All OLLI members are cordially invited to the

**Back to OLLI Winter Reception**

Thursday, Jan. 10 | 3-4:30 p.m.
Furman University, Herring Center
New Member Orientation, 2:30 p.m.

**Register Online!**
Registration begins at 8 a.m.
Nov. 13 for course package holders
Nov. 15 for single-course purchases
furman.edu/olli
Registration form pp. 37-38
Welcome to Winter Term at the Osher Lifelong Learning Institute at Furman University.

I hope you’ll enjoy looking through this brochure and finding a class that interests you. There are many to choose from, in a variety of topics. Add in a couple of Friday Bonus Events, try a Special Interest Group, think about our travel opportunities, and soon you’ll be looking forward to the cold days of January and February. There are so many ways to learn new things at OLLI … there is truly something for everyone.

However, OLLI @ Furman is about so much more than classes. It’s also about community. Whether you are new to the area or have lived here all of your life, you will find that OLLI is a great way to meet new people. Seeing friendships form in a class, over a shared interest or cup of coffee, or at one of our fun social events is one of my favorite things about serving as OLLI Director.

Throughout 2018, we celebrated 25 years of learning in retirement here at Furman. But, we are not resting on our laurels. As we look to 2019 and the next 25 years, our volunteers will continue to offer new courses and find more ways to make OLLI @ Furman a wonderful experience. If you have ideas you’d like to share, I’d love to hear them.

See you soon!

Nancy Kennedy
Director
Important Dates for 2018-2019

November 9............Last day of Fall Term classes
November 13...........Winter Term registration for course package owners
November 15...........Winter Term registration for single course purchasers
November 29...........25th Anniversary Celebration (6 p.m.)
January 10............Back to Class Reception
January 14............First day of Winter Term classes
January 21............No class—MLK Jr. holiday
February 26...........Spring Term registration for course package owners
February 28...........Spring Term registration for single course purchasers
March 11..............Last day of Winter Term classes
March 21..............Back to Class Reception
March 25..............First day of Spring Term classes
April 19..............No class—Good Friday
May 17.................Last day of Spring Term classes
May 21.................OLLI Celebration Luncheon

Best Way to Register

1. ONLINE: Go to furman.edu/olli and click on the Registration link. (If you are new to OLLI, create a new account.) Your user name may be your firstname.lastname or one you created. Type in your user name and password to access your account. Click on Forgot Password to create a new one and access your account. (credit card only)

2. IN PERSON: On registration day, go to the OLLI Office on the Furman campus, 3300 Poinsett Highway, Greenville. The OLLI office is located in the Herring Center for Continuing Education. You will be registered immediately (cash or check only).

3. BY MAIL: Send your completed registration with payment (check made out to Furman University) to OLLI @ Furman, 3300 Poinsett Highway, Greenville, SC 29613. (check only)

Forms that are mailed in or dropped off will be processed after all walk-in customers are assisted.

Membership Fees

To participate in any OLLI course, trip or event, you must first join OLLI @ Furman for the academic year. The cost of $50 covers copies, coffee, computer lab, lifeguard, bonus trips, seminars, software and other incidental fees incurred by the program during the year. There is a $10 fee for a Furman parking sticker. Once you have joined, you then have a choice of purchasing individual courses or a package of courses at a lower per-course cost that can be used over the three terms of the academic year (Sept.-May).

Individual courses ...........$55
6 courses annually .......$240
9 courses annually .......$315
15 courses annually ......$375
Courses at a glance Winter 2019

Arts, Culture and Music
ACM103 Mahler (M, 10:45 a.m.)
ACM105 Alfred Hitchcock I (W, 1:30 p.m.)
ACM106 Charismatic Leaders (W, 10:45 a.m.)
ACM107 Sacred in Music (M, 10:45 a.m.)
ACM115 Baroque Music (T, 10:45 a.m.)
ACM116 Pen and Ink II (Th, 9 a.m.)
ACM119 Abstract and Realistic Portraits (F, 9 a.m.)
ACM120 Let’s Read and Talk (T, 9 a.m.)
ACM121 Class About Nothing (T, 9 a.m.)
ACM127 Native American Flute (Th, 3:15 p.m.)
ACM130 Winter Nights are Made for Writing (Th, 10:45 a.m.)
ACM131 Classics of World Literature (W, 9 a.m.)
ACM140 Oil Painting (M, 1:30 p.m.)
ACM160 Beginning Watercolors (M, 1:30 p.m.)
ACM163 Billboard’s #1 Hits (M, 1:30 p.m.)
ACM168 Pen and Ink I (M, 10:45 a.m.)
ACM189 Snapshots from the Heart (M, 10:45 a.m.)
ACM195 Guitar II (T, 9 a.m.)
ACM198 American Essays of the 20th Century (Th, 9 a.m.)

Computers and Technology
CPT330 iPhone (W, 9 a.m.)
CPT347 Online Skills Using Google (M, 1:30 p.m.)
CPT363 Intro to iPads (M, 10:45 a.m.)
CPT373 Inter. iPads (M, 1:30 p.m.)
CPT385 Social Media (M, 9 a.m.)

Current Events and Business
CEB1706 Foundations of Investing (W, 1:30 p.m.)
CEB1707 Assault on Modernism (T, 9 a.m.)
CEB1708 Economics (M, 3:15 p.m.)
CEB1710 The New Normal (W, 3:15 p.m.)
CEB1711 Great Decisions 2019 (Th, 10:45 a.m.)

Health, Fitness and Exercise
HFE501 Monday’s Hiking (M, 9 a.m.)
HFE502 Martin’s Hiking (Th, 9 a.m.)
HFE503 The Rock Stars (F, 9 a.m.)
HFE505 Dave’s Hiking Plus (T, 9 a.m.)
HFE513 High Country Hikers (M, 9 a.m.)
HFE515 Aquasize (T & Th, 9 a.m.)
HFE517 ‘T’ai Chi (M, 10:45 a.m.)
HFE535 Aqua Fitness (M, 9 a.m.)
HFE562 Yoga for The Optimal You (M, 1:30 p.m.)
HFE576 Bowling (M, 1:30 p.m.)
HFE580 Pickleball I (F, 9 a.m.)
HFE581 Yoga for Chronic Pain (M, 3:15 p.m.)
HFE586 Biohacking for Healthy Aging (F, 10:45 a.m.)
HFE587 Core Performance (M, 9 a.m.)
HFE588 Zumba Gold (Th, 1:30 p.m.)
HFE589 Let’s Get Fit! (T, 9 a.m.)
HFE592 Urban and Wilderness Survival (M, 9 a.m.)
HFE599 Beginning Fencing (T, 1:30 p.m.)

History and Politics
HIS602 SNAFU (T, 10:45 a.m.)
HIS605 Discovery of America and Early Exploration (Th, 9 a.m.)
HIS608 Creating The American Republic (Th, 10:45 a.m.)
HIS613 Japanese History II (T, 9 a.m.)
HIS621 Thomas Sowell Continued (Th, 10:45 a.m.)
HIS624 Paris Life (Th, 1:30 p.m.)
HIS625 Revealing Yellowstone (Th, 1:30 p.m.)
HIS631 The Dark Corner (F, 10:45 a.m.)
HIS661 Roosevelt Women (T, 1:30 p.m.)
HIS684 From Monarchy to Democracy (M, 9 a.m.)
HIS685 Interesting Characters (W, 1:30 p.m.)

Languages
LAN711 Intro to Latin II (W, 3:15 p.m.)
LAN723 Cont. Latin II (W, 9 a.m.)
LAN746 Caesar’s Gallic War (W, 1:30 p.m.)
LAN748 Adv. Latin (W, 10:45 a.m.)
LAN758 Beginning French (M, 1:30 p.m.)

Photography
PHO1606 Look Around You (W, 1:30 p.m.)
PHO1612 Art and Photography (Th, 9 a.m.)
PHO1627 Lightroom/Photoshop (W, 10:45 a.m.)
PHO1636 DSLR Basics (W, 10:45 a.m.)

Practical Arts and Hobbies
PAH800 Woodcarving 101 (W, 9 a.m.)
PAH804 Turkish Cooking Class (T, 10:45 a.m.)
PAH807 Intro to Card Making (T, 10:45 a.m.)
PAH808 The Knitting Hour (T, 10:45 a.m.)
PAH811 Knitting: The Next Steps (M, 9 a.m.)
PAH813 Crochet 101 (T, 1:30 p.m.)
PAH820 Beginning Poker (Th, 9 a.m.)
PAH823 Crochet 201 (W, 9 a.m.)
PAH832 Learn to Play Cribbage (T, 10:45 a.m.)
PAH833 Beginning American Mah Jongg (M, 9 a.m.)
PAH834 Woodcarving 201 (W, 1 p.m.)
PAH838 Quilting by Hand (W, 1 p.m.)
PAH840 Calligraphy for Beginners (Th, 10:45 a.m.)
PAH845 Soup’s On (T, 1:30 p.m.)
PAH858 Quilting with Pre-Cuts (M, 1 p.m.)
PAH863 Who Doesn’t Like Magic? (T, 1:30 p.m.)
Get involved in our community of learners

OLLI @ Furman thrives on member involvement and is led by a volunteer council, elected by the membership under bylaws adopted by the members. We encourage everyone to be a part of the OLLI community by volunteering in some capacity within the program. Full participation can give you a sense of ownership while you have fun meeting new friends.

Administration and Finance Committee decides on the length of terms, membership fees, expenditure of endowment funds, etc. Generally meets once a term.

Class Liaisons act as a bridge between the instructor, students, and the office staff in a class in which they are currently enrolled. Give weekly updates from OLLI Notes and general assistance to instructor.

Curriculum Committee seeks competent instructors to teach a well-balanced variety of classes. Subcommittees are based on interest areas from history to art to hobbies. Usually meets three times a term to plan the courses for the following term.

Instructor Support Committee supports our incredible faculty through mentors, evaluations, and training sessions. Meets a couple of times each term.

OLLILife is produced four times a year and includes articles and information from the membership and committees. Writers, photographers, and editors are always needed!

Instructors are all volunteers with a love of learning and sharing their ideas and life lessons.

Long-Range Planning Committee considers the needs and goals for three, five, and ten years into the future. Meets about once per term.

Office Assistants greet people while getting to know a lot about the program and how it works, from phone calls and registrations to battery replacements and shelving books. Can work around your schedule.

Social Committee plans our fun times together outside the classroom and is made up of a few who coordinate the many members. Hosts events all year long.

Volunteer Committee strives to have 100% of the membership involved in some capacity with helping make OLLI run. Meets a couple of times each term.

For more information, contact Heidi Wright at heidi.wright@furman.edu or 864.294.2997. You can also indicate your interest on your registration form.
Monday

HFE535 Aqua Fitness Plus

Monday, 9-10 a.m., Herman W. Lay Physical Activities Center, Pool

A fun water class designed to challenge your aerobic fitness level and improve your muscle conditioning. Class members do not need to know how to swim but should be comfortable in chest deep water. Women AND men are welcome to work at their own level with the goal of achieving 40-60 percent maximum heart rate. You will learn proper form and utilize different equipment each week. We will take time to BREATHE! (Proper water aerobics shoes are strongly recommended—please refer to class tips emailed after registration.) Course fee: $35.

Stephanie Berry has been a water aerobics enthusiast for over a decade. Certified as a primary and advanced aqua instructor, she is eager to share her knowledge and love of this sport.

PAH833 Beginning American Mah Jongg Demystified

Monday, 9 a.m.-noon, Herring Center, Small Arts/Crafts (HC113)

Join us and learn how to play the American version of Mah Jongg, a Chinese tile game that will help with your memory skills. This is not the tile matching game that you see online. Before we tackle the intricacies and variations of the NMJL card we will review the 152 tiles: Three Suits – Dots, Bams and Craks; the Honors – Winds and Dragons; and the Flowers and Jokers. You will gain proficiency by playing with the instructor and your class members. The 2013 National Mah Jongg League card will be provided. Required book: “The Red Dragon and the West Wind” (ISBN 9780061233944).

Alan Bornmueller, retired architect, has played and taught Mah Jongg for several years. Roi Weyler will assist with this course.

HFE587 Core Performance

Monday, 9-10:30 a.m., Herring Center, Crabtree (HC110)

This fitness class focuses on improving flexibility, balance and core strength. This class is designed to combat the effects of our modern sedentary lifestyles, which often contribute to low back pain and joint stiffness. Standing and mat exercises are selected from yoga, pilates and functional training. Each class will end with a stretching routine designed specifically to reduce back pain and leg cramps. Just bring your yoga mat and a smile to class. Participants should be able to do squats. Resistance bands and dumbbells are provided by OLLI.

Ron Bryson, a retiree, keeps himself active with cycling, swimming and strength training. He has been a personal trainer and holds a yoga teacher certification. Ron has taught core fitness at OLLI since 2013.

HIS684 From Monarchy to Democracy

Monday, 9-10:30 a.m., Herring Center, Piper (HC111)

This course will describe the evolution of democratic institutions in England. The course provides a history of Parliament, the expansion of the franchise, the origin of political parties, the origin of the office of prime minister and the relationship between the prime minister and the monarch. The course will discuss social and economic changes that led to the decline of the landed aristocracy and the rise of the industrial and commercial classes.

Peter Baum, a practicing real estate attorney since 1973, graduated with a B.A. in history from Colgate University and a J.D. from Syracuse University. He has taught continuing education courses for attorneys in real estate and estate law.
HFE513 High Country Hikers  
Monday, 9 a.m.-4:30 p.m., Herring Center, Parking Lot (rt. of Timmons)  
Winter hiking is special in the mountains of the Carolinas. Enjoy stark beauty, see long distances, no problem with bugs, possibly see snow and enjoy the pleasure of hiking in cool weather. We typically hike five to eight miles on moderate to moderately strenuous trails. Please clear this physical activity with your physician. Bring water, your lunch and hiking gear, and wear hiking boots. Meet in the parking lot to the right of Timmons Arena in time to leave by 9 a.m. We carpool and share the cost of gas.  
Steve Davis and Jimmy Vissage enjoy hiking and will lead this course.

