the body to prevent pain and alleviate injury in daily activities, and learn to cultivate directed thinking for more expansion and ease in every situation.  
Michele Drivon has been awed since 1999 at the Technique’s capacity to illuminate and enliven. She credits Alexander Technique with empowering her physical and mental freedom.

ACM163  Frank Lloyd Wright  
Thursday, 1:30-3 p.m., Herring Center, Crabtree (HC110)  
In his phenomenal career (1887 to 1959), architect Frank Lloyd Wright completed over 500 buildings and drew an equal number of unbuilt projects. His legacy includes world-famous designs from Fallingwater to the Guggenheim Museum, plus hundreds of houses in often modest neighborhoods. Greenville has its own Frank Lloyd Wright house off North Main Street. We will investigate Wright’s life, his styles, his innovations, his effect on the architecture of his time and the architecture of our own time. Many of the houses we love and enjoy living in today are the direct result of the innovations of Frank Lloyd Wright.  
If you do not know his work, you will be amazed. If you do know his work, you will enjoy the chance to revisit many of the buildings you remember and discover some you may not have known existed.  
Linda Kelly was an AP and IB instructor in the Greenville County School System. She has enjoyed teaching at OLLI since 2006.

PPG1326  MeaningSight II: Using Quantum Consciousness to Evolve Interactions  
Thursday, 1:30-3:30 p.m., Herring Center, Small Arts/Crafts (HC113)  
A rising negative worldview of scarcity and power over others is promoting denigration of certain men, women and minorities. A fear-based reality results where that fear underpins daily interactions. This outdated worldview is blocking our ability to build more positive interactions and ways of living. Quantum Consciousness underlies everything. Its creative force involves using the divine feminine, divine masculine and a transformational force for building the physical world. Each person has all three forces. Using MeaningSight, a Quantum Consciousness, scientifically based system, participants experience how to build compassionate, healthy selves and interactions using the divine feminine-masculine and transformational forces within. A relaxed state of mind accesses Quantum Consciousness to create
a vision, actions and tools that build compassionate healthy interactions, as well as a thriving life and well-being for all. Lab fee: $20 for customized slides, in-depth handouts and recordings of meditations and mindful focus exercises (due to instructor at first class). Dianne Greyerbiehl, Ph.D. has three masters degrees (speech pathology, business and counseling) and a PhD in cognitive neuroscience. She is also a certified master transformative coach and has post doctoral training in aging.

SNM1081  Our Future in Space
Thursday, 1:30-3:30 p.m., Herring Center, Computer Lab (HC104)
This all-new course will explore the science and science fiction projecting humanity’s movement into space. Topics will include the status of Earth orbital flight, space stations, Moon and Mars bases, space tourism, asteroid mining, planetary defenses, space colonies, interstellar flight, generational star ships and more. Sessions will be two hours long to allow for discussion and film viewing.

Bill Bradshaw spent 42 years in the Science Museum field with his last position as Director of Roper Mountain Science Center. He has a lifelong interest in space exploration and science fiction.

HIS603  South Carolina History: From Reconstruction to the Great Depression
Thursday, 1:30-3 p.m., Herring Center, Piper (HC111)
From Reconstruction to the Great Depression, SC underwent many social, economic, and political challenges. The goal of this class is to highlight the major people and events in this time period. Lecture, artifacts, and primary sources will be utilized “to bring the past alive.” This is a repeat of course taught Fall 18.

Larry Greer, Ph.D. is a retired history teacher. He has written history curriculum materials for the state and for national book publishers.

RPH927  The Foundations of Jewish Ethics
Thursday, 1:30-3 p.m., Herring Center, President’s Conference (HC103)
We will read and discuss a tractate of the Talmud dealing with ethical behavior and the good life, emphasizing those aspects which influence modern Jewish attitudes.

Fred Leffert is a Greenville physician with a life-long interest in Jewish Studies. He has taught several Hebrew classes since 2000.

ACM123  The Post-Apocalypse Novel I
Thursday, 1:30-3 p.m., Herring Center, Campbell (HC004)
Just what is “post-apoc” writing? The idea of an apocalypse, of course, is Biblical, and “post-apoc” writings explore how people survive in a much-altered world after some existential catastrophe. In this class, we will read two novels: “On the Beach,” by Nevil Schute (1957); and “Alas, Babylon,” by Pat Frank (1959); in both cases, the characters struggle to survive after a general, nuclear war. Be prepared to do a lot of reading, about 90-100 pages per week. We will discuss the novels as we go. In our final meeting, we will focus on the common ground shared by the two works, including plotting devices, character types, importance of setting, and the authors’ assumptions about cause and effect. This course will be the first of several such forays into “the apocalypse.” Required books: “On the Beach” by Nevil Schute (ISBN 1534793518) and “Alas, Babylon” by Pat Frank (ISBN 0060741872).

Arthur McMaster is a retired English professor from Converse College. He has published books of poetry, creative non-fiction, three stage-plays and several short stories. He is poetry editor for Emrys Journal.

PPG1324b  Awakening to Now and How
Thursday, 3:15-4:45 p.m., Herring Center, Huff (HC105)
"It ain’t what you do, it’s the way that you do it!" Too often we live in the past or the future, holding ourselves apart from the present moment with patterns of thinking and movement that restrict, strain, imbalance, diminish. When we learn to stop trying so hard or stopping ourselves short, we awaken to a "how" that improves coordination, enlivens the spirit, and deepens connections with ourselves and everything in our environment. Alexander Technique teaches you how to distinguish habits of effort and inflexible thinking that impede the mental, emotional and physical resilience that is your birthright. Update your “mental map” of the body to prevent pain and alleviate injury in daily activities, and learn to cultivate direct thinking for more expansion and ease in every situation. Note: This is a repeat of course at 1:30 p.m.

Michele Drivon has been awed since 1999 at the Technique’s capacity to illuminate and enliven. She credits Alexander Technique with empowering her physical and mental freedom.

Friday

CEB1717 Eight-Week Financial Workshop
Friday, 9-10:30 a.m., Herring Center, Piper (HC111)
This eight week course is geared towards individuals who are interested in learning more about investing and taking control of their finances. The class will give a broad overview of financial topics including: Rules of the Road of Investing, Stocks - The Nuts and Bolts, Focus on Fixed Income, An Investor’s Tour of Mutual Funds, Ready or Not? Preparing for the Unexpected, Retirement by Design, Tax-free Investing, and Preparing Your Estate Plan.

Judith Campbell is a Financial Advisor who has a passion for educating people on financial topics in a fun and simple way to understand.
HFE563 Fit and Well for Life
Friday, 9-10:30 a.m., Herman W. Lay Physical Activities Center (PAC105)
Are you interested in developing your fitness and overall wellness? In this eight-week class, explore the dimensions of wellness and realize how each component is integral to a balanced life. Learn how to develop a safe and effective exercise program in the Furman Fitness Center. Discover a simple, plate-based eating strategy that can promote good nutrition. Discuss how physical activity, spirituality, and relationships with others can support mental health. Each class will include both a lecture and activity component in the Furman Fitness Center. All participants must complete a Physical Activity Readiness Questionnaire and have a Physician Consent Form in order to participate in the activity portion of the class. Materials fee: $7 (due to instructor at first class).
Kelly Frazier, M.A., is a lecturer and wellness program coordinator in the department of Health Sciences at Furman. She developed and conducts the FUEL plate-based dietary intervention for Furman students and staff.