PAH811 Knitting: The Next Steps  
Monday, 9-10:30 a.m., Herring Center, Huff (HC105)  
This class will be taking the skills learned in Beginning Knitting and use them to complete a toddler-sized sweater. Skills the class will learn: simple color-work, holding stitches in reserve, knitting sweater components, blocking the project and finishing. When you leave this course you will have a basic understanding of what goes into making and completing a simple sweater and how to add some color to your knitted projects. Everyone who can execute casting on, knit stitch, purl stitch and binding off will find it comfortable to be successful in this project class.  
Krista Jameson has been knitting since 2010 and opened her own yarn store in 2014. She is enrolled in The Knitting Guild of America’s Master Knitter Program.

HFE501 Monday’s Intermediate Hiking  
Monday, 9 a.m.-4:30 p.m., Herring Center, Parking Lot (rt. of Timmons)  
Winter is one of the best times of the year to hike. The leaves are off the trees and there are no insects or snakes to contend with. We will typically hike five to eight miles on moderate to moderately strenuous trails. Wear hiking boots or sturdy shoes and dress in layers appropriate for the weather. Bring plenty of water and lunch. Clear this physical activity with your physician. We normally meet in the parking lot to the right of Timmons Arena in time to leave by 9 a.m. However, depending on driving distance or weather, we may elect to depart sooner or from a different location.  
Bob Roy and Tom Dankovich enjoy the outdoors. They will lead this hike.

CPT385 Social Media for Seniors  
Monday, 9-10:30 a.m., Herring Center, Computer Lab (HC104)  
Social Media … we hear the phrase in the news nearly every day … and sadly it’s gotten a lot of bad press lately. In this class we’ll take a look at a short history of social media, why you might want to use it yourself and security considerations to keep in mind. This will be a hands-on class as we explore Facebook, Twitter, Pinterest, LinkedIn, Instagram and other forms of social media.  
Sally Bornmueller is a retired human resources professional with an emphasis in HR Information Systems. She has taught several OLLI classes and has a passion for translating IT-speak to everyday English. David Sutherland will assist with this course.

HFE592 Urban and Wilderness Survival  
Monday, 9-10:30 a.m., Herring Center, Graham (HC005)  
In our technological world, few of us are able to cope if we lose power, light or water, or if medical help is unavailable. A hurricane or tornado can make an urban setting a wilderness. Learn the basics of wilderness and urban survival: the golden hour, the golden day, the rule of three. Can you create a “BUFF” splint? Do you know what to do if your batteries dim? If water is scarce, do you know how to find it and treat it? Do you know the best way to signal for help? What is a chunk check? How is your basic first aid? Can you start a fire without matches? Are you, like the best Boy Scout, prepared? Find out, and hone your skills for staying alive in a disaster, man-made or natural. The most important survival tool is your brain.

Connie DuPre is a graduate of a NOLS wilderness course, and has been certified four times as a Wilderness First Responder. Previously she led the outdoor education program at Holy Spirit Episcopal School and took students to Big Bend National Park, Enchanted Rock State Park and the Rocky Mountains.

SNM1030 Weather 101  
Monday, 9-10:30 a.m., Herring Center, Campbell (HC004)  
This is a basic overview of the atmospheric dynamics that contribute to the formation of weather systems, as well as discussion of the characteristics of the various weather systems one can encounter. In addition, we will have fun looking at the weather patterns we are actually encountering at the time of the course. No scientific background is required. A weather forecaster you won’t become, but you will be better able to interpret weather reports with a much better understanding of what’s happening around you.  
Sykes DeHart, a retired physician, has had an interest in understanding weather systems from the perspective of both a pilot and a sailor. He has taught this course of the U.S. Power Squadron for the past 20 years, several times at OLLI.
RPH966 Does God Have a Problem?
Monday, 10:45 a.m.-12:15 p.m., Herring Center, Campbell (HC004)
According to some people God has a problem: suffering, or the existence of evil in the world. We’ve asked countless times, Why? If God is so good, why do bad things happen? It’s called the problem of evil. At the end of this course, we will have hopefully come closer to an approach to this problem that satisfies us as individuals. What’s important is that we think about it, even struggle with it. You will be challenged by this subject.
David Gillespie is a published author, a former Presbyterian minister and healthcare chaplain, and a frequent instructor at OLLI, most always on the intersection of religion, philosophy and ethics.

CPT363 Introduction to iPads
Monday, 10:45 a.m.-12:15 p.m., Herring Center, Huff (HC105)
This hands-on course is designed for both new iPad owners and those who have had an iPad but never really learned how to use it. In the first few sessions we learn how to set up the iPad; the basic controls; and get comfortable with the basic operation. In subsequent classes, you will learn how to use the iPad efficiently: customizing the home screen; adding content; taking/managing photos; ensuring security of your information; using FaceTime and Skype; and troubleshooting common device issues. Each week you will learn useful new apps and shortcuts. We will use the current Apple operating system (iOS 12) so students should ensure it is installed on the iPad. A student workbook is provided. Materials fee: $5 (due to instructor at first class).
John Roberts is a retired Navy pilot and Naval War College professor. He developed the iPad program for NWC and taught iPad intro classes.

ACM103 Mahler, The Symphonist I and II
Monday, 10:45 a.m.-12:15 p.m., Herring Center, Vick Seminar (HC102)
In the late 19th century the traditional four-movement symphonic form was losing favor to newer forms of orchestral works. Gustav Mahler reversed this trend with his symphonies. His new approach seemed to embrace everything and be built around philosophical tracts, spiritual musings and musical reflections on the unanswered question of human existence. Together we will sequentially examine Mahler, the man and his symphonies beginning with No 1, “The Titan,” and finishing with No 8, “Symphony of a Thousand.”
Ronald Bryson, a retired engineer, has been teaching courses on classical music and opera at OLLI since 2013. A devout music lover, he endeavors to share his knowledge and enjoyment.

ACM168 Pen and Ink I
Monday, 10:45 a.m.-12:15 p.m., Herring Center, Graham (HC005)
No experience is required! Beginning students will complete three projects. The class will cover strokes, techniques, hints, secrets and tricks. Using the “Cantey DuBose” method, you will be amazed at what you can do even if you have never drawn before. Materials fee: $15 (due to instructor at first class).
Gail Jones will teach this course. She uses the Cantey DuBose method and has lots of ink time. Jeff Lynch will assist with this course.

ACM189 Snapshots from the Heart
Monday, 10:45 a.m.-12:15 p.m., Herring Center, President’s Conference (HC103)
The goal of the class is for each class member to write short “pictures” of special events, unforgettable characters, life-changing epiphanies, poignant moments and ordinary, but precious, happenings from his/her own life. Each student will complete five to 10 of these wee word snapshots which will then be lovingly published at the end of the course in the student’s own Scrapbook of Memories. These scrapbooks will serve as a record of personal experiences from our hearts and lives, and will hopefully bless future generations of our families who may never know us in person, but will be able to hear our voices and know our hearts. Note: Each student will select three to five of his/her “snapshots” to be published in our class literary magazine “Snapshots from the Heart,” which will be available for $10.
Judy Durham is a Furman graduate with a degree in English and a master’s degree in Language Arts K-12. She has been an educator for 45 years, writing coach for 11 years, written six books and is CEO of Eagle Education Enterprises.

HFE517 T’ai Chi for Seniors
Monday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110)
The slow, gentle movements of Qigong and T’ai Chi are easy to learn and suitable for every age and physical condition. They can be practiced standing or sitting and can be adapted to suit the student’s needs. With regular practice, they improve balance, circulation, flexibility and coordination. By balancing and increasing the body’s vital energy, called chi, they promote inner peace and serenity and create a sense of well-being. This course repeats material from T’ai Chi Chih and incorporates new Qigong breathing techniques, self-massage and meditation.
Judith Ziemer has taught Aerobic Fitness since 1981 and Tai Chi and Qigong to seniors since 2000.
Just what is “sacred music?” What makes music sacred? How has sacred music in worship evolved and changed? Experienced professional church musicians from a variety of worship traditions will discuss and share some of the many church music practices. Traditional worship, contemporary/praise music, blended service music, Jewish music and African-American music are some of the topics included. Open to all who are interested.

Bing Vick was conductor of Furman Singers for 40 years and retired in 2010. He has been the artistic director and conductor of the Greenville Chorale since 1980.

The year 1968 was a knife blade that severed the past from the future. This class will review many of the events and issues of one of the most consequential years in our lifetime … a year that shaped a generation and still reverberates to this day.


ACM107 The Sacred in Music
Monday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111)

HIS690 1968: The Year That Changed America
Monday, 1:30-3 p.m., Herring Center, Campbell (HC004)

ACM160 Beginning Watercolors
Monday, 1:30-4:30 p.m., Herring Center, Graham (HC005)

LAN758 Beginning French
Monday, 1:30-3 p.m., Herring Center, Huff (HC105)

CPT337 Intermediate iPads
Monday, 1:30-3 p.m., Herring Center, Small Arts/Crafts (HC113)

CPT347 Enhancing Your Online Skills Using Google
Monday, 1:30-3 p.m., Herring Center, Computer Lab (HC104)

ACM163 Nothing But Billboard’s #1 Hits
Monday, 1:30-3 p.m., Herring Center, Piper (HC111)
to #1 on the Billboard Charts. This class will explore a sampling of only those songs that made it to that lofty #1 spot. We will take a look at the history of the artists and their songs, the Billboard Charts, as well as music videos of those songs. We may also take a peek at what was going on in the world when certain songs made it to #1. A rollicking class that takes us back in time to when music was fun, and our lives were simpler! Note: This is a companion class to Blaine DeSantis, retired attorney, has a lifelong love of music and baseball. He has taught courses at OLLI on both topics since 2017.

PAH858 Quilting with Pre-Cuts
Monday, 1-4 p.m., Herring Center, Vick Seminar (HC102)
Layer cakes, jelly rolls and honey buns!!! All these terms sound good enough to eat and, although not desserts, they are precut fabric designed for a quicker and easier way to design a quilt as well as other small projects. Precut fabric is fabric selected from the same color palette and blended together creating a beautiful quilt. Using this technique is both simple and quicker than traditional quilting methods. In this seven-week class, we will complete a quilt project using a new precut pattern. This is the perfect class for a beginner quilter. For those who have never quilted before I will show you how to border, quilt and bind your project. Knowledge of your own sewing machine is recommended as well as the required materials including a sewing machine, cutting mat, rotary cutter, rulers, etc. For those who have taken the class before, the projects will be new and not repeated.

Some knowledge of sewing is helpful but not necessary. A materials list will be sent two weeks prior to the start of class. Self-taught, Barbara Berger has been using pre-cut fabrics for years and wants to share her love of using this technique in modern day quilting.

HFE562 Yoga for the Optimal You
Monday, 1:30-2:45 p.m., Herring Center, Crabtree (HC110)
Learn how to honor your physical body with this balanced, core strengthening and energizing yoga practice. Yoga is a great activity for you if you have arthritis, diabetes, high blood pressure, high cholesterol or heart disease. Proven to increase strength and cardiovascular health, tone muscles, improve stamina and flexibility and release tightness, you will feel challenged, yet successful. Our yoga practice links the breath with the poses and builds core aliveness as you release resistance and layers of tension. Whether you are a beginner or have a consistent practice, this class gives you a holistic approach for a strong metabolism! Wear comfortable clothing and bring your yoga mat.
Our yoga class includes asanas/poses and pranayama/breath techniques with a theme/intention to awaken and integrate the body-breath-mind experience. We focus on asanas for specific areas of the physical for the body, working with the breath, keeping the mind focused in the present experience. Each week we go through the body fully with sequences enabling self-exploration and self-transformation.

Kristi Ried-Barton is a registered yoga trainer, life coach, nutritionist and director of Its Yoga! Studio. She teaches classes, gives private sessions, provides an in-depth study of yoga/teacher training, conducts retreats and facilitates workshops. A teacher since 1979, Kristi is known for her detailed instruction, inspiration and nurturing compassion.

PAH874 Chess I
Monday, 3:15-4:45 p.m., Herring Center, Small Arts/Crafts (HC113)
This is a beginner chess class for both those who know the moves and want to improve and those who want to learn to play chess. The class will have instruction time and game play time with the help of the instructor. Basic openings, tactics and strategy will be taught.
Jan Blasenak, a U.S. Chess Federation Class A tournament player with 50 years of chess playing experience, has taught chess for 15 years at the high school level and at OLLI.

CEB1708 Economics and Behavioral Economics in an Uncertain Time
Monday, 3:15-4:45 p.m., Herring Center, Campbell (HC004)
Classical economics assumes totally rational behavior. However, many of the decisions made by those involved in economic activity are not at all rational. Over the last three decades, economists have begun to apply lessons learned by psychologists to economic theory. This class will briefly review some of the theories of classical economics and update those theories with findings in behavioral economics. Each class will conclude with a discussion of a matter of current economic interest. Recommended books: “Thinking Fast and Slow” by Daniel Kahneman (ISBN 0374533555) and/or “Nudge” by Richard Thaler (ISBN 014311526X).

Robert Horst has almost three decades of experience in teaching economics and finance. He also worked more than 20 years in investment and commercial banking.
Psychology, this course will expand on your ability to manage chronic pain. This course will help you understand what pain is and how the central nervous system responds to chronic pain; experience three practices designed to desensitize the central nervous system through asana, pranayama and meditation techniques; learn simple acupressure and self-massage techniques to address pain; understand how a variety of lifestyle habits can influence the pain experience; and use of a chair as a prop for doing yoga.

Susan Adams is a certified 200-hour Yoga Alliance Instructor. She does daily yoga at Soul Yoga in Greenville and ongoing workshops in Asheville.

PAH895 Homemade Liqueurs and Then Some …
Monday, 3:15-4:45 p.m., Herring Center, Huff with Lindemann Kitchen (HC106)
Who knew? It takes a little patience and time but making your own liqueurs is not that difficult and is actually fun. The rewards … well, they speak for themselves. The instructors team up to share the tricks and their delicious rewards when they cook with their very own flavored and spicy delights – Kahlua, Bristol Creme, Limoncello and more. Join the party. Food cost: $8 per session ($8 due to instructor at first class with remainder due at second class).
Barbara Wojack and Gail Jones love sharing their knowledge with others. Barbara has been in the OLLI kitchen since 2013 and Gail has shared her talents in the Pen and Ink class since 2009. Their philosophy is Have Fun, Eat Well.