RPH996 Jewish American Experience
Friday, 9-10:30 a.m., Herring Center, Huff (HC105)
This course will examine the major Jewish immigration waves to the United States of the past two centuries, how Jewish immigrants’ lives were transformed and the cultural, scientific, economic and political impact Jewish Americans have had on this country. Guest speakers and film clips will add to our discussion.
Devon Anker is the staff advisor to the Jewish Student Association at Furman. She has a MA in Judaic Studies from Brandeis University.

HFE583 Qi Gong
Friday, 9-10:30 a.m., Herring Center, Crabtree (HC110)
Medical Qi Gong is a meditative exercise that uses an ancient series of movements to help people focus on, move, and manipulate the flow of qi through their bodies. Qi Gong enhances any medical treatment and one’s potential for healing. Qi (pronounced “chee”) can be translated as “vital energy” and is the life-giving energy that is within every living thing. Gong means “hard work” or “skill.”
“Qi Gong” refers to this type of ancient Chinese exercise that teaches us how to work with the energy within us and around us. In this course we will focus on the Jinjing Gong (Tendon and Channel Qigong) school of Qigong. Using gentle movement, breathing techniques, and visualization Qi Gong strengthens the connection between the mind and body and enables us to shift our focus inward. Qi Gong is gentle and safe enough for anyone to do and can have many wonderful health benefits. Stress reduction, enhanced focus, improved blood flow, and a greater awareness of the physical body are just a few of the many benefits you can experience through practicing Qi Gong.
Dr. Carrie Bryant studied Qi Gong for five years under Master Zhongxian Wu and Heiner Freuhauf at the National College of Natural Medicine in Portland, Oregon. She has been trained in both the Mt. Emeei School and the Jin Jing Gong Schools of Qi Gong.

PAH885 Painting with Wool (Felting Fiber Arts)
Friday, 9:30 a.m.-12:30 p.m., Herring Center, Small Arts/Crafts (HC113)
Wool can be transformed into wool painting or wool sculpture with various felting techniques. The instructor will demonstrate how to turn wool fibers into decorative yet functional felt creations. Step-by-step instruction will be offered. You will be guided how to blend, mix and needle felt with colorful wool fibers to create beautiful 2D wool painting. You will also learn how to apply 3D needle felting technique to make a wool ornament. In addition, you will learn about wet felting and create a unique non-woven felt fabric/sculpture. Basic felting tools & wool materials are included and you will keep them for future project. This four-week course will begin April 26. Class fee: $35. Materials fee: $76 (due to instructor at first class).
Cecilia Ho, a teaching-artist for Greenville SmartARTS program, has shared felting fun with all ages through festivals, workshops and FEIstastic Fashion DIY kits since 2011.

LAN786 Beginning Spanish I
Friday, 10:45 a.m.-12:15 p.m., Herring Center, Huff (HC105)
This course will teach you speaking comprehension and listening with some reading and writing. We will learn new words and phrases in each lesson with practice of the Spanish language.
Rudy Davalos is a graduate of the College of Education from La Paz-Bolivía. He teaches private Spanish classes and tutors students of all levels.

HFE511 Yoga for the Aging Body
Friday, 10:45 a.m.-noon, Herring Center, Crabtree (HC110)
This course will emphasize the importance of breath, balance, strength and flexibility in a gentle and safe way. We will focus on strengthening and moving the areas of the body that pertain to healthy aging bodies. I will structure this class in a way that builds upon itself, from the most basic to a deeper practice.
Alicia Bliss has been a certified yoga trainer for fourteen years. She believes practicing yoga can be an invaluable tool in everyday life.

HFE538 Pickleball II
Friday, 9-11 a.m., Herman W. Lay Physical Activities Center, Gym
This class is designed for the social player with a general knowledge of pickleball and the desire to improve their game. We will go into some detail on basic strategy, however, we will focus more on different shots and shot selection. Our goal is to give you a better understanding of how the game is played by advanced players, without losing sight of how much fun it is to play.
Jim Derr and Bud Hamilton are pickleball enthusiasts, both indoor and outdoor, who have played at venues throughout the state.
BTE1167  AARP Safe Driving Class
March 29, 9:30 a.m.-2 p.m., HC004
The new 4 hour AARP Smart Driver Course was designed to continue AARP’s legacy of quality driver education while introducing a focus on topics that are highly relevant for older drivers, such as:
1. Best practices for sharing the road with other vehicles
2. Updated SC Laws
3. Proper rules for roundabouts and stop sign compliance
4. Techniques for adjusting mirrors to reduce blind spots
5. A full visual redesign, which takes into account how adults retain information. It features larger print type, full-color pages, an easy-to-follow format and videos to accompany the course book.
SC participants receive a certificate (valid for three years) that they may take to their insurance company which may offer a discount. A sack lunch is suggested. Event fee: $15 AARP members, $20 non-members (due at event). Please bring AARP card and valid driver’s license & arrive 15 minutes early to register. The class will be taught by Paul Jones who is an AARP certified instructor. Limit 40

BTE1154  Water Gardens of the Solar System and Earth
March 29, 10 a.m.-12:30 p.m., HC005
William Bradshaw, a science museum director for 40 years, an avid gardener and photographer, will lead an exploration of how water and atmospheric features in the natural world inspire garden design. The morning will begin with a slide show at OLLI and then the class will carpool to the Bradshaw garden, Stoney Waters, on top of Paris Mountain to see how the ideas of the presentation can be utilized in a garden. Bring a sack lunch if desired, bottled water will be provided. Distance from Furman: five miles. Limit 24

BTE1196  Artisan Pizza
March 29, 1-3 p.m., HC105/106
Learn to make artisan pizza! Learn techniques from Cheryl and Stephen Kraus, bakers and owners of Upcountry Provisions, to mix, shape, top and bake artisan pizza. Impress your friends at your next party! Event fee: $5 (due at event). Limit 20

BTE1459  Jewelry Making With Beads
March 29, 1-3 p.m., HC113
Sarah Worth, chair of the Furman philosophy department, will teach the basics of jewelry making with beads and wires. Each participant will leave with at least two pairs of earrings. Students should be able to use pliers with no difficulty. Material fee: $25 (due at event). Limit 8

BTE1460  The History and Music of the Banjo
March 29, 1:30-3 p.m., HC110
Performers Bob and Amy Buckingham will introduce the role of the 5-string banjo in American popular music. Come learn the history of the banjo and its African roots. Be prepared to tap your feet and clap your hands as Amy and Bob teach us about one of America’s favorite bluegrass instruments. Limit 140

BTE1461  You Are What You Eat, Right?
April 5, 9:30 a.m.-12:30 p.m., HC005
You are what you eat, right? Surprisingly the answer to that question is yes and no. It would be more accurate (but admittedly less catchy) to say “you are what you assimilate.” Getting healthy food into your body is without a doubt a critical step to achieving overall health; however, your ability to properly break down and absorb vital nutrients dictates just how beneficial your diet is. This class will take a journey into the intricate and complex digestive system and focus on how you can improve your assimilation and therefore get the most out of the foods you eat. Natural Health Educator, Alicia Lively, from Creative Living Wellness, will lead the class. Limit 40

BTE1191  Rolfing Structural Integration: Managing Pain
April 5, 10 a.m.-noon, HC004
Join Will Schilling, of Upstate Rolfing, to learn how Rolfing® is an advanced manual therapy that specializes in postural alignment. Through a series of sessions a Roffer resets the body’s natural alignment, eliminating the roots of chronic tension and pain. Rolfing has been featured on Oprah, in the New York Times, Vogue Magazine, and the Today Show. The instructor will talk about his own journey as a client and practitioner of Rolfing and the type of cases that he has seen helped in his practice. Limit 40
### BTE1463  Focaccia Bread Class
*April 5, 10:45 a.m.-12:45 p.m., HC105/106*
Join bakers, Nikki Day and Keith Stevenson, as they make and bake focaccia bread to share with all attendees. Come and learn and be satiated. Materials fee: $5 (due at event). **Limit 15**

### BTE1480  Military Order of the Purple Heart and the Vietnam War from Ground Level
*April 5, 1-3 p.m., HC111*
Doug Greenlaw, CEO of Greenlaw Investments, Inc. and recipient of the Silver Star, 2 Bronze Stars, and 2 Purple Hearts while serving as an officer in Vietnam, is the National Commander, USA Military Order of the Purple Heart. He will speak about military honors, what it’s like to be on the ground as an Infantry Officer in Vietnam, and how the experience affected his life. **Limit 40**

### BTE1464  Heart-Based Meditation Training
*April 12, 9:30 a.m.-12:30 p.m., HC005*
There are many types of meditation, all with valid benefits and purpose. This course will teach you Heart-Based Meditation- a method that works in harmony with your mind to make meditation easy and effortless. Forget any preconceived notions— you do not have to empty your mind or thoughts or sit perfectly upright for hours at a time in order to meditate effectively. Regardless of whether you are looking to add another type of meditation to your practice, have struggled with meditation in the past, or have never mediated before, this course will teach you a frustration-free practice, as you let go of all the "doing" and "trying" and release the demands of everyday life. This is a 3-hour class taught by Sarah Troy, an Ayurvedic Health Practitioner, Spiritual Mentor, and Heart-Based Meditation Instructor. Participants will be seated in chairs. **Limit 40**

### BTE1406  The Changing Shape of Greenville: From Milltown to Downtown Star
*April 12, 10 a.m.-noon*
Former Furman professor, historian and writer, Judy Bainbridge, will guide and narrate our bus tour around the city. Watch Greenville transition from a series of mill villages to the vibrant cosmopolitan town that is on so many top cities lists. Bus fee: $15 (due at event). **Limit 53**

### BTE1462  Understanding Blood Pressure
*April 12, 10-11:30 a.m., HC004*
This class will focus on overall cardiovascular health, with a focus on blood pressure. We will discuss what the numbers mean, why they are important, how blood pressure can affect other body systems over time, and practical ways in which we can help keep our blood pressure in check. The class will close with a brief relaxation meditation, designed to promote calm and lower blood pressure. The class will be led by Craig Metcalf, a Registered Nurse and Registered Yoga and Meditation Teacher. **Limit 30**

### BTE1124  Easy Care Rose Gardening
*April 12, 10:45 a.m.-12:45 p.m., HC111*
Roses do not need to be hard to grow. However, selecting the right rose for the right place is essential for an easy-care rose garden. Sheree Wright, Furman Horticulturist, will show you the most disease resistant roses in the Southeast. Many of these roses can be grown in containers, planted as ground covers or in mixed perennial borders. Basic rose care, and good horticultural practices will be discussed, enabling you to grow great roses. The class will take a short walking tour through the Furman rose garden during the second part of the class. **Limit 40**

### BTE1465  Elizabeth Barrett Browning: Sonnets from the Portuguese
*April 12, 1-2:30 p.m., HC005*
Art Young, retired Professor of English from Clemson University, will teach this class. The class will read several of the poems in "Sonnets from the Portuguese," written by Elizabeth Barrett Browning to her husband, Robert Browning. We will discuss the sonnets in the context of their lives, especially their famous courtship and love affair. **Limit 25**

### BTE1466  Who's Protecting Your Privacy in the Digital Age?
*April 12, 1-3 p.m., HC004*
From email to social media, from banking to investment accounts, web surfing to streaming entertainment, our day-to-day activities are fraught with risks that imperil not only our own security but also that of our communities. We will start with a look at the available data on security, then move on to looking at risky online behavior and how to better protect yourself. At the end, participants should gain some ideas and steps they can take to tighten their own personal security and protect their privacy and sensitive information. This class is taught by Laura Haight, President of Portfolio, a local digital communications company. **Limit 40**

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**Bonus Trip Cancellation Policy:** Even though most one-day events are free, any cancellations after the Monday prior to an event or no-shows by members will be charged $25 by OLLI.
BTE1190  Winston Churchill: The Last Lion
April 12, 1-3 p.m., HC110
Jim Maurer, retired policy writer, will present the life, times and impact of one of the most important political leaders of the 20th century. With the rise of Adolph Hitler, Great Britain was at a crossroads in foreign policy, deciding the best course of action to confront the menace of Nazi Germany: appeasement, or the risk of another great war which could cost millions of British of lives and possibly envelop the entire world in a second world war. This follow-up presentation will focus on Winston Churchill’s later career, his years as Prime Minister and his role as a world leader during WWII and the Cold War. Limit 140

BTE1169  Falls Park Garden Tour
April 26, 9-10 a.m.
Falls Park and the Liberty Bridge are at the heart of Greenville. Join Greg Burriss, Tourism Division Manager for Parks and Recreation, for a walking tour of the park gardens. Falls Park was designed by landscape architect Andrea Mains of Washington D.C. and features a collection of “garden rooms” offering a spectacular display of seasonal color and artistic garden design. The tour includes approximately 1½ miles of walking. The route includes uneven surfaces and steepness as we walk from Main Street, around the various parts of the garden, down to the river and back up to the bridge. Distance from Furman: 7 miles. Limit 30

BTE1138  Gifting Strategies for the Grandkids and the Community
April 26, 10 a.m.-noon, HC005
Neal Angel, Investment Advisory Representative, of AngelRoyce Wealth Advisors, LLC, will present gifting strategies for leaving a financial legacy for grandchildren and the community. Topics discussed will include:
1. Unique opportunities to help your heirs without ruining them
2. Strategies to leave more money to your family and less to Uncle Sam
3. Ways to avoid needless probate costs
4. When trusts can help you, and when they can hurt you
5. How to send your grandkids an annual birthday gift for the rest of THEIR lives
6. Alternatives to college funding that provide greater flexibility and lifetime tax-free income for the grandchildren. Limit 35