PPG1305 The Neuroscience of Psychological Disorders
Monday, 3:15-4:45 p.m., Herring Center, Piper (HC111)
This course will review the current taxonomy of mental disorders found in the Diagnostic and Statistical Manual of the American Psychiatric Association from the perspective of recent advances in neuroscience. Implications for treatment will also be considered. This a repeat of the course taught Winter ’18 with new topics added.

Frank Provenzano, Ph.D., has been a practicing clinical psychologist for almost 40 years. He has also taught psychology courses related to clinical issues for the past 20 years. He is currently employed as a full-time instructor in the Psychology Department at Furman University.

HFE581 Yoga for Chronic Pain and Chair Yoga
Monday, 3:15-4:45 p.m., Herring Center, Crabtree (HC110)
Offering the latest evidence-based interventions from fields such as yoga, mindfulness, physical therapy, acupressure, nutrition and health psychology, this course will expand on your ability to manage chronic pain. This course will help you understand what pain is and how the central nervous system responds to chronic pain; experience three practices designed to desensitize the central nervous system through asana, pranayama and meditation techniques; learn simple acupressure and self-massage techniques to address pain; understand how a variety of lifestyle habits can influence the pain experience; and use of a chair as a prop for doing yoga.

Susan Adams is a certified 200-hour Yoga Alliance Instructor. She does daily yoga at Soul Yoga in Greenville and ongoing workshops in Asheville.

Tuesday

ACM121 A Class About Nothing
Tuesday, 9-10:30 a.m., Herring Center, Huff (HC105)
This class meets on alternate Tuesdays with Let’s Read and Talk at 9 a.m. Subject matter varies. In the fall term we dealt with the current events in Iran. The second class involved local transgender individuals. Then a devotee of Yellowstone National Park who led a group trip last summer spoke about the park. The last was an interview with Johnny Mack Brown, the former sheriff (now interim) of Greenville County. So, after all, the class is not about “nothing,” (i.e., the Seinfeld TV show), but, in fact, may be about many different “somethings.” Class size is small in order to encourage discussion. Course fee: $35.

Dave Gallemore is a Greenville native and graduate of Furman. An educator for 31 years, he has been an OLLI student since 1999.

HFE515 Aquacize
Tuesday and Thursday, 9-10 a.m., Herman W. Lay Physical Activities Center, Pool
Aquacize is a combination of aerobics, strength training, toning, flexibility and cardio routines using the resistance of the water for physical improvement and the buoyancy of the water to alleviate strain on muscles, bones and joints. The ability to swim is not a requirement, and we do not put our faces in the water. The co-instructors lead exercises while in the water, and a lifeguard watches over the class from poolside. Water temperature is around 80 degrees. Note: This course will be moderately active and once the routine is learned, have a spa-like effect.

Lois and Greg Parker have been OLLI members since 2008. They have participated in Aquacize at OLLI and in their community for years.

Policy 2012.1: OLLI (Classroom) Code of Conduct

Topics included within the OLLI curriculum may evoke emotional and visceral reactions to social, religious, political, and economic events, which inherently have elements of human tragedy, and during the course of time, may create discord. Comments shared within the class should be voiced in a professional manner conducive to promoting civil discourse and intellectual honesty. Passionate dialogue is encouraged as long as opposing viewpoints are respected and the dignity of others is maintained. In the event that an issue arises which compromises this premise and is deemed detrimental to the learning environment (i.e., unwarranted personal attacks or unsolicited dialogue outside of the classroom environment), then the OLLI administration has the authority to remove a student or instructor from the class and/or the program.
PAH882 Classic Cars: Now and the Future
Tuesday, 9 a.m.-noon, Herring Center, Computer Lab (HC104)

If you happened by a cruise-in and saw a group of people sitting around old cars and reliving stories of the past, this course may help to see if this hobby could be of interest to you. We will meet at OLLI for three of the classes: discussion of various types of classic cars along with some video examples of the instructors’ projects, a cruise-in at OLLI and a final wrap-up session about classic cars in the world of autonomous vehicles. For the other five classes we will travel in the Greenville area to visit collectors/restorers and see what is in their garage and what they might be working on. Each visit will be a unique experience depending on the type(s) of classic vehicles our host enjoys. On these weeks, we will meet at Furman at 9 a.m. and carpool to our destination. Note: The time at our destination will vary and may extend beyond noon; the first and last class at Furman will end at 10:30 a.m.

Wayne Halli has owned and restored a variety of antique and classic cars as a hobby since the 1980s. He is a member of the Antique Automobile Club of America.

HFE505 Dave’s Intermediate Hiking Plus
Tuesday, 9 a.m.-4 p.m., Herring Center, Parking Lot (rt. of Timmons)

Enjoy winter hiking in the Upstate. We will hike four to ten miles on moderate to strenuous trails. Plan to visit several state parks and heritage preserves. Please note these hikes are at a faster pace with limited breaks. Wear hiking boots and dress in layers appropriate for weather conditions. A hiking stick is helpful. Bring along a lunch and plenty of water. Please clear this physical activity with your doctor. Meet at 9 a.m. in parking lot to the right of Timmons Arena. We will carpool and share the cost of gas.

Dave Beisser is an avid outdoorsman who has been hiking over 30 years.

Theresa Gianfortune will assist with this course.

ACM195 Guitar II
Tuesday, 9-10:30 a.m., Herring Center, Small Arts/Crafts (HC113)

This course is for folks who have a rudimentary knowledge of basic chords. We’ll learn picking patterns, more strumming patterns, note reading and whatever songs the class members want to learn. When you finish this class you’ll be ready to hit Broadway! Materials fee: $4 (due to instructor at first class).

Jann Howell has a master’s degree in music and will lead this course. Harriet Mason will assist with this course.

HIS613 Japanese History II: Heian Era (948-1185)
Tuesday, 9-10:30 a.m., Herring Center, Piper (HC111)

The Heian era has been called Japan’s Age of Elegance. This second series of lectures will chronicle the development of an elitist culture preoccupied with aestheticism to a degree rarely matched anywhere in the world. The elaborate rituals of esoteric Tibetan style Buddhism flourished early in the period, but ultimately gave way to a justification-by-faith-not-works Buddhism espoused by “hellfire and brimstone” street preachers. Heian marriage customs emphasized the value of daughters in the struggle to gain and control imperial power. In this male dominated society, a remarkable woman produced the world’s first novel.

Mason will assist with this course.

PPG1363 Talking Brains: Current Advances, Ethics and Controversies in Neuroscience
Tuesday, 9-10:30 a.m., Herring Center, Campbell (HC004)

Rapid advances in brain research have out-paced the general public’s knowledge of both the science itself and the societal and ethical implications of the science. In this course you will learn about some of the most recent, most interesting
and most controversial things neuroscientists have just learned about the brain. Topics will include brain tissue transplantation, brain-computer interfaces, the use of gene editing to treat neurological diseases and memory manipulations. This course is designed to allow at least half of each class period for discussion as we process how these new brain research findings impact all of us.

Andrew Mickley, Ph.D., is a neuroscientist with previous careers doing brain research as well as teaching at the university level. He has published numerous journal articles and books. Andrew is currently a visiting professor at Wofford College.


Tuesday, 9-10:30 a.m., Herring Center, Graham (HC005)

With the flowering of culture and the humanism of the Renaissance, and shaped by the enlightenment values of the Age of Reason, a philosophic, political and literary tradition developed called modernism, marked by optimism, artistic experiment, confidence in science and belief in progress. The 20th century world wars, holocaust and great depression undermined that optimism and belief in progress. A very different philosophy and attitude developed called post-modernism. This is a survey course. The instructors will lead an historical and topical study of important writers, scientists and philosophers who represent the modern and post-modern traditions. Lectures and class discussion of homework assignments will prepare us for understanding the modernism/post-modernism points of view.

Eclectics Wayne Dutrow, academic degrees in science and economics, and Doug Allen, post-graduate studies in the humanities, social sciences and sciences, will lead this class.

PPG1390 Dynamic Aging II

Tuesday, 10:45 a.m.-1:15 p.m., Herring Center, Campbell (HC004)

The Dynamic Aging Program (DAP) is now in its fifth year at OLLI. The DAP is a systemic approach to optimal aging based on an inter-disciplinary study of the latest scientific research on optimal aging and retirement. In DAP #2 we will take an in-depth view of the LIFE Model and learn how to supercharge our developmental process, discover our own unique life’s purpose, adapt and grow fluidly in response to escalating external change, reduce stress and have more energy to accomplish meaningful goals. The DAP is a one-year, three OLLI term program of classes, readings, group discussions and practices designed for students who wish to take a more proactive approach to their own aging process. A student can take the three terms in any order to graduate, but returning students have priority in the next term’s registration. If you are a new student who wishes to register for the DAP, you must be motivated to practice the materials offered, interact mindfully with fellow students and be computer literate (have own email address, computer and be able to navigate a website). Note: Students enrolling in this class must commit to meeting over the lunch break (12:15-1:15 p.m.) for group discussions. Students are advised to bring lunch or adequate snacks. For more information visit http://www.dynamicaginginstitute.com/dynamic-aging-program/

Dudley Tower, Ph.D., has been teaching successful aging, psychology and personal growth courses at OLLI since 2004. He has been teaching DAP and Aging Mastery classes since 2014 and is the founder of the Dynamic Aging Institute. Christine Tower, MBA, will assist with this course.

SNM1000 Forensic Meteorology: When Weather Goes to Court

Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111)

Weather-related losses of life and property frequently lead to litigation that requires a detailed analysis of weather conditions at the time and place that the loss occurred. The process of reconstructing such scenarios from all available data and eyewitness accounts is known as forensic meteorology. The class will review examples of the application of meteorology to legal proceedings involving aircraft accidents, shipping casualties, traffic collisions and insurance claims involving tropical cyclone damage assessments. The emphasis will be on the meteorological details that impacted the outcome of cases rather than the legal technicalities involved.

Larry Lee and Joe Pelissier, Ph.D., each retired after a 40-year National Weather Service career. They enjoy teaching meteorology-related courses at OLLI.

PAH832 Learn to Play Cribbage

Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Computer Lab (HC104)

Developed in early 17th-century England, cribbage is a card game that exists virtually unchanged since its beginnings. Traditionally a game for two but can be played with more, cribbage involves grouping and playing cards in combinations to gain points. The game holds a special place with American submariners, serving as an “official” pastime. It’s fun to play and it isn’t too complicated.

Janet Aguilar has been playing cribbage since childhood. She was taught by her father and plays whenever she can find others who play.
ACM115 Understanding Baroque Music  
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Graham (HC005)  
The Baroque Period lasted 150 years. What happened during that time and why was music so changed from the Renaissance? Lots of music, lots of history and lots of fun. Jann Howell has a master’s degree in music theory composition. She taught public school strings and band for 30 years.

PAH804 Turkish Cooking Class  
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Huff with Lindemann Kitchen (HC106)  
The Turkish women of the Istanbul Cultural Center are offering Turkish cooking classes to help you broaden your international cuisine. Included are rich and delicious recipes with step-by-step instructions and willing hands to produce a tasty and varied collection of dishes. By the end of this course, you will have learned how to prepare a variety of Turkish dishes including baklava, Turkish kebab, soups, etc. Food cost: $7 per session (due to instructor at first class with reminder due at second class).

Nevin Sahin has been teaching cooking classes in the upstate since 2013 with Istanbul Cultural Center. Mike Mace will assist with this course.

PAH807 Introduction to Card Making and Paper Crafting  
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Vick Seminar (HC102)  
If you have ever wanted to make handmade cards, scrapbook pages or any other paper crafting project but have had no idea where to begin then this is the class for you. We will cover what a basic tool kit consists of. You will get hands-on use of several different cutting machines along with the different types of dies that are on the market today. We will play with different kinds of rubber stamps, ink pads and coloring mediums available to you. In addition to all of the inky fun that you will have in this class the instructor will share over 20 years of tips and tricks to take the stress out of paper crafting. Materials fee: $40 (due to instructor at first class).

Kimberly Hellams has been a mixed media artist, instructor and paper crafter for over 20 years. She shares her art on YouTube and Instagram. Shaun Hellams will assist with this course.

PAH808 The Knitting Hour  
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, President’s Conference (HC103)  
In this class we will make a lightweight scarf of multiple colors and many different stitches. You will need a size #6 needle (straight or circular) and #3 yarn. A sample of the scarf and the yarn will be in the OLLI office. This is an intermediate knitting class.

Gail Kirby has been knitting since age seven and loves to create beautiful things.

PAH813 Crochet 101  
Tuesday, 1:30-3 p.m., Herring Center, Computer Lab (HC104)  
Join those having fun with yarn. This course will cover basic crochet stitches, yarn selection, pattern and label reading. Each week we will learn a new stitch and progress to popular decorative stitches. Bring a notebook, a skein of light colored acrylic yarn and a H, I, or J hook to class. Handouts will be available as well as teacher support. This class is designed for new beginners and those who want to refresh their skills.

Alice Ferguson has been crocheting since 1991. She has had a love for and involvement with needle arts since childhood.

HIS602 SNAFU  
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110)  
This class will look at several battles throughout history with an emphasis on the 19th, 20th and 21st centuries. We will define what makes up a SNAFU and then examine the notable failures of history to determine if the term applies to those events. Our intent will be to answer the following: What happened? Why it failed? Short term effects? Long term consequences?

Rory Case is an avid history buff who has spent 50+ years studying military events, the reasons they occurred and the consequences. He has taught at OLLI since winter 2001.

HIS699 Under the Big Top: The History of the Circus in America Since 1793  
Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Small Arts/Crafts (HC113)  
This course will take a look at the history of the circus in America from its beginnings until now. Circus performers, circus owners, circus logistics, circus lingo, circus music, circus posters, circus model building and circus fans will be among the topics discussed in this course. Special guests will include a former circus owner.

Lynn Duncan is a retired history teacher. He was the 1994 Christa McAuliffe Fellow for South Carolina. Lynn has an interest in circus history.

HFE599 Beginning Fencing  
Tuesday, 1:30-3 p.m., Herman W. Lay Physical Activities Center, Dance Studio  
This class will teach Olympic style fencing/swordplay. Students will learn from the beginning to be able to compete in local and regional events.

Alan Blakeborough has 35 years of competitive fencing experience, along with 30 years of operating fencing programs. Gabe Green will assist with this course.