BTE1182  Cooking Local at the Swamp Rabbit Cafe and Grocery
April 26, 10 a.m.-noon
Swamp Rabbit Cafe & Grocery is fortunate to be in a region with an abundance of small farms and producers and is dedicated to being a force for good in our community. This class will include a short lecture on how the SRC&G works to bring customers local produce, meats, and other products which uphold the practices they encourage. The cooking demonstration will highlight seasonal, local food and teach tips and tricks to make cooking even more fun. A light lunch will be served. Distance from Furman: five miles. Event fee: $30 (due at event). Limit 24

BTE1467  Emotional Freedom Technique (Tapping)
April 26, 10 a.m.-noon, HC004
When you think about an experience that produces negative emotions, such as a rivalry with a colleague, a fight with a family member or a miserable childhood experience, you increase your stress. You have an emotional response to the experience. You feel emotions like anger, fear, shame, resentment or guilt. When you use "Tapping" to process the emotions, their intensity diminishes often to nothing in minutes. It is empowering and useful in our everyday lives. The class will be taught by certified EFT practitioner, Kim Everard. Limit 40

BTE1164  Orchid Clinic
April 26, 1-3 p.m., HC004
Whether you are considering starting orchid growing as a hobby, or you are a veteran orchid-grower, this class is for you. Come with all your orchid growing questions: "How often do I water?" "Why won't it re-bloom?" "When do I repot?" "Does the 'Ice Orchid' method really work?" You may even bring in your 'sick' orchid and expert orchid grower Judy Vick will diagnose the problem and give you some helpful advice. Limit 35

In order to give all members a chance to take a BTE, we limit everyone during registration to two BTEs. OLLI Notes, published weekly, will list available spots throughout the term. You will be contacted by email about two weeks prior with instructions and/or directions.
BTE1468 Yellowstone’s Geysers: How They Work, and...is that Volcano Going to Blow?
April 26, 1-3 p.m., HC111
Frequent Yellowstone visitor, Judy Hermes, will teach about Yellowstone’s geysers and the other hydrothermal features in Yellowstone National Park - mud pots, hot springs, and fumaroles - and the volcano under them all. Learn keys to their functioning and why hydrothermals are so colorful. Discover many fascinating hydrothermal facts - e.g., do you know the water is at least 1100 years old? Learn how many geysers were destroyed, and how people try to create them. We will review the shared plumbing system of geysers, why they change behavior, and what’s causing the current renewed play of Steamboat Geyser.  Limit 40

BTE1108 A Visit to Atlanta’s High Museum of Art
May 3, 8 a.m.-5:30 p.m.
The bus to the High Museum in Atlanta will depart the Herring Center at 8 a.m. Participants will enjoy seeing European Masterworks: “The Phillips Collection” at the High Museum of Art and selections from the permanent collection. The Phillips Collection, Washington, DC, is famous for paintings by Vincent van Gogh, Paul Cezanne, Edgar Degas, Claude Monet, and Pablo Picasso. Martha Severens, art museum curator, will provide on-bus commentary on the collection. Event fee (includes bus transportation and museum admission): $55 (due at event).  Limit 50

BTE1471 Tour and Food Tasting of Greenbrier Farms
May 3, 2-4 p.m.
Join farm owners Amy and Chad Bishop and learn about sustainable agriculture practices at Greenbrier Farms and how to apply their practices in a culinary capacity. There will be a tour of the farm, followed by a culinary demonstration with hands-on instruction from the farms’ professionally trained chef and farm-to-table snack. Distance from Furman: nine miles. Event fee: $15 (due at event).  Limit 30

BTE1172 Estate Planning and Elder Care Planning
May 3, 10 a.m.-noon, HC004
Join the class and learn legal strategies to protect your family and your estate, focusing upon wills/trusts, estate planning, probate avoidance, power of attorney/health care power of attorney, Medicaid/VA benefits planning, and special needs planning. Brandon Elijah, a local attorney, will lead this discussion.  Limit 40

BTE1469 Puma Ecology and Conservation (Mountain Lions)
May 3, 10 a.m.-noon, HC005
This course will explore some of the basic biology of this iconic species of the American wilderness and discuss the management and conservation challenges it faces. The class is taught by retired Furman professor and ecologist, Dr. Travis Perry.  Limit 40

BTE1470 Taking a Case to the Supreme Court
May 3, 1-2:30 p.m., HC110
Each year, the U.S. Supreme Court accepts about 1% of the cases seeking its review. In 1999 retired lawyer and OLLI instructor Don Cockrill argued an environmental/constitutional case before the Court that eventually took more than 10 years and millions of dollars to resolve. Come and hear Don take us through each stage of the case and learn about how the Court operates in real life- including how it selects which cases to hear, its customs and procedures, the “pomp and circumstance” of oral argument, and the political undercurrent of the entire process.  Limit 140

BTE1474 An Introduction to Ayurveda
May 10, 12:30-3:30 p.m., HC111
Ayurveda translates to the knowledge of life. It is a mechanism for identifying what may be out of balance within your body and provides options for treating this imbalance through modalities like diet, essential oils, and lifestyle choices. The seminar will also speak to “Panchakarma,” a process used to cleanse the body of toxic materials left by disease and poor nutrition. Panchakarma is the ultimate mind-body healing experience for detoxifying the body, strengthening the immune system, and restoring well-being. This class will be taught by Dr. P. Jayan, the senior doctor at the Kalari Kovilakom Ayurveda Hospital.  Limit 40

BTE1143 Bloom Time on Jocassee!
May 10, 10 a.m.-1 p.m.
Jocassee Gorges is home to some of the greatest botanical diversity on the planet, and Lake Jocassee brings us deep into the heart of the area. Join master naturalists Brooks and Kay Wade of Jocassee Lake Tours on this spring tour. Rhododendron, mountain laurel, and other flowering shrubs ring the shoreline, blooming trees arch over clear water, and flowering vines climb high into trees. Join us for a relaxing pontoon cruise of the Jocassee shoreline to see just how many different flowering species we can find! Distance from Furman: 40 miles. Event fee: $40. Parking Fee: $5 adult/$3.25 senior.  Limit 40

Register online at furman.edu/olli
BTE1472  Behind the Scenes of Chautauqua  
May 10, 10-11:30 a.m., HC004

Have you ever questioned: How is the annual Chautauqua theme decided upon? How are the characters chosen? How does a Chautauqua presenter prepare for their characterization? What are the behind the scene stories? Caroline McIntyre has been a part of everything Chautauqua from the beginning in Greenville. Listen to her share Chautauqua stories and secrets. Limit 40

BTE1473  Tour of Blue Ridge Creamery  
May 10, 10-11:30 a.m.

Participants will learn the history of cheese making and the difference between the major categories which comprise over 3,000 individual cheeses. Attendees will then receive a tour of Blue Ridge Creamery's production facilities for a behind-the-scenes tour of the cheese making process. Following the tour, owner Christian Hansen will provide a tasting of some of his personal favorite cheeses. Cheese products will be available for purchase after the program. Distance from Furman: five miles. Limit 30

BTE1475  Taking Care of Our Vets  
May 10, 1-3 p.m., HC004

Colonel Mike Stahl will shed light and bring a level of understanding to the complicated topics of veterans' benefits. From who is eligible to how to apply and what to do if you are denied, Colonel Stahl has experience helping veterans navigate these often difficult waters. He will discuss topics such as Health Care benefits, Disability Compensation, Life Insurance Benefits, Burial and Survivor Benefits. Limit 40

BTE1477  Music Therapy: When Has Music Made You Feel Better?  
May 17, 10 a.m.-noon, HC004

Music can improve your mood, calm your mind and body, stimulate memory, alleviate pain and much more. Music has been used in healing for centuries. The profession of music therapy was established in 1950 and has grown steadily in the US and internationally. It is a research-based profession and there are many uses for it in healthcare. Research highlights on music therapy and aging will be presented, and you may discover new ways to use music in retirement. This course is taught by Board Certified Music Therapist, Linda Mattern. Limit 30

BTE1478  Terrarium Making and Clay Creatures  
May 17, 10 a.m.-noon, HC005

Come join Kristin LaRoy, owner of Travelers Rest Makers Company, and create magical mini-landscapes and craft some tiny inhabitants to live in them! We will work on clay hand building techniques to create little animals, birds and more. Your terrarium will be layered with live matter, found objects and finished off with our clay creations. Materials fee: $10 (due at event). Limit 15

BTE1476  Say the Magic Word and Win a Hundred Bucks  
May 17, 10:45 a.m.-12:45 p.m., HC111

Julian Henry Marx had an entertainment career that spanned seven decades. Nicknamed “Groucho” in 1915, he and his brothers Adolph, Leonard, Milton, and Herbert (Harpo, Chico, Gummo, and Zeppo) made generations laugh. Groucho’s quick wit carried him through vaudeville, the movies, television, and into history. Most of us have seen his best comedy films and remember “You Bet Your Life” from television, so join us for a look at his entire career. Extra points if you can dance to “Hooray for Captain Spaulding.” Jim Nicholson, who previously worked in finance in New York and London, will teach the class. Limit 40

BTE1479  “The Dinner Party”  
May 17, 1-3 p.m., HC110

Join retired Wall Street executive, Bob Dwyer, as he relates a fascinating tale of compromise and patriotism from the early days of our nation (the “room where it happened”). It is the story of an evening in June of 1790 in which Thomas Jefferson hosted James Madison and Alexander Hamilton at a private dinner in his New York City home on Maiden Lane. The results of that fateful meeting had the most profound and far reaching effects on the stability and growth of the nascent American republic and placed it on the road to becoming one of the great nations in history. This is a reprise of Bob’s September 2018 lecture. It will also feature selections from the score of Hamilton. Limit 140
Special Interest Groups

A Special Interest Group (SIG) is a group of OLLI members whose focus is a certain area of interest and social interaction. The following SIGs are already in place, and new SIGs are encouraged to form at any time. You do not need to register for SIGs, and there is no fee; however, you must be an OLLI member to participate. For more information about each group, get in touch with the contact person listed. Information about starting a new SIG is available in the OLLI Office and on the OLLI website.

Questions? Contact Heidi Wright at heidi.wright@furman.edu or 864-294-2997.

Big Questions
The BIG QUESTIONS SIG is for anyone with an interest in talking, listening, and thinking carefully about fundamental issues. We have pondered questions like: What is the meaning of life (and how do we recognize it)? Which is more fundamental, the individual or the community? Is reason co-extensive with science? The group as a whole decides what to discuss. Genuine interest in ideas is the only requirement of membership. We meet weekly. Contact: Kevin McMurtrey at kevinmcmurtrey@gmail.com.

Bocce
The Bocce SIG offers OLLI members an opportunity to enjoy the game in a non-competitive atmosphere on the Furman grounds near the Herring Center. We play weekly during each term at time agreed upon by SIG members. Contact: Stan Klotz at seklotz@hotmail.com.

Bridge
The Bridge SIG is for players with some experience. They meet weekly in Manly Lobby at the Herring Center. More groups may form if there is enough interest. Contact Tanis Bryan at tanishbryan@hotmail.com.

Bowling
The Bowling SIG meets every Monday of each OLLI term from 12:45-3:15 p.m. at AMF Star Lanes (740 Pleasantburg Dr.). New teams will be formed each term. The cost is approximately $10. All levels welcome! Contact Mike Halloran at mikehallo2u@gmail.com.

Chess
This SIG is for all OLLI members who are interested in playing chess. Beginners and experienced players are welcome. Contact Jan Blasenak at blaz49@aol.com.

Classic Cars
This SIG offers classic car enthusiasts a way to share information, resources and the enjoyment of classic automobiles. Activities include day trips and visits to collectors and restorers. Contact Wayne Halli at whalli@bellsouth.net or Scott McCombe at notanmg@gmail.com.

Community Volunteering
The purpose of this SIG is to provide interested OLLI members with information regarding opportunities for meaningful engagement with the greater Greenville community. We will provide you with detailed information about volunteer opportunities, assist you in exploring options based on your skills, interests, and experience and connect you with an OLLI member who volunteers with the agency of your choice. All are welcome at meetings – no need for an ongoing commitment. Watch for posters on the bulletin board and OLLI Notes for dates and times of upcoming meetings. Contact Tom Nowlin at thomasonnowlin@gmail.com.

Cycling
Join the Cycling SIG and ride biking trails (including the Swamp Rabbit). Contact Janet Aguilar at janetag1944@gmail.com.

Cribbage
Join the Cribbage SIG for a few hours of cribbage twice a month. The only requirement that you know how to play. All levels welcome! Contact Janet Aguilar at janetag1944@gmail.com.

DAP Learning Circle
The DAP Learning Circle SIG is open to all DAP GRADS who wish to deepen their understanding and practice of Dynamic Aging concepts. Facilitated weekly discussions will follow the format of “Learning Circle/Elder Wisdom Circle Models.” Meeting times are determined each term based on availability of SIG members. Contact Audrey Pasin at audrey.pasin@gmail.com.

DAP Learning Circle
This SIG is for guitar players who wish to swap licks and share songs and is open to any OLLI member with basic guitar skills. Meeting times and location are determined by SIG members each term. Contact Don Koza at don.koza@charter.net.

Hand Quilting
You like to have more fun in your life while making new friends and improving your mental agility, communication skills, spontaneity and ability to focus? The purpose of the IMPROVing with Age SIG is to use improvisational games to develop all of the above and have fun in a nonjudgmental, mutually supportive environment. No performance experience of any kind is necessary and there are no spectators! Contact Diana Miel at Diana.miel6@gmail.com.