PAH813 Crochet 101  
Tuesday, 1:30-3 p.m., Herring Center, Computer Lab (HC104)  
Join those having fun with yarn. This course will cover basic crochet stitches, yarn selection, pattern and label reading. Each week we will learn a new stitch and progress to popular decorative stitches. Bring a notebook, a skein of light colored acrylic yarn and a H, I, or J hook to class. Handouts will be available as well as teacher support. This class is designed for new beginners and those who want to refresh their skills.

Alice Ferguson has been crocheting since 1991. She has had a love for and involvement with needle arts since childhood.
SNM1038 Natural History of S.C.’s Southern Blue Ridge Mountains
Tuesday, 1:30-3 p.m., Herring Center, Piper (HC111)

This course introduces the natural history of the Southern Blue Ridge Mountains in South Carolina. The Cherokee Native Americans named the Southern Blue Ridge Escarpment the Blue Wall for the blue haze often encasing it. Class members will be introduced to topics including geology, flora and fauna through expert guest presenters in each field. Participants will better understand the natural features that make the Blue Ridge Mountains unique, one of the most diverse habitats in the United States. Speakers will also discuss ongoing conservation efforts to protect these invaluable resources. To love something one needs knowledge; this course will give that knowledge.

Bill Davis retired after a career in environmental review and land acquisition work for park, recreation and habitat preservation purposes.

Pam Shucker, native Greenvillian, published author, and certified Master Naturalist with Furman University B.A. and M.A. degrees, taught English and Environmental Education for 35 years.

ACM140 Oil Painting With Cheryl
Tuesday, 1:30- 4:30 p.m., Herring Center, Graham (HC005)

Come and experience the joy and relaxation that painting with oils gives. Beginners are welcome. All supplies are provided, however, students should bring a clean 20x20 pizza box or similarly sized box top or tote lid to carry their wet paintings home in. Materials fee: $30 (due to instructor at first class).

Since childhood, Cheryl McMahan has been interested in creating art – ceramics, decorative tole painting, faux finishing and murals. She was certified as a Wilson Bickford trained teacher in October 2014.

RPH948 Preparing for Interfaith Dialogue
Tuesday, 1:30-3 p.m., Herring Center, Campbell (HC004)

Some people say that religion is not a topic for polite conversation. And yet, current events and our ever-more diverse community cry out the need for civil inter-religious dialogue. In this course we will prepare for polite interfaith dialogue in a variety of settings by: examining the aims and strategies of interfaith dialogue as proposed by various faith traditions; exploring the difference between “dialogue” and “debate;” studying the benefits and challenges of interfaith conversation; becoming familiar with local, national and international interfaith resources; and practicing strategies for initiating and sustaining meaningful interfaith dialogue.

JoAnn Borovicka is an author, faculty member of the Wilmette Institute, Greenville Interfaith Forum board member, and presented at the World Parliament of Religions 2018.

PAH845 Soup’s On
Tuesday, 1:30-3:30 p.m., Herring Center, Huff with Lindemann Kitchen (HC105/106)

There is nothing better on a cold winter day than a delicious bowl of soup to warm up your insides. Come join Sue and Kathleen to help them prepare some of their favorite recipes. Each week the class will make and sample quick and easy soups and salads. Please note that this is a two-hour class so that we will have time to enjoy our creations. Come ready to have fun and you may learn something along the way. Food cost: $6 per session ($6 due to instructor at first class with remainder due at second class).

Suzanne Jobes and Kathleen Abbate are home cooks who enjoy attending various cooking classes.

PAH863 Who Doesn’t Like Magic?
Tuesday, 1:30-3 p.m., Herring Center, Small Arts/Crafts (HC113)

Want to perform magic for your children, grandchildren, great-grandchildren or friends? Want a hobby that makes people feel good, smile and clap their hands? Want to enroll in a class that will be so much fun you will not be able to wait for the next class? If you answered yes to any of those questions, then enroll in this class. We will not be teaching finger busting sleight of hand but rather simple magic tricks that will amaze and amuse.

C’mon, learn a life long passion. After all, who doesn’t like magic? Materials fee: $30 (due to instructor at first class).

Paul DiLella, a retired banker, started this hobby while in the United States Air Force and has been performing magic for over 42 years.

HIS661 The Roosevelt Women
Tuesday, 1:30-3 p.m., Herring Center, Crabtree (HC110)

Among the most powerful families in America in the 19th and 20th centuries were the Roosevelts. Of particular interest to us are the Roosevelt women, whose far-reaching influence directly and indirectly affected our nation during their lifetimes and after. Join us as we explore the lives of the Roosevelt women, including, but not limited to, Alice Roosevelt Longworth, Edith C. Roosevelt, Sarah Delano Roosevelt and Eleanor Roosevelt. Each of these women was a dynamic personality, each one quite unlike any other.

Linda Kelly and Linda Russ are retired from the Greenville County School System. Both have been AP and IB instructors and have enjoyed teaching at OLLI since 2006.

PAH948 Preparing for Interfaith Dialogue
Tuesday, 1:30-3 p.m., Herring Center, Campbell (HC004)

Some people say that religion is not a topic for polite conversation. And yet, current events and our ever-more diverse community cry out the need for civil inter-religious dialogue. In this course we will prepare for polite interfaith dialogue in a variety of settings by: examining the aims and strategies of interfaith dialogue as proposed by various faith traditions; exploring the difference between “dialogue” and “debate;” studying the benefits and challenges of interfaith conversation; becoming familiar with local, national and international interfaith resources; and practicing strategies for initiating and sustaining meaningful interfaith dialogue.

JoAnn Borovicka is an author, faculty member of the Wilmette Institute, Greenville Interfaith Forum board member, and presented at the World Parliament of Religions 2018.
Register online at furman.edu/olli

PAH823 Crochet 201

Wednesday, 9-10:30 a.m.,
Herring Center, Computer Lab (HC104)

We will review the basic stitches, yarn and hook selection and pattern reading, and then move on to some more intermediate stitches and patterns, including some decorative stitches. Bring your choice of yarn, crochet hook(s), current pattern(s) and a notebook to class. Students must know the basic crochet stitches (ch, slst, sc, hdc, and dc).

Jim Mitchell has crocheted off and on since his grandmother taught him over 50 years ago. He has made baby blankets for his five children and, so far, 10 grandchildren, as well as several hats, scarves, afghans and animals along the way. Mary Anzinger will assist with this class.

CPT330 iPhone for the Modern Senior

Wednesday, 9-10:30 a.m.,
Herring Center, Huff (HC105)

Are you intimidated by the technology you carry around in your pocket or purse? According to Steve Jobs, the “i” in iPhone means individual, instruct, inform and inspire. It should not mean intimidate. This class will present the skills you need to move beyond calling and texting your grandchildren. Topics include customizing setup, email, Safari Internet browser, Siri, FaceTime, installing and using apps and much more. Course requirement: iPhone series 6, 7, or 8 with iOS 10 or iOS 11 installed.

Ron Blitstein, recently retired, is a techie and Lynne Blitstein is a retired teacher. Both are pursuing hobbies that keep them abreast of the rapid change in technology tools available. Experienced OLLI teachers, together they make a great team.

RPH987 Sacred Places

Wednesday, 9-10:30 a.m.,
Herring Center, Crabtree (HC110)

In 2004 geneticist Dean Hamer released a book titled “The God Gene: How Faith Is Hardwired into Our Genes.” Whether or not we are actually determined to be religious, it is certainly true that throughout the world humans have ascribed sanctity to various geographical locations – places where the sacred has manifested itself in a unique way. From the ancient Hebrews, Greeks and Chinese to Native Americans, these locations have often been mountains.

This lecture series will take participants on a journey to some of the world’s most significant holy sites representing various historical periods and religious traditions. A consistent theme is the recycling of spiritual spaces by one religious system after another.

Jim Leavell, Ph.D., the Herring Professor Emeritus Asian History, has explored the world’s sacred geography for over 50 years.

ACM131 Classics of World Literature

Wednesday, 9-10:30 a.m.,
Herring Center, Piper (HC111)

This is an ongoing series of courses (meeting in the winter and spring terms) which will look at (usually) four classics of world literature each term. Typically, one week will be a lecture giving background and context for a work; the following week will be a class discussion of the work. Each work will require about 3-4 hours of reading, except the last work, which will generally be a novel. Works, except for the longer piece, will be available for free online. The longer work will need to be purchased. This semester: creation stories, classics of Confucian and Taoist literature (ancient China), “Sir Gawain and the Green Knight” (medieval England) and “Things Fall Apart” (modern Nigeria). Required book: “Things Fall Apart” by Chinua Achebe (ISBN 0385474547).

Kevin Morris taught composition, literature, film and humanities courses at Greenville Technical College for 36 years.

LAN723 Continuing Latin II

Wednesday, 9-10:30 a.m.,
Herring Center, Vick Seminar (HC102)

We are surrounded by rich Greek and Roman mythology in 2019, but can we recognize it? Continuing Latin II uses Ovid’s “Metamorphoses” as our Latin text, which reveals the origin and true meaning of some of the words we take for granted daily. In this course we’ll read about the original narcissist, find out the real story behind the Bernini Daphne and Apollo, be moved by an eternal love story and find out why the mulberry bears red fruit. In addition, a parallel reader, free online, will allow us to experience and discuss the history and culture of the Romans in Britain in 80 A.D., and to make some surprising comparisons to our own lives today.


Ginny Anderson formerly taught Latin at Furman and currently teaches 15 courses of Latin to adult retirees online. She has taught at OLLI since 2005.

RPH994 From Rumi to Gulen: The Sufi Tradition of Love in Islam

Wednesday, 9-10:30 a.m.,
Herring Center, Campbell (HC004)

This course aims to explore the Sufi Tradition of Love in Islam through two exemplary personas, namely Jalaluddin Rumi (d.1273) and Fethullah Gulen (b.1938-). The course will start by investigating the historical and philosophical origins of Sufism in Islam, its essential tenets and practices. Then we will move on to Rumi, a paramount historical figure of love, to explore the reflections of Sufi tradition in his life, his Mawlawi order and his pivotal work Mathnawi through poetic translations of Coleman Barks. Finally, a special emphasis will be given to the contemporary reflections of love in the works of Fethullah Gulen and his legacy will be explored by surveying Hizmet Movement, which is a transnational network of people that aims to serve humanity through education, social work and dialog.
Participants in the course may expect to obtain a firm understanding of Sufism and be conversant with both historical and contemporary examples of Sufi personas and their influence on our humanity. Recommended books: “The Essential Rumi” by Jalal al-Din Rumi (ISBN 0062509594) and “Toward a Global Civilization of Love and Tolerance” by M. Fethullah Gülen (ISBN 1932099689).

Akif Aydin serves as president of the Atlantic Institute and recently founded the Advocates for Justice and Human Rights to address human rights violations in Turkey. He has his master’s degree in educational leadership/policy studies from Florida State University and his Ph.D. in economics from Clemson University. Aydin teaches economics at USC Upstate.

**PAH800 Woodcarving 101**
Wednesday, 9 a.m.-noon, Herring Center, Graham (HC005)
This course is an introduction to woodcarving. We will begin with the basics of woodcarving, including safety, carving tools and how to maintain them. Students will learn the basic knife strokes preparing for their first project. There will be a variety of projects provided to progressively improve skills. We will cover painting and finishing of the woodcarvings. The materials fee covers a new knife, glove, sharpening strop and wood for projects. Materials fee: $50 (due to instructor at first class).
Kent Ellison has been cutting since 2003 and has won numerous awards in competitions. He is a 13-year member of the Piedmont Wood Carvers Club. Kent has been teaching at OLLI and elsewhere since 2006.

**LAN748 Advanced Latin**
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Vick Seminar (HC102)
It's an extraordinary joy to be able to pick up a 2,000+ year-old document and read it in the original. The Advanced Latin class will vote on one of the following authors for the winter term: (1) Cicero’s In Catilinam: the Orations Against Catiline (2) Cicero’s De Senectute: On Old Age (3) Tacitus: Agricola: Roman Britain in 1 A.D., (4) Livy’s Ab Urbe Condita: The Early History of Rome (5) Caesar’s De Bello Gallico Book 7: Commentaries on the Gallic War, Vercingetorix: The Great French Hero, and (6) Pliny the Younger’s Epistolae: Letters on Subjects Including the Eruption of Vesuvius. Nothing like it in the world – find out which one won and come join us!

Ginny Anderson formerly taught Latin at Furman and currently teaches 15 courses of Latin to adult retirees online. She has taught at OLLI since 2005.

**PPG1350 Aging Mastery**
Wednesday, 10:45 a.m.-1:15 p.m., North Village, Building J, 300
Designed exclusively for graduates of the Dynamic Aging Program (DAP), Aging Mastery offers DAP graduates the opportunity to continue their optimal aging studies and practices to become a master of their own aging process. This term we will continue our discussion of the Universal Laws of Retirement. The Universal Laws are the sacred wisdom which form the basis for all philosophy, science and religion. Their origins are in the ancient mystical, esoteric and secret teachings dating as far back as 5,000 years ago to early Egypt, Greece and the Indian Vedic traditions – and have been more recently confirmed by modern science. In this class we will examine one Universal Law per week and compare it with dynamic aging practices, so that students can further refine their individual practices to be in alignment with these principles.

Dudley Tower, Ph.D., has been teaching successful aging, psychology and personal growth courses at OLLI since 2004. He has been teaching DAP and Aging Mastery classes since 2014 and is the founder of the Dynamic Aging Institute. Christine Tower, MBA, will assist with this course.

**ACM106 Charismatic Leaders, Daring Crusaders and Despicable Charlatans**
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Campbell (HC004)
Are you a follower or a leader? The world needs both. This term we will examine together terms like charisma, born leaders, servant leaders, the nature of power as positive and negative concept and successful leaders in history. We will also look at the contrast between inspired crusaders and the charlatans who lead through manipulation and criminality. Class is conducted through lecture and animated class debate and discussion.

Judith Babb Chandler has taught at OLLI since its inception. Since retiring from Furman, she has been an active community volunteer and artist.