Jam on Pickers Guitar
This SIG is for guitar players who wish to swap licks and share songs and is open to any OLLI member with basic guitar skills. Meeting times and location are determined by SIG members each term. Contact Don Koza at don.koza@charter.net.

Knitted Knockers
The Knitted Knockers SIG helps women who have had mastectomies. We knit (and crochet) “Knitted Knockers,” which are soft, lightweight breast prosthetics provided free of charge to women either to use pre-reconstruction, or as a

Gluten Free
The Gluten Free SIG is for anyone interested in sharing gluten free recipes and information on gluten free products available locally and online, as well as information on local restaurants/businesses that offer gluten free options to their customers. Contact Diane Bagwell at dewb51@hotmail.com.

Handchimes
This SIG is for those interested in playing music with handchimes. It is a group effort to produce beautiful music and have fun at the same time. The most important skill is to be diligent and ring at the right time so as not to overpower your neighbor’s note that is being rung at the “actual” right time! This is for ringers with some experience and the ability to read music is helpful. Contact Shelden Timmerman at shseldentimmerman@gmail.com or Sharon Howell at jasminrc@icloud.com.

IMPROVing with Age
This SIG is for those interested in hand quilting projects or any hand-work you are involved in. It will be an informal gathering of past students of Simonne Lindemann or anyone interested. Contact Donna Rasheed at erasheed@aol.com or Judith Woodward at jwood7@mindspring.com.

Questions? Contact Heidi Wright at heidi.wright@furman.edu or 864-294-2997.
more comfortable alternative to silicone prosthetics. All OLLI member knitters are welcome! Contact Catherine Sanchez at cathysanchez2005@yahoo.com or Sally Bornmueller at sally.bornmueller@gmail.com.

**Mah Jongg**
The Mah Jongg SIG is for experienced players who would like to get together weekly to play Mah Jongg. They also welcome those who have recently taken a Mah Jongg class or who are trying to brush up on some "rusty" skills. They currently meet at 1:30 on Wednesdays in Manly Lobby at the Herring Center. Contact Cathy Dwyer at cathd65@aol.com.

**Movie**
If you enjoy watching and discussing movies, this SIG is for you. Like a book club where you read the book before the discussion, the selected movie is to be viewed on your own time (through Netflix, Amazon Prime, etc.). When we get together, interesting items will be shared about the movie (awards earned, trivia, bloopers, etc.) with a discussion about the movie to follow. Due to space limitations, each meeting is limited to 20 people, so sign up early to get your spot! Contact Debbie Ahlers at debbie.ahlers@gmail.com or Sarah Jerome at sarahjerome2000@gmail.com.

**OLLI Recorder Consort**
Do you play recorder? It’s proven that music is good for the brain! The SIG began after “Recorders for Rookies” was taught in 2008/2009. The group meets weekly at the Herring Center on Thursdays afternoons to enjoy ensemble playing and advance their skills. Contact Sharon Howell at jasminrc@icloud.com or Judy Brooks at Reid.Becker@gmail.com.

**Open Meditation**
This SIG is for fellow OLLI members who have taken a meditation class and would like to get together and practice their meditation. We are offering an informal session once a week where one can sit and meditate. Contact Ruth Pollow at jgsarvis@gmail.com.

**Painless Penniless Poker**
The Painless Penniless Poker SIG is for players with some experience, but all levels are welcome. “Penniless” means we are not playing for money – only your pride is on the line! We play a variety of poker games each week. Contact Dave Knox at ollidave@gmail.com or Dawn Boulos at dawnmlb.shopper@gmail.com.

**Pickleball**
The Pickleball SIG is for those who have already had an introduction to and know the basics of how to play this hybrid of badminton, tennis and ping-pong. If you know how to play, you know why it’s a hit with seniors all over the country. Indoor and/or outdoor court time is scheduled multiple times weekly on the Furman campus. Contact Marilyn Barnett at marilyn@barnett.com.

**Photography**
The Photography SIG is for photographers interested in day trips to photograph nature, landscapes, historical sites, and other interesting venues. Most shooting trips will start at the Herring Center parking lot. The group sets its calendar as events arise. Contact Jeff Sarvis at jgsarvis@gmail.com.

**Quantum Consciousness**
This SIG is for discussing, creating experiences and being in Quantum Consciousness to create daily positive reality and transformation within a community of interested individuals, the MeaningSighttm process that focuses on Quantum Consciousness. It is designed to function as a community for those who have gone through one or both courses of Quantum Consciousness, or familiar with this focus, who want to apply its power to create well-being, wellness, purpose, meaning and thriving for individual members and their communities. Contact Dianne Greyerbiehl at meaningsightFU@gmail.com.

**Space Exploration**
This SIG provides a collaborative effort to stay informed about and discuss space exploration. Each meeting will include information and discussion of the technology and findings of present and future human and robotic missions. This group meets on the second Friday of each month from 1-3 p.m. Contact Bill Bradshaw at wcbbrads@aristotle.net.

**Spanish**
All levels of Spanish skill are welcome to join the Spanish Conversation SIG. The group meets weekly to practice conversing. In order to keep the conversation flowing, members are encouraged to bring news to share with the group such as details of a class they are taking, a picture about which they would like to expand, or a current topic in the news they would like to discuss. Contact Merikay Pirrone at merikay58@gmail.com.

**Spin Your Own Yarn**
All spinning enthusiasts are invited to join the OLLI Spin Your Own Yarn SIG. Spend a few hours of spinning and enjoy conversation with other spinners and polish up on your yarn making skills. Bring your own spindles or spinning wheels and fiber supply and a bag lunch if desired. Contact Ruth Wolfe at rwolfe116@gmail.com.

**STEAM Tech Teams**
The primary goal of this SIG is to promote STEAM (Science, Technology, Engineering, Art and Math) programs in local schools through 3D design and printing, fabricating simple prosthetic hands for children; exploring basic electronics; making and flying quadcopter drones; and exploring biomolecules and neuroscience. To learn more, see our website at STEAMTechTeams.com. All are welcome. You do not have to be technically oriented to participate in this extraordinary project. Training is available! Contact Reid Becker at Reid.Becker@gmail.com.

**Swamp Rabbit Knitters**
Bring your knitting or other handwork and join this SIG for knitting and conversation. The group decides meeting times and locations each term. Contact Gail Kirby at cozybags@yahoo.com.

**Travel**
Join fellow travel enthusiasts to socialize and share experiences about travel in the US and the world. Our focus is on casual communication and networking to help each other make good travel plans. The SIG meets at least once a term, sometimes to hear a guest speaker and sometimes just to share each other’s company and travel experiences. Contact Sarah Jerome at sarahjerome2000@gmail.com or Pat Mitcham at patriciamitcham174@gmail.com.
Travel with OLLI

Old Ninety Six and the Siege of Star Fort

Friday, March 29

The southern portion of the old Ninety Six Judicial District was site of momentous events in the history of South Carolina and the nation. It was a land of long canes and bison and meandering streams and diverse groups, from Cherokee to French Huguenots to Scots-Irish to Palatine Germans, to Free Persons of Color, and to those held in slavery. It was also a home to both Loyalists and Patriots and split families and communities and disharmony. It was a place, too, of strategic importance during the American Revolution, culminating in the Siege of Ninety Six (Star Fort) from late May to mid-June 1781 and the eventual withdrawal of the British from backcountry South Carolina.

We will travel to Ninety Six National Historic Site to learn of General Nathanael Greene’s nearly month long siege of Star Fort and dramatic Revolutionary War events before and after. Along the way we will stop at a historic cemetery and learn of the Ulster Scots influence on the American Revolution. The battlefield walk at Ninety Six National Historic Site is about one mile, round trip.

$55 includes transportation, lunch and tour fees.
Limit: 11

Carolina’s Lost Communities: New Bordeaux and Willington, South Carolina

Friday, April 26

Today’s Willington, South Carolina is a small McCormick County community south of Abbeville, but it was once home for a large Scots-Irish community and a fledgling French Huguenot settlement named New Bordeaux. The area saw the rise of a famous classical academy, of wine-making, of silkworm culture, antebellum plantations and cotton-growing, and slave-holding and the irony of community for some but not for all.

Our trip takes us to the Willington Book Shop (used books) and History Center and to the African American Cultural Center to learn of this historic area.

Architectural Masterworks of Frank Lloyd Wright
An Exclusive Learning Adventure for OLLI @ Furman with Road Scholar

Sunday, May 26 – Saturday, June 1, 2019

We are delighted to offer exclusively to OLLI@Furman members the Road Scholar Architectural Masterworks of Frank Lloyd Wright. Celebrate the work of legendary architect Frank Lloyd Wright as you visit some of his greatest works in the Midwest. Through discussions and field trips with Wright experts, learn how his work continues to impact modern architecture. Discover Wright-influenced contemporary architecture on city explorations of Madison, Racine, Milwaukee, Oak Park and Chicago with local experts. Trip Rates: $2,329 double occupancy, $2,889 single occupancy. Space is limited. Brochures available in the office or view the brochure online. To register call Road Scholar at 800.322.5315 and reference Program #22976, Architectural Masterworks of Frank Lloyd Wright, from May 26-June 1, 2019 and note that you’re an OLLI member at Furman University. Questions? Contact Heidi Wright.

Sign up for the day trips beginning at 8:30 a.m. on Thursday, March 7 with your payment in the OLLI office (first come, first served).
# OLLI Spring 2019 Course Registration

Please sign release form on back of this registration form. Unsigned, incomplete, or illegible forms will be returned without being processed.

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<td><strong>ONLINE</strong></td>
<td>Go to furman.edu/olli and click on the Registration link.</td>
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<td><strong>IN PERSON</strong></td>
<td>At the OLLI Office located in the Herring Center for Continuing Education.</td>
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<tr>
<td><strong>BY MAIL</strong></td>
<td>OLLI @ Furman University 3300 Poinsett Highway Greenville, SC 29613-1511</td>
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> Are you a brand new member? [ ] Renewal  
[ ] I need an OLLI name tag (only if you are a new member or misplaced yours).

Name ____________________________  
Preferred name ____________________________  
Address ____________________________  
City ___________________ State _________ ZIP _________  
Email ____________________________  
Home phone ____________________________ Cell ____________________________

**Emergency Contact**  
Name ____________________________ Contact phone ____________________________  

Each term we publish a directory so members can contact each other. If you **DO NOT** want your contact information listed, please check here. [ ]  
Throughout the term, photographs will be taken by staff and other members for use in our video scrapbook, publicity materials or bulletin board displays. If you **DO NOT** want your picture used, please check here. [ ]

## Course Information

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<th>Course #</th>
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## Bonus Trips and Events

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Events do not count against the course packages. If unable to attend, you must cancel the Monday before the event or be charged a $25 fee. **Please limit your requests to two bonus events maximum.** After registration we will offer spots in unfilled bonus events to all members.

## Course Packages (can be used throughout academic year)

| 6 classes $240 | 9 classes $315  |
| 15 classes $375 | $55 per course fee |

Total course fees $ ________  
[ ] Membership $50 per academic year 9/18–5/19) $ ________  
TOTAL AMOUNT PAYABLE $ ________

Please return this form with your check (made payable to Furman University) to:  
OLLI @ Furman University 3300 Poinsett Highway Greenville, South Carolina 29613-1511  
Register online at furman.edu/olli.
Furman University Acknowledgment and Release Form

I, the undersigned, acknowledge that I am at least 18 years of age and voluntarily participating in potentially physically challenging programs offered by Osher Lifelong Learning Institute at Furman (the “Activities”), which are being sponsored by Furman University. The Activities may involve travel to and from various locations and include outdoor and sporting activities, including, but not limited to biking, hiking, backpacking, swimming, tennis, golf, and aerobics. The Activities will begin on March 25, 2019 and end no later than May 17, 2019.

ASSUMPTION OF RISK AND RELEASE OF LIABILITY.

In consideration of being permitted to participate in the Activities,

_____ (initial here) I acknowledge that I am aware of the possible risks, dangers, and hazards associated with my participation in the Activities, including the possible risk of severe or fatal injury to myself or others. In return for Furman University allowing me to voluntarily participate in the Activities, I agree to assume and accept all risks arising out of, associated with, or related to my participating in the Activities and to be solely responsible for any injury, loss, or damage which I might sustain while participating in the Activities. These risks include, but are not limited to:

• Travel to and from location(s) visited during the Activities, sometimes in a vehicle driven by someone other than myself;
• Broken bones, sprains, strains, heat-related injuries, allergic reactions, paralysis and even death;
• Forces of nature, including rain, water levels, snow, and cold;
• Dangerous terrain including slippery rocks, wet trails, or creeks;
• Exposure to wildlife and poisonous plants which may carry harmful diseases, or be otherwise destructive;
• Lack of immediate medical assistance since some activities occur in remote areas, often in areas of poor communication, and rescues take time.

To the maximum extent permitted by the law,

_____ (initial here) I release and indemnify Furman University and its officers, directors, employees, volunteers, and representatives, from and against any present or future claim, loss, or liability for injury to person or property which I may suffer, or for which I may be liable to any other person, during my participation in the Activities.

_____ (initial here) I understand that participation in the Activities requires a minimum level of fitness for safe participation. I represent and warrant that there are no physical or other health related reasons that would render my participation in the Activities dangerous or otherwise harmful to the health and well being of others or to myself. I will inform the trip leader of any limitation that I feel may affect my ability to participate and make them aware of any medications that may be required to be administered during a trip to include, but not limited to, an epinephrine injection for bee stings or insulin for diabetic conditions.

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I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I VOLUNTARIALLY AGREE TO BIND MYSELF, MY HEIRS, EXECUTORS AND REPRESENTATIVES IN THE EVENT OF MY DEATH OR INCAPACITY.

________________________________________  _________________
Participant’s Signature                              Today’s Date
Please sign release form on back of this registration form. Unsigned, incomplete, or illegible forms will be returned without being processed.