**PHO1636 DSLR Basics: How-to Guide**
Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Huff (HC105)
Have a DSLR camera? Don’t know how to shoot anything but automatic? This beginner, hands-on course is for you. Learn the basic mechanics of your camera so you can take control. Class covers scene modes; aperture, shutter speed and manual modes; focus points; light metering and more. We assume you know nothing. Some classes will include outdoor photo shooting on Furman campus. Camera and manual required for each class. Not appropriate for point and shoot cameras. Level 1 proficiency level. Required book: “The Beginner’s Photography Guide” by Chris Gatcum (ISBN 9781465408457).

Ron Blitstein, recently retired, is a techie and Lynne Blitstein is a retired teacher. Both are pursuing hobbies that keep them abreast of the rapid change in technology tools available. Experienced OLLI teachers, together they make a great team.
HIS693 Historical Memory Revisited
Wednesday, 10:45 a.m.-12:15 p.m.,
Herring Center, Crabtree (HC110)
Sometimes the true story of important
events or significant people just doesn’t
seem to make it into the textbooks of
our national memory. That can be a
simple oversight – but more likely, it’s
by someone’s biased design; especially
when we get it all wrong or its telling is
downright ugly. We’ve peered inside
the cracks of our preferred recollections
of the noble American saga and have
discovered several interesting and
at times startling examples that are
better viewed in the light of shared
examination. During the term, we will
present the following topics: The 2nd
American Revolution – 1787, Interview
at Weehawken – the 1804 Burr-Hamilton
duel – what really happened? Frederick
Douglas – the “Great Agitator” guardian
of a nation’s conscience, The Philippine-
American War – the war that few even
know occurred, yet one million died,
and The American Culture of Lynching
– over 5,000 African Americans died
in mob violence alone. This class will
combine elements of lecture and
discussion in which all are encouraged
to participate.

Bob Dwyer is a retired Wall Street
executive with a lifelong passion
for American history. He has been
instructing at OLLI since 2007.
Mary McGee will be assisting with
this course.

PHO1627 The Lightroom/Photoshop
Playground
Wednesday, 10:45 a.m.-12:15 p.m.,
Herring Center, Computer Lab (HC104)
This course will illuminate the best
uses of the Lightroom/Photoshop
combination. The work that Lightroom
performs easily prepares our images
for fine tuning in Photoshop. In
Photoshop the relationship of sensor
colors to channel layers and layer
masks will be explored. This will allow
a better understanding of how to use
masks and chooser tools along with
adjustment layers. The concepts will
be demonstrated. The instructors
will help students with images they
bring to class on a one on one basis.
There will be discussions about the
photographer’s intent in making the
image and how to achieve that intent.
Both instructors will demonstrate the
approaches to image management.

Bruce Schlein is a retired pathologist
with a deep interest in photography.
He has taught for many years in FULIR
and OLLI as well as at the Greenville
County Museum of Art. Stephen Singer
is a retired accountant who has been
photographing for many years.

SNM1063 The Story of Mathematics
Wednesday, 10:45 a.m.-12:15 p.m.,
Herring Center, Piper (HC111)
We will explore how mathematics
arose from human needs and then how
mathematical discoveries influenced
the world. Each week will be devoted
to a specific time period starting with
prehistoric times and quickly moving
into Babylon, Egypt and Greece, where
fundamental principles were developed.
We will explore how math was developed
in China, India and Islamic countries and
then in the New World by century starting
in the 16th century and continuing
through the 20th century. In addition to
understanding the math, we will look
at the lives of the people who made
discoveries. This course is designed for
non-mathematicians and non-scientists
and will focus on understanding concepts
without the heavy use of math equations.
Tony Nedved retired from a long
career with Michelin Tire in the field of
quality. He has a B.S. in chemistry from
Furman. Tony was an adjunct instructor
at Greenville Technical College where
he taught classes on statistical quality
control and quality engineering.

ACM105 At the Movies with
Alfred Hitchcock I
Wednesday, 1:30-4:45 p.m.,
Herring Center, Piper (HC111)
Alfred Hitchcock is considered
the master of suspense. Through
discussion, lectures, watching his films
and utilizing information posted for the
class, students will gain insight into why
Hitchcock’s career lasted for 50 years. By
the end of the course, they should have
a better appreciation of what makes a
classic film as well as a great director.
Movies will be shown in chronological
order starting with his first U.S. film.
Films viewed in Part 1 are “Rebecca,”
“Foreign Correspondent,” “Suspicion,”
“Dial M for Murder,” “Shadow of a
Doubt,” “Spellbound,” “Notorious”
and “Strangers on a Train.”

Judy Aten is a former theatre major
and educator who taught English, play
writing and acting. An avid film buff,
Judy relishes studying and analyzing
classic movies.

LAN746 Commentarii de Bello
Gallico: Caesar’s Gallic War
Wednesday, 1:30-3 p.m.,
Herring Center, Vick Seminar (HC102)
“Why, man, he doth bestride the narrow
world like a Colossus …” (Cassius in
Shakespeare’s Julius Caesar). 2,000+
years later, references to Julius Caesar
still abound, such as “Crossing the
Rubicon,” “The Ieds of March,” “Et Tu,”
“Brute,” etc., and in film, books and
 commercials. But the best experience
of all is to have him tell you himself:
to read what he wrote in the original.
The Intermediate Latin class will begin
Caesar’s “Commentaries on the Gallic
War in Latin” in January, a unique
and exciting work unrivaled for its
purity of prose and grammar. General,
statesman, politician, intellectual, writer,
orator, grammarian and more, he has
been read and discussed for centuries.
Join us for an unforgettable experience.

Ginny Anderson formerly taught Latin
at Furman and currently teaches 15
courses of Latin to adult retirees online.
She has taught at OLLI since 2005.
PAH897 Explore Color and Texture on Your Rigid Heddle Loom
Wednesday, 1-4 p.m., Herring Center, Small Arts/Crafts (HC113)
With the versatile and easy to use rigid heddle loom, learn direct and indirect warping methods to make your weaving more efficient. Adopt the Fibonacci proportions for pleasing stripes. Create color-and-weave magic with log cabin technique. Use pick-up sticks to add more texture to your work. For beginners or intermediate weavers. Students will be required to provide their own Schacht Cricket or similar rigid heddle loom. List of sources provided upon registration. For more information email instructor at aschlein@att.net. Alice Schlein weaves and spins in her Greenville studio, and has taught workshops in the U.S., Canada and the U.K. She is the author of several weaving books and blogs at www.weaverly.typepad.com.

HIS685 Interesting Characters in American History
Wednesday, 1:30-3 p.m., Herring Center, Crabtree (HC110)
Some of your favorite instructors – like Ralph Bates, Jack Fisher, Rory Case and Kathy Vyrostek – will present a diverse selection of interesting characters. The characters will range from George Armstrong Custer to Andrew Wyeth, and Harry Houdini to First Lady Rosalynn Carter. Also get up close with Dick Clark and learn all about John C. Fremont. A different instructor each week presents an all new interesting character.
This class will have a different presenter each week. Class moderator Roger Wheeler is a history buff, amateur author and former corporate tax attorney.

PHO1606 Look Around You
Wednesday, 1:30-3 p.m., Herring Center, Computer Lab (HC104)
Sharpen your “eye” for richer photos by sharing and discussing your work with others. We will begin by taking photographs in our homes and later extend our photography into our neighborhoods and beyond. We will project and edit our images using Photoshop CS6. Email your images to the instructor or bring them to class on a memory stick. Since we will all be working to improve our “eyes,” all skill levels are welcome. Level 1, 2 or 3 proficiency level.
Bruce Schlein is a retired pathologist with a deep interest in photography. He has taught for many years in FULIR and OLLI as well as at the Greenville County Museum of Art.

SNM1062 Physics: The Search for Reality I
Wednesday, 1:30-3 p.m., Herring Center, Huff (HC105)
We will discuss how man has learned how the physical world actually works. We will take an overview of the important concepts in physics from the Greeks to Copernicus and Galileo to Newton, Maxwell and Einstein. The student should develop an understanding of how science works and the basics of classical physics. The very strange world of quantum mechanics and the behavior of tiny particles like electrons and photons will be covered in a subsequent course. A background in science and math is not required. Students will determine the pace of the course with emphasis on understanding the basic concepts before advancing to more complex or additional topics.
Joe McCarty is a retired professional engineer with an interest in classical physics, the strange world of quantum theory, higher dimensions and the multiverse.

PAH838 Quilting by Hand
Wednesday, 1-3 p.m., Herring Center, President’s Conference (HC103)
Join this beginning class and learn the basics of quilting by hand. You can be as creative as you wish by piecing and assembling cotton fabrics of different colors (solids and prints) cut into various shapes to make a pattern. A list of supplies will be posted on the OLLI website. Simonne Lindemann has been quilting by hand for pleasure since 1978 and teaching since 2001.
### Monday

#### 9-10:30 a.m.
- **PAH833** Beginning American Mah Jongg* (Bommerueller)  
  HC113 (9 a.m.-noon)
- **HFE513** High Country Hikers*  
  [Davis/Vissage] HPL (9 a.m.-4:30 p.m.)
- **HFE501** Monday’s Hiking*  
  [Roy/Dankovich] HPL (9 a.m.-4:30 p.m.)
- **HFE535** Aqua Fitness*  
  [Berry] Pool (9-10 a.m.)
- **HFE587** Core Performance  
  [Bryson] HC110
- **HIS684** From Monarchy to Democracy  
  [Baum] HC111
- **PAH811** Knitting: The Next Steps  
  [Leslie] HC105
- **CPT385** Social Media  
  [Gillespie/Schulze] HC104
- **HFE592** Urban and Wilderness Survival  
  [Dehart] HC005
- **SNM1030** Weather 101  
  [Denehy] HC004

#### 10:45 a.m.-12:15 p.m.
- **RPH966** Does God Have a Problem?  
  [Gillespie] HC004
- **CPT363** Intro to iPads  
  [Roberts] HC105
- **ACM103** Mahler  
  [Byron] HC102
- **ACM168** Pen and Ink I  
  [Lynch] HC005
- **ACM189** Snapshots from the Heart  
  [Durham] HC103
- **HFE517** T’ai Chi  
  [Zemen] HC110
- **ACM107** Sacred in Music  
  [Vick] HC111

#### 1:30-3 p.m.
- **ACM160** Beginning Watercolors*  
  [Kirby] HC005 (1:30-3:40 p.m.)
- **PAH858** Quilting with Pre-Cuts*  
  [Berger] HC102 (1-4 p.m.)
- **HFE562** Yoga for the Optimal You*  
  [Ried-Barton] HC110 (1:30-2:45 p.m.)
- **HIS690** 1968  
  [Townsley] HC004
- **LAN758** Beginning French  
  [Blythe] HC105
- **HFE576** Bowling  
  [Halloran] offsite
- **CPT347** Online Skills Using Google  
  [Knox] HC104
- **CPT373** Inter. iPads  
  [Roberts] HC113
- **ACM163** Billboard’s #1 Hits  
  [Desantis] HC111

#### 3:15-4:45 p.m.
- **PAH874** Chess I  
  [Blass] HC113
- **CEB1708** Economics  
  [Horst] HC004
- **PAH895** Homemade Liqueurs  
  [Wojak/Jones] HC106
- **PPG1305** Psychological Disorders  
  [Provenzano] HC111
- **HFE581** Yoga for Chronic Pain  
  [Adams] HC110

### Tuesday

#### 9-10:30 a.m.
- **HFE515** Aquacize*  
  [Parker/Parker] PAC Pool (9-10 a.m.)
- **PAH882** Classic Cars*  
  [Hall] HC104 (9 a.m.-noon)
- **HFE505** Dave’s Hiking Plus*  
  [Beisser/Gianforte] HPL (9 a.m.-4 p.m.)
- **HFE589** Let’s Get Fit!*  
  [Martin] HC110 (9-10 a.m.)
- **ACM121** A Class About Nothing  
  [Gallimore] HC105
- **CEB1707** Assault on Modernism  
  [Dutrow/Allen] HC005
- **ACM195** Guitar II  
  [Howell/Mason] HC113
- **HIS613** Japanese History II (948-1185)  
  [Leavell] HC111
- **ACM120** Let’s Read and Talk  
  [Siczyska/Shakiban] HC105
- **PPG1363** Talking Brains  
  [Mickley] HC004

#### 10:45 a.m.-12:15 p.m.
- **PPG1390** Dynamic Aging II*  
  [Tower/Tower] HC004 (10:45 a.m.-1:15 p.m.)
- **SNM1000** Forensic Meteorology  
  [Lee/Pelissier] HC111
- **PAH807** Introduction to Card Making  
  [Hollins/Hollins] HC102
- **PAH832** Learn to Play Cribbage  
  [Aguilar] HC103
- **HIS602** Let’s Read and Talk  
  [Siczyska/Shakiban] HC105
- **PPG1363** Talking Brains  
  [Mickley] HC004

#### 1:30-3 p.m.
- **ACM160** Beginning Watercolors*  
  [Kirby] HC005 (1:30-3:40 p.m.)
- **PAH858** Quilting with Pre-Cuts*  
  [Berger] HC102 (1-4 p.m.)
- **HFE562** Yoga for the Optimal You*  
  [Ried-Barton] HC110 (1:30-2:45 p.m.)
- **HIS690** 1968  
  [Townsley] HC004
- **LAN758** Beginning French  
  [Blythe] HC105
- **HFE576** Bowling  
  [Halloran] offsite
- **CPT347** Online Skills Using Google  
  [Knox] HC104
- **CPT373** Inter. iPads  
  [Roberts] HC113
- **ACM163** Billboard’s #1 Hits  
  [Desantis] HC111

#### 3:15-4:45 p.m.
- **ACM131** Beginning Watercolors*  
  [Kirby] HC005 (1:30-3:40 p.m.)
- **ACM106** Charismatic Leaders  
  [Chandler] HC004
- **PHO1636** DSLR Basics  
  [Blitstein/Blitstein] HC105
- **HIS693** Historical Memory Revisited  
  [Dwyer/McGee] HC110
- **PHO1627** Lightroom/Photoshop  
  [Schlein/Singer] HC110
- **SNM1063** Story of Mathematics  
  [Trovak] HC111

### Wednesday

#### 9-10:30 a.m.
- **PAH800** Woodcarving 101*  
  [Ellison] HC005 (9 a.m.-noon)
- **ACM131** Classics of World Literature  
  [Morris] HC111
- **LAN723** Cont. Latin II  
  [Anderson] HC102
- **PAH823** Crochet 201  
  [Mitchell/Anzinger] HC104
- **RPH948** From Rumi to Gulen  
  [Aydin] HC004
- **CPT330** iPhone  
  [Blitstein/Blitstein] HC105
- **RPH987** Sacred Places  
  [Leavell] HC110

#### 10:45 a.m.-12:15 p.m.
- **PPG1350** Aging Mastery*  
  [Tower/Tower] NVJ-300 (10:45 a.m.-1:15 p.m.)
- **LAN748** Adv. Latin  
  [Anderson] HC102
- **ACM106** Charismatic Leaders  
  [Chandler] HC004
- **PHO1636** DSLR Basics  
  [Blitstein/Blitstein] HC105
- **HIS693** Historical Memory Revisited  
  [Dwyer/McGee] HC110
- **PHO1627** Lightroom/Photoshop  
  [Schlein/Singer] HC110
- **SNM1063** Story of Mathematics  
  [Trovak] HC111

* Please note class times as they are different from regular schedules.

Register online at furman.edu/olli
1:30-3 p.m.
ACM105 Alfred Hitchcock I* (Aten) HC111 1:30-4:55 p.m.
PAH897 Texture on Your Rigid Heddle Loom* (Schlein) HC113 1-4 p.m.
PAH838 Quilting by Hand* (Lindemann/Rasheed) HC103 1-3 p.m.
PAH834 Woodcarving 201* (Ellison) HC005 1-4 p.m.
LAN746 Caesar's Gallic War (Anderson) HC102 1-2 p.m.
CEB1706 Foundations of Investing (Smith) HC104 1-4 p.m.
HIS685 Interesting Characters (Wheeler) HC110 1-3 p.m.
PHO1606 Look Around You (Schlein) HC104 1-2 p.m.
SNM1062 Physics I (McCarty) HC105 1-4 p.m.

1:30-3 p.m.
PAH883 Adv. Zentangle (Stevenson) HC004 1-2 p.m.
PAH865 Residential Landscape Design (Martin) HC105 1-2 p.m.
LAN711 Intro. to Latin II (Anderson) HC102 1:30-3 p.m.
CEB1710 The New Normal (Henry) HC110 1-3 p.m.

Thursday

9-10:30 a.m.
HFE515 Aquacize* (Parker/Parker) PAC Pool 9-10 a.m.
HFE502 Martin's Hiking* (Martin/Severens) HPL 9 a.m.-4:30 p.m.
ACM116 Pen and Ink II (Thaler/Jones) HC005 9 a.m.-noon
PHO1612 Art and Photography (Yaroch/Sarvis) HC105 9 a.m.-1 p.m.
PAH820 Beginning Poker (Knox) HC104 9 a.m.-12 p.m.
HIS605 Discovery of America and Early Exploration (Henry/McGrath) HC111 9 a.m.-12 p.m.
RPH936 Apostle Paul (Griffeth) HC004 9 a.m.-12 p.m.
ACM198 American Essays of the 20th Century (Caruso) HC113 9 a.m.-12 p.m.

10:45 a.m.-12:15 p.m.
PAH840 Calligraphy for Beginners (Bethea) HC113 10:45 a.m.-12:15 p.m.
HIS608 Creating the American Republic (Huff) Daniel Recital Hall 10:45 a.m.-12:15 p.m.

9-10:30 a.m.
ACM119 Abstract and Realistic Portraits* (Kennedy) HC005 9 a.m.-noon
HFE580 Pickleball I* (Derr/Hamilton) 9-11 a.m.

10:45 a.m.- 12:15 p.m.
HFE586 Biohacking for Healthy Aging (Baltzell/Baltzell) HC110 10:45 a.m.-12:15 p.m.
His631 The Dark Corner (Campbell) HC110 10:45 a.m.-12:15 p.m.

Lunch and Learn Tuesdays

Speakers from the community will present a variety of interesting topics. Free and open to the public, 12:30-1:20 p.m., HC110. Bring your lunch and invite your friends.

Jan. 15 Russia in the Time of Putin: Russia Resurgent? Michael Bressler, professor of political science, Furman University


Jan. 29 A Peaceful Path to Full LGBTQ Inclusion Jim Dant, senior minister, First Baptist Greenville

Feb. 5 Non-Addictive Treatment of Acute and Chronic Pain David Hall, Greenville Health System

Feb. 12 Furman University Student Debate Society in Action Brandon Inabinet, Debate Society faculty advisor, John Paul Sleiman, Debate Society president and other debate team members

Feb. 19 From Field to Phone: Baseball as Seen through Music Videos Blaine DeSantis, OLLI member, instructor and baseball lover

Feb. 26 Unity Park: Once a Place of Division Will be a Place of Unity Bill Fox, project manager, Hughes Agency

March 5 Can Free Enterprise Solve Climate Change? Bob Inglis, retired United States Congressman, South Carolina

(Bonus Trips and Events Schedule located on next page.)
PAH834 Woodcarving 201
Wednesday, 1-4 p.m., Herring Center, Graham (HC005)
Prerequisite for this class is Woodcarving 101 or having some woodcarving experience. You should be able to maintain sharp tools and have proper safety equipment. We will begin this class by carving a caricature as a class project. Painting and finishing options will be discussed. Methods to keep tools sharp will be covered. The materials fee will cover all projects provided by the instructor. Materials fee: $25 (due to instructor at first class).

Kent Ellison has been carving since 2003 and has won numerous awards in competitions. He is a 13-year member of the Piedmont Wood Carvers Club. Kent has been teaching at OLLI and elsewhere since 2006.

PAH883 Advanced Zentangle
Wednesday, 3:15-4:45 p.m., Herring Center, Campbell (HC004)
This course is the next step after Beginning Zentangle, although anyone who has taken my other Zentangle classes will find new things here. In this class, students will further their experience in the Zentangle Method and learn more about shading, pattern construction and drawing on different shaped and colored tiles. There will be laughter, drawing, flowing creativity and a good time to be had by all. Beginners Zentangle and/or solid experience in Zentangle Drawing is highly recommended. Materials fee: $20 (due to instructor at first class).

Pam Stevenson, a lifelong artist in various media, has practiced Zentangle since 2012 and is a Certified Zentangle Teacher (CZT).

PAH865 Elements of Residential Landscape Design
Wednesday, 3:15-4:45 p.m., Herring Center, Huff (HC105)
This course is designed with the goal that each student obtain a better understanding of the fundamental landscape design principals, and how to incorporate them into their own space(s). Class topics cover the tools of design; curb appeal; pedestrian and vehicular circulation; people spaces; and basic grasses, trees and shrubs. Students are expected to bring a sketch pad, HB pencils and a scale ruler to each class.

J.D. Martin has been a landscape architect for over 45 years and is the founder of Arbor Engineering. He has experience teaching at both college and technical levels.

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Friday Bonus Trips and Events

| BTE1172 | Estate Planning and Elder Care | Jan. 18, 10 a.m., HC004 |
| BTE1446 | Homes of Hope | Jan. 18, 10 a.m. |
| BTE1119 | Furman Auxiliary Services | Jan. 18, 1 p.m., HC113 |
| BTE1152 | Greenville Animal Care | Jan. 18, 1 p.m. |
| BTE1453 | The Glass Menagerie | Jan. 25, 10 a.m., HC105/106 |
| BTE1432 | Bravo Italiano Cooking | Jan. 25, 10 a.m., HC004 |
| BTE1126 | Interactive Drumming Circle | Jan. 25, 1 p.m., HC110 |
| BTE1448 | Gardening Outside the Box | Jan. 25, 1 p.m., HC113 |
| BTE1447 | Art Department | Jan. 25, 2 p.m. |
| BTE1443 | The David Pope Case | Feb. 1, 9 a.m., HC004 |
| BTE1441 | Women and Financial Issues | Feb. 1, 10 a.m., HC113 |
| BTE1442 | Tour of Forx Farm | Feb. 1, 10 a.m. |

| BTE1440 | How to Stay Young | Feb. 1, 1 p.m., HC105 |
| BTE1411 | Momentum Bike Clubs | Feb. 8, 10 a.m., HC113 |
| BTE1444 | Film Making in the Carolinas | Feb. 8, 10 a.m., HC004 |
| BTE1149 | Loons on Lake Jocassee | Feb. 8, noon |
| BTE1449 | Practical Origami | Feb. 8, 1 p.m., HC113 |
| BTE1445 | Wines of Oregon | Feb. 8, 1:30 p.m., HC105 |
| BTE1454 | T&S Brass and Bronze Works | Feb. 15, 10 a.m. |
| BTE1435 | How to Get Rid of Stuff | Feb. 15, 10 a.m., HC004 |
| BTE1455 | Afternoon “Tea at the Palace” | Feb. 15, 1 p.m., HC105/106 |
| BTE1457 | Little Known Black History | Feb. 15, 1 p.m., HC110 |
| BTE1132 | Foot Pain Management | Feb. 22, 10 a.m., HC113 |
| BTE1438 | Growing the Best Tomatoes | Feb. 22, 10 a.m., HC004 |
| BTE1439 | Greenco Beverage Company | Feb. 22, 10 a.m. |
| BTE1458 | Symbols and Stories in Quilts | Feb. 22, 10 a.m., HC111 |
| BTE1431 | Chihuly Glass Art in Gardens | Feb. 22, 1 p.m., HC004 |
| BTE1433 | Tour of an Artist’s Studio | March 1, 10 a.m. |
| BTE1434 | Normal vs. Not Normal Aging | March 1, 10 a.m., HC105 |
| BTE1452 | The First Hollywood | March 1, 1 p.m., HC004 |
| BTE1429 | Winston Churchill | March 1, 1 p.m., HC110 |
| BTE1190 | Middle Eastern Food | March 1, 4:30 p.m. |
| BTE1153 | Jocassee Gorges | March 8, 8 a.m. |
| BTE1113 | Soup and Crusty Bread | March 8, 10 a.m., HC105/106 |
| BTE1451 | Photographing Gardens | March 8, 10 a.m., HC113 |
| BTE1171 | Oconee Bells | March 8, 10 a.m. |
| BTE1188 | Greenville Zoo | March 8, 1 p.m. |
LAN711 Introduction to Latin II  
**Wednesday, 3:15-4:45 p.m., Herring Center, Vick Seminar (HC102)**

Latin is alive and well in 2019 – in fact, you use it every day. Join us for Introduction to Latin Part II, and be amazed at the prevalence of Latin in your own life. We’ll enjoy learning this extraordinary language and exploring the etymology, culture, history and traditions which have shaped our modern civilization. Our text uses a “You Are There” format in telling the story of Lucius Caecilius Iucundus, a real resident of Pompeii. Through film and art the history, culture and fascinating background of Roman life will be revealed. You’ll never forget the experience, whether you have had Latin before or are brand new to it. Required book: “Cambridge Latin Course, Unit 1” (ISBN 0521004349).

Ginny Anderson formerly taught Latin at Furman and currently teaches 15 courses of Latin to adults retirees online. She has taught at OLLI since 2005.

CEB1710 The New Normal  
**Wednesday, 3:15-4:45 p.m., Herring Center, Crabtree (HC110)**

The course will consist of eight lectures on different aspects of the New Normal of the current administration and on impact to Americans and our relationship with the world. Furman professors lecturing are: Danielle Vinson (Presidents and the Press: Tension vs. Hostility); Akan Malici (Jerusalem and the Palestine-Israel Conflict); Ben Storey (Current Political Philosophy); Jim Guth (Trump and the Administrative State); Glen Halva-Neubauer (Farmers and Ag Policy); Mike Bressler (National Security Policy); Brent Nelsen (Is Trump Changing the World?); and Buket Ozta (Populism and Its Impact on Democracy).

Tim Henry is the class coordinator. The lectures will be led by Furman professors in the politics and international affairs department.

PHO1612 Art and Photography  
**Thursday, 9-10:30 a.m., Herring Center, Huff (HC105)**

The course objective is for the participants to gain a better understanding of, and appreciation for, art as expressed through photography. The primary teaching tool will be the use of photographs by prominent nationally/internationally known photographers. Each discussion leader will project photographs by these photographers and lead a class discussion about the context of the photographer’s life/work and the artistic merits of the images, rather than the technical aspects of making the photograph. The class traditionally concludes with an entertaining discussion of work provided by the student body. Level 1, 2 or 3 proficiency level.

Chris Yaroch and Jeff Sarvis will coordinate this course, hosting guest speakers each week who will share in their specialty and expertise in art and photography.

PAH820 Beginning Poker  
**Thursday, 9-10:30 a.m., Herring Center, Computer Lab (HC104)**

This is a beginner’s class for people who have never played poker before and people who haven’t played for a while who want to renew their skills. We will be using chips instead of money for betting. We will go over the hand rankings, different ways to place bets and betting strategy. We will play a different variation of poker in each class, including games you may have heard of, like Texas Hold’em, 5- and 7-Card Stud, 5-Card Draw, Omaha and more. We will also review poker etiquette rules to get you ready to play with others. Dave Knox has enjoyed poker since high school and looks forward to teaching others a game that has so many variations.

Thursday Lunch Book Clubs

**MYSTERY READING GROUP**  
**HC103 12:30-1:15 p.m.**

Contact: Judy Pearson at judypearson@bellsouth.net

Books for the Winter Term are:

- Jan. 24 “Norwegian by Night” by Derek Miller
- Feb. 7 “Trust Me” by Hank Phillippi Ryan
- Feb. 21 “A Stone’s Throw” by James Zisken
- March 7 “Pieces of Her” by Karin Slaughter

**ROGUE READERS**  
**HC111 12:30 -1:15 p.m.**

Contact: Ginny Dalton at ginnydalton@charter.net

Books for the Winter Term are:

- Jan. 17 “Love and Ruin” by Paula McLain
- Jan. 31 “Before We Were Yours” by Lisa Wingate
- Feb. 14 “The Rent Collector” by Camron Wright
- Feb. 28 “The Woman in the Window” by A. J. Finn
HIS605 Discovery of America and Early Exploration  
**Thursday, 9-10:30 a.m., Herring Center, Piper (HC111)**

We all know who sailed the ocean blue to find America; however, there are others who claim they were here first and they have interesting stories which we will cover. The Vikings are the most prominent with the best claims but there is an amazing group that has been projected to be here first. The class will examine Columbus, the world he found in 1492 and the impact of that discovery. Hernando de Soto and Francisco Coronado saw America in the mid 1550s and will be covered as well as some other interesting characters.