### ONLINE
Go to furman.edu/olli and click on the Registration link.

### IN PERSON
At the OLLI Office located in the Herring Center for Continuing Education.

### BY MAIL
OLLI @ Furman University
3300 Poinsett Highway
Greenville, SC 29613-1511

☐ Are you a brand new member? ☐ Renewal
☐ I need an OLLI name tag (only if you are a new member or misplaced yours).

Name__________________________
Preferred name____________________
Address__________________________
City_____________________________State_________ZIP_________
Email____________________________
Home phone____________________Cell_____________________

**Emergency Contact**
Name____________________Contact phone____________________

Each term we publish a directory so members can contact each other. If you DO NOT want your contact information listed, please check here. ☐

Throughout the term, photographs will be taken by staff and other members for use in our video scrapbook, publicity materials or bulletin board displays. If you DO NOT want your picture used, please check here. ☐

Our goal is to have 100% of our members volunteer within the OLLI organization. Please check those activities that you would like to know more about and we will have a member contact you. (Please do not check areas where you are already involved.)

☐ Editing/Proofreading  ☐ Instructor
☐ Hospitality/Greeters  ☐ Coffee Brigade
☐ Office Assistant

**Committees**
☐ Membership  ☐ Social
☐ Volunteer  ☐ Curriculum  ☐ Finance
☐ Instructor Support

To better serve and understand our members and their talents, please specify your professional background.

________________________________________________________________________

Hobbies

### Course Information

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Name</th>
<th>Day</th>
<th>Time</th>
<th>Serve as class liaison?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
<td></td>
<td>Yes or No</td>
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<tr>
<td>2.</td>
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<td>Yes or No</td>
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<tr>
<td>3.</td>
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<td>4.</td>
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<td>Yes or No</td>
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<tr>
<td>5.</td>
<td></td>
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<td>Yes or No</td>
</tr>
</tbody>
</table>

**Bonus Trips and Events**

<table>
<thead>
<tr>
<th>Event #</th>
<th>Event Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
</tr>
</tbody>
</table>

Events do not count against the course packages. If unable to attend, you must cancel the Monday before the event or be charged a $25 fee. **Please limit your requests to two bonus events maximum.** After registration we will offer spots in unfilled bonus events to all members.

### Payment

**Course Packages** *(can be used throughout academic year)*

☐ 6 classes $240
☐ 15 classes $375
☐ 9 classes $315
☐ $55 per course fee

Total course fees $________
☐ Membership $50 per academic year 9/18–5/19) $________

TOTAL AMOUNT PAYABLE $________

Please return this form with your check (made payable to Furman University) to:

OLLI @ Furman University
3300 Poinsett Highway
Greenville, South Carolina 29613-1511

Register online at furman.edu/olli.
Furman University Acknowledgment and Release Form

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Participant’s Signature       Today’s Date
Frequently Asked Questions

Where is the office located? The OLLI Office is located in the Herring Center for Continuing Education on the main level. If you enter the building at the front entrance, you will be in Manly Lobby, and our offices will be on your left past the Marvin Book Nook.

What is the wait list policy? If you sign up for a class that is full, you will be automatically put on a waiting list. We are limited by classroom sizes, time available to us, instructor comfort levels, and safety. If a class has a long waiting list, the Curriculum Committee works to secure the course for future terms. Please be patient if you are put on a waiting list; many times, we are able to open/move a class to handle the demand.

Are there any class rules? Out of consideration of other OLLI members, please arrive on time or wait to enter your classroom during the break. If you need to leave a class early, please leave at the break time. We also ask that members refrain from heavy perfume/after shave in respect to those with allergy issues. So that others may enjoy the topic, we request that members not repeat courses.

Do you have scholarships available? Yes. If you need financial assistance, please contact Nancy Kennedy at 864.294.2979.

How do I use the Hearing Loop? Members can check out headphone sets from the OLLI Office prior to their classes held in HC004, HC110 and HC111. These headphone sets will assist those without hearing aids.

Why do you not accept credit cards via mail or in the office? For Furman’s and your security, we request that when paying for courses in the office or by mail that members use check or cash.

How do course packages work? Members can buy a 6, 9, or 15 course package to be used during the academic year (Fall, Winter and Spring terms). Package holders can register the first day of registration each term. Package holders can upgrade to a larger package (or non-package holders to a package) during Winter registration if necessary but not during Spring registration. A package cannot be shared between a couple.

What do the Photography classes proficiency levels mean? The proficiency levels are to help prospective students match a photography class to their technical ability. Level 1 is for novices/beginners with limited experience. Level 2 is for hobbyists/aspiring photographers who are familiar with the principles of photography, camera operations and basic post processing. Level 3 is for advanced photographers with high competence with the principles of photography, camera operations and post processing.

Refund Policy
Term fees are refundable through the end of the second week of classes. After the end of the second week, no refunds will be given. An administrative charge of $10 will apply to any dropped courses unless you switch to another course at the same time. If an entire membership and/or all classes are dropped, there will be a $25 administrative charge. Note: For all cooking classes, term fees are refundable through the end of the first week only.

Annual Membership Benefits
• Enjoy meals in the Furman dining hall (Monday–Friday only) for just $6 with your OLLI nametag during months OLLI is in session.
• Members receive discounts for events on campus, PAC memberships, and at the Furman Golf Course with your OLLI nametag.
• Members have access to the Furman University Duke Library and OLLI’s Marvin Book Nook (located in the Herring Center) year round.
• Members may take advantage of outings, trips, and social events coordinated by the Social and Travel Committees.
• OLLI members receive weekly OLLI Notes and the quarterly newsletter, OLLILife, which keep you updated on OLLI, Furman, and Greenville-area events.
• Members may use the computer lab when available.
• Members receive early notice of course brochures.
• Members can attend the Straight Talk summer lecture series at a reduced rate.
**Legend**
A. Chapel Parking Lot
B. Daniel Chapel
C. Daniel Dining Hall
D. Trone Student Center
E. Younts Conference Center
F. Parking Lot for hiking groups (HPL)
G. Herring Center for Continuing Education
H. Daniel Music Building
I. Physical Activities Center (PAC)
J. Road to North Village, J Building & Tennis Courts
K. Road to The Woodlands
L. Timmons Arena
M. Townes Center/ Rinker Hall/Plyler Hall
N. Duke Library
O. Riley Hall
P. Parking
Q. Police Department (Estridge Commons)

**Directions to Herring Center**
Traveling north on Poinsett Hwy toward Furman University, you come to a stoplight with a Publix on your left. Take the next exit, which has a Timmons Arena & Paladin Stadium sign, to the RIGHT. TURN LEFT off exit onto Old Buncombe Rd. (follow signs to Timmons Arena and Paladin Stadium). TURN RIGHT at traffic light onto Duncan Chapel Road. Travel approximately ¾ mile. TURN RIGHT into first Furman University gate. The Herring Center will be the first building on the left.

Please note that classroom assignments are subject to change. Participants will be notified of change via email or phone call.