Tim Henry and Bob McGrath will lead this course. They enjoy history and have taught at OLLI for several years.

RPH936 The Apostle Paul: In Acts and In His Own Words  
**Thursday, 9-10:30 a.m., Herring Center, Campbell (HC004)**

The writer of Luke and Acts spends more than half of Acts writing about the life and ministry of Paul. In Paul’s letters, written more than two decades before Acts, he includes some autobiographical notes, some differing from the Acts accounts. This class will study both accounts. Participants also will discuss Paul’s reputation of being biased against women and will explore how misinformation and misunderstandings may have been at the core of this perception. In the latter half of the course, the class will explore certain doctrines from the point of view of Paul’s letters. Presentations will be lectures supplemented by numerous PowerPoints, which will be distributed to class members by email before each session. There will be time for questions and answers and, as requested from previous classes, there will be some time for class discussion. Enter class with an open mind and desire to learn.


James Ellis Griffeth, pastor and hospital chaplain (retired after 44 years of ministry), holds an A.B. from Wofford and an M.Div. from Duke. Teaching is a serious avocation in his retirement.

ACM198 Exploring Great American Essayists of the 20th Century  
**Thursday, 9-10:30 a.m., Herring Center, Small Arts/Crafts (HC113)**

Participants in this class will be reading (at home) and discussing 20-25 essays over the term. The essays, some long, some short, will be on varied topics important to 20th century American life, arts and personal achievement. Our text, “The Best American Essays of the Century,” “is nothing less than a political, spiritual and intensely personal record of America’s tumultuous modern age, as experienced by our foremost critics, commentators, activists and artists” (Google Books), and it will be a rich source for discussion. Required book: “The Best American Essays of the Century” by Editor Joyce Oates (ISBN 0618043705).

Tony Caruso taught high school English for three years and multiple topics to businesspeople in the U.S., England and elsewhere over a 35 year Caterpillar career. He enjoys the great outdoor life possible in the Upstate.

ACM116 Pen and Ink and Then Some  
**Thursday, 9 a.m.-noon, Herring Center, Graham (HC005)**

This course takes Pen and Ink I to the next level with more detailed instruction. The class will include honing drawing skills, exploring different mediums or using the opportunity for studio time … and then some. Materials fee: $20 (due to instructor at first class).

Joe Thaler will teach and long-time instructor Gail Jones will assist.

PAH840 Calligraphy for Beginners  
**Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Small Arts/Crafts (HC113)**

This is a beginner’s calligraphy course. The font that will be taught is italic. We will spend several weeks learning all 26 letters in italic. Students will be encouraged to practice, practice, practice! Materials fee: $30 (due to instructor at first class).

Lisa Bethea is a self-taught artist in the areas of calligraphy, painting and sewing.

HIS608 Creating the American Republic: Federalists and Jeffersonians  
**Thursday, 10:45 a.m.-12:15 p.m., Daniel Music Building, Daniel Recital Hall**

The Founders devised the Constitution as a frame of government anticipating strong disagreements over the policies adopted by the new government. They did not anticipate a party system which had developed by the end of the Washington administration. But the party system was created to promote debate over the future of the republic.

A.V. Huff is a professor of history emeritus and retired vice president of academic affairs and dean of Furman University. Huff has been teaching FULIR and OLLI courses since 1993. He is a loved and favorite instructor of our OLLI members.
**CEB1711 Great Decisions 2019**  
Thursday, 10:45 a.m.-12:15 p.m.,  
Herring Center, Crabtree (HC110)

This class will discuss world issues: Migration; U.S. and Mexico; Cyber Security; Trade with China; Nuclear Diplomacy; Overview of the Middle East; Rising Populism in Europe; The state of the State Department. Students will use the Great Decisions discussion book ($27 to be paid when picked up at OLLI office). Make check payable to Furman University), a DVD from the independent Foreign Policy Association and other current resources.

Sherm Rounsville, a past OLLI president, has led several OLLI courses including Great Books discussions; Fossil Fuels; Guns, Germs and Steel; and Great Decisions since 2008. Dave Johnson and Bob McGrath will assist with this course.

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**PAH877 InstaPot/Pressure Cooker Revisited**  
Thursday, 10:45 a.m.-12:15 p.m.,  
Herring Center, Huff with Lindemann Kitchen (HC105/106)

You may find this class helpful, whether you are just starting out or want to gain confidence with this amazing tool. Our goals are to have fun and KISS (Keep It Simple Stupid) while making delicious food and providing an engaging process for cooking and a lovely environment for dining. Food cost: $6 per session ($6 due to instructor at first class with remainder due at second class).

Barbara Wojack and Lynda Stevensen have been OLLI instructors for a variety of cooking classes. Barbara began the first OLLI pressure cooker class and Lynda is certified in Puebla Mexican cooking.

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**PPG1313 International Tour of Comedy**  
Thursday, 10:45 a.m.-12:15 p.m.,  
Herring Center, Piper (HC111)

The United States is experiencing a “Golden Age of Comedy.” What about other countries? How do government, culture and history affect access to, and preferences for, comedy? Can comedy bring people together? This course uses video, lecture and discussion to shed a light on other cultures by listening to what people laugh at. The countries we visit include, among others, Russia, China, Germany, France and Muslim countries. Comedy is a great way to learn about other cultures, and increase our understanding and appreciation of our own.

Tanis Bryan, Ph.D., professor emeritus (University of Illinois at Chicago) did her research on the effect of moods on memory which inspired her interest in humor. Owen McClain will assist with this class.

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**HIS621 Thomas Sowell Writings Continued**  
Thursday, 10:45 a.m.-12:15 p.m.,  
Herring Center, Vick Seminar (HC102)

This is an iterative class based on the writings of Thomas Sowell, an American economist and theorist and current member of the Hoover Institution, Stanford University. Participants will discuss various chapters (2-3 pgs.) of Sowell’s book, “The Thomas Sowell Reader,” to better understand the logic and reasoning behind Sowell’s many observations and conclusions about contemporary society. As a conservative scholar and thinker, Sowell and his insights have often been the subject of controversy, most recently when he was cited as a source of fresh ideas by rapper Kanye West, when West strayed from left-wing orthodoxy. The purpose of this group will be to go to the source of those ideas through Sowell’s writings. Special attention will be given to the implications of this perspective on both the present and the future of American society. Required book: “The Thomas Sowell Reader” by Thomas Sowell (ISBN 0465022502).

Pat McCarthy is a retired professional with a background in management training and organizational development in a manufacturing environment.

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**RPH903 The Hebrew Prophets II**  
Thursday, 10:45 a.m.-12:15 p.m.,  
Herring Center, President’s Conference (HC103)

In this course we will read and discuss the Hebrew prophets – Isaiah, Jeremiah, Ezekiel and the twelve minor prophets. The course will continue over the entire year – fall, winter and spring terms, but it is not necessary to commit to the entire course. We will be discussing the historical backgrounds of the prophets, their literary art and their messages. Emphasis will be on an interactive discussion-oriented class.

Fred Leffert is a Greenville physician with a lifelong interest in Jewish studies. He has taught several Hebrew classes since 2000.

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**ACM130 Winter Nights are Made for Writing … and Reading**  
Thursday, 10:45 a.m.-12:15 p.m.,  
Herring Center, Campbell (HC004)

This ongoing class is designed for those with OLLI or other writing experience. Students receive a weekly prompt and are also encouraged to continue personal writing projects. Everyone writes; those who choose, read in class; and all participate in feedback and criticism by instructor and classmates in a positive environment. This term we will be linking prompts with resources for reading.

Judith Babb Chandler has taught at OLLI since its inception. Since retiring from Furman, she has been an active community volunteer and artist.
CEB1712 Democracy in Peril? A Look at Conceivable American Futures as Portrayed in Classic Dystopian Political Literature

Thursday, 1:30-3 p.m., Herring Center, Campbell (HC004)

The election of Donald Trump, and his administration’s activities over the past two years, has stimulated new interest in classical dystopian literature, and the lessons they might reveal regarding our current political situation. The course will begin with a discussion regarding the nature of “politics,” how it functions, and how it is constrained by constitutional systems. We will then read, analyze and discuss four important works of political dystopian literature including “It Can’t Happen Here” by Sinclair Lewis, “The Handmaid’s Tale” by Margaret Atwood, “Brave New World” by Aldous Huxley and “1984” by George Orwell. We will examine these works, their historical context, their ideas and concepts and their relevance to the contemporary American political stage. We will pay particular attention to the role of “the other” or the perceived threat to the traditional system, the taming of the pesky news media, the transformation of the judiciary and the law and the capture of the “deep state” governmental bureaucracy. Classes will be discussion based, but will revolve around ideas presented in the readings and their applicability to the current political setting of the U.S.

Jim D’Amato is recently retired as the director of transportation planning for the Spartanburg urban area. He has master’s degrees in urban planning and history, and a Ph.D. in international studies. He has taught political science and history at the university level, both here and abroad.

SNM1055 Environmental Issues in Modern Society

Thursday, 1:30-3 p.m., Herring Center, Huff (HC105)

Students will gain an understanding of the environmental issues facing modern society, and how negative global changes and the depletion of resources are harming the environment. We will examine the progress made in the U.S. to mitigate these issues, including how the Clean Air and Water Acts in the U.S. have worked to clean up the environment and how recycling and other programs such as ISO14000 and LEED building are helping. Some discussion will also take place on alternative energy sources, sustainable farming and fishing, and the enormous effort that is still needed.

Tony Nedved retired from a long career with Michelin Tire in the field of quality. He has a B.S. in chemistry from Furman. Tony was an adjunct instructor at Greenville Technical College where he taught classes on statistical quality control and quality engineering.

HIS624 Paris Life and the American Revolution

Thursday, 1:30-3 p.m., Herring Center, Piper (HC111)

Both a course on Parisian culture and travel, and a walking guide of the common history we share with France through the American Revolution. We will begin with an insider look at visiting Paris and living in Paris. Discuss basic need-to-know items such as transportation modes in the city, French manners, festivals and events throughout the year, and favorite haunts and neighborhoods. Then we will explore history via a visual tour to 23 historical markers, statues and locations in Paris related to the American Revolution (1776-1800). This course connects us to today’s Paris as well as that period when Benjamin Franklin and Thomas Jefferson walked Parisian streets and helped establish our common heritage.

Mary Jo Padgett lived in Paris. Every year she teaches classes and conducts guided history walks for the American Library in Paris.

HIS625 Revealing Yellowstone and the Grand Canyon

Thursday, 1:30-3 p.m., Herring Center, Crabtree (HC110)

Share the discovery of Yellowstone and the Grand Canyon through examination of original 19th century documents, maps, art and photographs. Mountainman Jim Bridger’s tales, Indian massacres and vigilante hangings led to the continuing expression of Manifest Destiny in F. V. Hayden’s 1871 survey expedition to Yellowstone. Its science, the art of Thomas Moran and photos by W. H. Jackson led Congress to establish the world’s first national park in 1872. Meanwhile, John Wesley Powell’s bold exploration of the Grand Canyon in 1869 revealed the canyon’s beauty and geology. We will study the same maps and images that drew Americans of The Gilded Age to understand their west. With YouTube and Google Earth, we will build the transcontinental railroad, climb Mt. Washburn to see the heart of Yellowstone and ride the rapids of the Colorado. Finally we will reach the North Rim of the Canyon at Point Sublime, where, “What was grand before has become majestic, the majestic becomes sublime and the sublime … passes beyond the reach of our faculties and becomes transcendent.”

Matthew Hermes, Ph.D., is a research associate professor in biomaterials at Clemson. His immersion in the documentation of the west began 20 years ago when he purchased the 1881 Hayden Atlas of Colorado and began to retrace the paths of the great western exploration of The Gilded Age.
SNM1068 Space Flight in Fact and Science Fiction  
Thursday, 1:30-3:30 p.m., Herring Center, Small Arts/Crafts (HC113)  
We will review the history of the space programs of the U.S., Soviet Union, Russia, Germany and others, reliving key moments of success, challenge and tragedies through extensive visual archives. The course will also briefly look to the future of space missions. Each session will also include screenings of space-themed science fiction from cinema and TV spanning 115 years. Each session will last two hours to accommodate screenings and discussion.

Bill Bradshaw spent 42 years in the science museum field with his last position as director of Roper Mountain Science Center. He has a lifelong interest in space exploration and science fiction.

RPH901 The Great Jewish Philosophers  
Thursday, 1:30-3 p.m., Herring Center, President’s Conference (HC103)  
The class will discuss some of the great Jewish philosophers, including Philo, Maimonides, Spinoza, Mendelssohn, Buber, Kaplan and Heschel. We will consider the historical period in which each flourished, his personality and the content of his work. Emphasis will be on an interactive class.

Fred Leffert is a Greenville physician with a lifelong interest in Jewish studies. He has taught several Hebrew classes since 2000.

HFE588 Zumba Gold  
Thursday, 1:30-2:30 p.m., Herman W. Lay Physical Activities Center, Dance Studio  
Take the “work” out of workout and dance the hour away with this low-intensity, modified version of the Latin and world dance-craze. See why Zumba Fitness is often called exercise in disguise. Perfect for active older adults looking for a modified Zumba class that recreates the original moves you’ve seen at a lower intensity.

Easy-to-follow Zumba choreography focuses on balance and coordination while dancing to Salsa, Merengue, Reggaeton and Cumbia music.

Val Jean Blanco is a licensed Zumba, Zumba Gold, Zumba Toning and Zumba Gold Toning instructor. She retired from the District of Columbia where she was an early childhood educator for 27 years. She has an appreciation for music and is excited to bring the infectious and fun music of Zumba to OLLI.

CEB1714 Boot Camp for Retirement Income Planning  
Thursday, 3:15-4:45 p.m., Herring Center, Huff (HC105)  
This course will provide an overview of various unique risks, which particularly during the early years can disproportionately impact future income. Participants will consider all the investment and savings options available to them, and which ones are best suited for specific tasks. We will also consider how Social Security filing decisions can impact not only future income and estate values, but taxation on total income in retirement. Finally, students will learn various methods of arranging a portfolio in order to safeguard essential income needs while providing for future growth that keeps pace with inflation and maintains lifestyle expectations. This four-week course will end on February 7. Course fee: $35.

Neal Angel serves as a financial planner and investment advisor with AngelRoyce Wealth Advisors. He has advised thousands of families as a speaker on current retirement issues, as well as a guest columnist for Prime Years. Neal has spoken to many groups on strategies for maximizing income while preserving financial assets in retirement.

ACM127 Introduction to the Native American Flute  
Thursday, 3:15-4:45 p.m., Herring Center, Piper (HC111)  
This class will introduce the Native flute as a folk musical instrument, and the basics of playing the flute for new players. Students may bring their own flute, in key of A. The class will learn about the unique design of the instrument, how to develop the motor skills needed to play the instrument, the basics of playing music on the instrument and how to make your music uniquely your own. This is a hands-on class, with an instructional guide, and additional handouts, as needed, to enable the student to be able to learn to play simple songs by the end of the class. Practice between classes will be an integral part of the learning process. Materials fee: Student flute $55 (if needed) and instructional guide (optional, but recommended) $30.

Rick McDaniel has been playing the Native flute and world flutes for 13 years. He has been active in leading flute circles in Dallas, Asheville and Greer. He also has produced education events and concerts for the Native American Flute community. Virginia McDaniel will assist with this course.

PAH894 Practical Puppy Love  
Thursday, 3:15-4:45 p.m., Herring Center, Graham (HC005)  
For dog owners or those interested in becoming dog owners: Welcome to the world of our best friends and companions! Come and learn about why dogs act the way they do, how to recognize their body language, how to master basic training and grooming, how to socialize them and different ways that you and your dog can get out and do fun things together. All of this will also help you understand where dogs now stand in our society (Are they really just furry children?) and what the law expects of them and you as their owners.

Megan Currier-Casavant is an educator and former animal control officer, certified through the National Animal Control Association. She currently trains, grooms dogs and performs dog therapy.
CEB1713 Strategies for Aging  
**Thursday, 3:15-4:45 p.m., Herring Center, Crabtree (HC110)**

Elder law attorney and former probate judge Susan Cobb Singleton shares strategies for seniors which equip them to know how to pay, how to play, and how to protect their loved ones. Course topics include advance directives (wills, trusts, powers of attorney – health and financial), the probate process, Medicaid, Medicare, Social Security benefits, aging in place, the hospital game, selecting nursing facilities, senior scams, grief and loss, leaving a legacy and more. While the topics are serious, Singleton injects humor and relevant illustrations to explain concepts, and welcomes course participant insights and questions.

Susan Singleton, elder law attorney and former probate judge, is passionate about equipping seniors to make informed legal, medical and aging decisions.

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**Friday**

**ACM119 Abstract and Realistic Portraits**  
**Friday, 9 a.m.-noon, Herring Center, Graham (HC005)**

This class will be painting semi-abstract acrylic portraits. The portraits will be bright, dramatic and colorful. Materials fee: $20 (due to instructor at first class).

Joanne Kennedy's interest in art began at the age of 12. She began in fashion illustration and freelanced for Belk, Meyers Arnold and many others. Joanne painted portraits in the evenings. She has concentrated primarily on portraits for the last 20 years.

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**HFE580 Pickleball I**  
**Friday, 9-11 a.m., Herman W. Lay Physical Activities Center, Gym**

Pickleball is a fun game played on a modified tennis court (outdoors) or a modified basketball court (indoors). It is played using a perforated ball and a paddle. It is easy to learn and utilizes skills found in tennis, racquetball and badminton. Since it is played on a smaller court, pickleball appeals to those people who like a competitive sport that can be less physically demanding. Paddles and balls provided.

Jim Derr and Bud Hamilton are pickleball enthusiasts, both indoor and outdoor, who have played at venues throughout the state. They look forward to introducing this fast growing and socially active sport to future pickleballers.

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**HFE503 The Rock Stars**  
**Friday, 9 a.m.- 4 p.m., Contact Instructor**

Explore the mountain trails of Upstate South Carolina and Western North Carolina. Hike six to 10 miles at a moderately strenuous to strenuous pace. Please clear physical activity with your physician before registering. Bring water, lunch and hiking gear including sturdy footwear. Carpool; share the cost of gas.

Andy Heman, an avid hiker, will lead all hikes. Mike Hill will assist with this course.

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**HFE586 Biohacking for Healthy Aging: Brain and Body Solutions**  
**Friday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110)**

In this experiential, limited wordy nerdy, very big chunk course attendees will learn how to change their lifestyle to “hack” their body’s biology and feel their best. Topics include: the body electric, your wonderful brain, gut brain axis, heart rate variability, managing mitochondria, nootropics, CBDs and neuro-degeneration; Alzheimer’s, Parkinson’s and dementia. Come learn evidence-based anti-aging epigenetic modifications for neuro-prevention, neuro-restoration, quality sleep, stress, anxiety and pain reduction. You can discover how to have better memory, clarity and focus, reduce inflammation and increase immunity. This is an opportunity to transform your body, feel more energized, be more productive and feel like the best possible version of yourself. Answers to emailed written questions will be woven into the course material.

Charles Baltzell Lac, NCCOAM is a septuagenarian neuro acupuncturist. In 1985 he overcame a serious medical condition and dedicated his life to helping others. At his Health and Wellbeing clinic he helps patients restore brain function and rehabilitate their nervous system. Teresa Baltzell will assist with course.

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**HIS631 The Dark Corner – An Elusive to Exclusive Odyssey**  
**Friday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111)**

This course is an overview of the famous, yet infamous, mountainous region in northern Greenville County, S.C., known for over 175 years for moonshine, mystery and mayhem. The Corner will be delineated by physical boundaries, by living philosophies, by moonshining and superstition, by spirituality and by scenic beauty. This five-week class ends on February 15. Class fee: $35.

Affectionately known as The Squire of Dark Corner, Dean Campbell is a native son of this mountainous area. His maternal and paternal ancestors came to the area in 1784 and 1832.
Friday Bonus One-Day Trips and Events

BTE1172 Estate Planning and Elder Care Planning
Jan. 18, 10 a.m.-noon, HC004
Join the class and learn legal strategies to protect your family and your estate, focusing upon wills/trusts, estate planning, probate avoidance, power of attorney/health care power of attorney, Medicaid/VA benefits planning and special needs planning. Brandon Elijah, local attorney, will lead this discussion. Limit 40

BTE1446 Homes of Hope Tour
Jan. 18, 10 a.m.-noon
Homes of Hope rebuilds communities and individual lives through housing and economic and workforce development. They have completed their 600th home and over 300 men have graduated from their Workforce Development program for men overcoming drug and alcohol addictions. The course will include a tour of two Homes of Hope neighborhoods and the Men’s Training Center. The tour will be led by David Peebles, resource development director, and Don Oglesby, president and CEO of Homes of Hope. Distance from Furman: eight miles. Limit 80

BTE1453 “The Glass Menagerie” by Tennessee Williams
Jan. 18, 1-2 p.m., HC105
Tennessee Williams is considered one of three foremost playwrights of 20th-century American drama. “The Glass Menagerie” was his first success, after a string of failures. Without it, it may be doubtful that he would have gone on to produce “A Streetcar Named Desire” and “Cat on a Hot Tin Roof.” It has been said: “Everything in his life is in his plays, and everything in his plays is in his life.” The class will include Williams’ development, the facet of his play development and an overview of the play. In addition, as the play opens at The Warehouse Theatre that Friday, it is likely that an actor or director will contribute to the class. The class will be taught by longtime OLLI member and instructor, Dennis Tavernetti. Limit 24

BTE1152 Greenville County Animal Care Tour
Jan. 18, 1-2:30 p.m.
Paula Church, community relations coordinator at Greenville County Animal Care, will lead a tour to help others fully understand what “no kill” shelter means and how we achieve this status in our own community. There will also be a tour of the facility at Greenville County Animal Care. Distance from Furman: four miles. Limit 20

BTE1119 Furman University Auxiliary Services: What Does This Mean?
Jan. 18, 1-3 p.m., HC113
There are some fascinating activities that go on at Furman, behind the scenes, that are crucial to the university’s operation. Come and hear from Furman’s director of auxiliary services, Becky Vuksta, about all the operations she oversees. You will learn some facts and figures about food service, the P2X mail service and how you can read to the students of Little Furman. Limit 32

BTE1432 The Chef's Table: Bravo Italiano Cooking
Jan. 25, 10 a.m.-noon, HC105/106
If you love made-from-scratch Italian food, then this class is for you. Join chef Horacio Repetto as he shares his delicious recipes. The menu will be a surprise, and you will learn to cook with delicious flavors of Italy from Greenville’s well-known Italian-born chef. You will enjoy generous tastings of delicious food he prepares in front of you, and you will receive his recipes. Plan to sit and enjoy every bite! Not only a fabulous chef and teacher, he also possesses a truly charming personality. This will be a fun and delicious class! Materials fee: $10. Limit 24

BTE1450 Jasmine Road: Offering Women a Path to Freedom
Jan. 25, 10 a.m.-noon, HC004
Homelessness, drug addiction, prostitution and human trafficking are real problems here in Upstate S.C. Ever wonder how women who are trapped in a cycle of sexual exploitation, addiction and incarceration can find a path to freedom, a haven for healing and the opportunity to flourish? Executive director Beth Messick will share about the problems of sex trafficking and prostitution and how Jasmine Road, a new non-profit started through a partnership with Triune Mercy Center and Christ Church Episcopal, is providing a home, sanctuary, healing and much-needed resources to help these women reclaim their lives. Limit 40
BTE1126 Rhythm Interactive Drumming Circle: Let’s Keep Drumming
Jan. 25, 1-3 p.m., HC110
Keep the drumming going! Less talk, more play. Jeff and Lori Holland, professional drum circle facilitators from DRUM4WORK will help you build a FIRE (Facilitated Interactive Rhythm Experience). 100% participation of self-expression and group synergy, with some brave souls, who will even get to help facilitate making great music. We’ll provide drums and fun for all. Event fee: $20. Limit 80

BTE1447 Behind the Scenes in the Art Department
Jan. 25, 2-3:30 p.m.
Find out more about the Furman Art Department with department chair, Ross McClain and art program specialist, Marta Lanier, through this in-depth tour of the art facilities. Meet students and faculty who work in the art department while they explain how each studio functions and have short demonstrations in selected areas. Studios to be shown include photography, ceramics, graphic design, printmaking, drawing and painting. Limit 30

BTE1442 Tour of Forx Farm and Gouda Cheesemaking
Feb. 1, 10 a.m.-noon
An introduction to the history of Gouda cheese followed by a step by step explanation of the process of making Gouda cheese, showing and explaining all the equipment, including the ripening cave. Ron and Tammy Lubson, owners of the 68-acre Forx farm, will lead the tour. Distance from Furman: 47 miles. Event fee: $5. Limit 25

BTE1440 How to Stay Young for the First 100 Years
Feb. 1, 1-2:30 p.m., HC105
Have you ever wondered how to live your longest life possible? How to Stay Young for the First 100 Years will teach you just how to do that. We take care of our teeth to make sure they last us for our whole lives, so why don’t we do the same for our spines? Learn about the different methods of preventative health care that chiropractic care can offer to help you live your best life now and for the years to come. This class will be taught by Mary Frances Duncan, founder of Simply Southern Chiropractic. Limit 24

BTE1441 Women and Financial Issues in Retirement
Feb. 1, 10 a.m.-noon, HC113
Women often face unique financial issues in retirement. Learn why women make more savvy investors than men, why traditional financial planning rules no longer apply in retirement and the alternative planning strategies that provide increased paycheck income while addressing long-term care needs later in life. Learn why divorcees should not “wash your ex’s Social Security benefits right out of your hair,” as well as Social Security benefit rules for wives of deceased spouses. The class will be taught by Neal Angel, investment advisory representative, MBA who serves as an investment advisor with AngelRoyce Wealth Advisors, LLC. Limit 32

BTE1411 Momentum Bike Clubs: Mentoring Underserved Youth
Feb. 8, 10-11:30 a.m., HC113
Momentum Bike Clubs (www.momentumbikeclubs.org) is a Clemson University initiative that serves middle and high school youth from under-served communities and schools. There’s only one thing more fun than riding a bike; it’s riding a bike with friends. Bike Clubs is a place where youth experience unconditional positive regard and build supportive relationships that transcend differences and empower them to overcome challenges. Come learn about the power of the bike to help youth chase their dreams. Rev. David Taylor, assistant professor with Clemson University and executive director of Momentum Bike Clubs will lead the class. Limit 32
BTE1444 Behind the Scenes: Film Making in the Carolinas
Feb. 8, 10 a.m.-noon, HC004
The film industry has landed in our backyard. Remember “Leatherheads” and “Hunger Games”? Both films were made right here in the Carolinas. Geoff Herbert, a professional filmmaker/technician since 1988, and Hal McFeely, a set construction technician for film and television since 1995, will show us what goes on behind the scenes: the jobs of the film crew, set construction, and the effect movies have on the Carolina economy. Both Geoff and Hal live in the Greenville area but are usually on the road somewhere working on movies or television shows. We are indeed fortunate to have them with us for what is sure to be an enlightening program on the fascinating history of film-making in the Carolinas. Limit 40

BTE1149 Loon Research on Lake Jocassee
Feb. 8, noon-4 p.m.
Lake Jocassee is the winter home of a large, stable population of common loons. The relatively small size of Jocassee makes the lake a perfect laboratory for loon research. Join us for a classroom presentation of cutting-edge research on winter loon behavior by leading loon researchers, Brooks and Kay Wade. The presentation will be followed by a three-hour pontoon tour to view winter waterfowl on the lake. We will also visit some of the beautiful waterfalls and wild rivers for which Lake Jocassee is so famous. Distance from Furman: 36 miles. Event fee: $45 and State Park fee: $3.25. Limit 40

BTE1449 Practical Origami: Masu Box
Feb. 8, 1-3 p.m., HC113
Create a beautiful origami Masu Box using gorgeous decorative paper. Each person will bring home two boxes. No supplies needed. This class is taught by abstract artist, Laura Willems. Materials fee: $3. Limit 32

BTE1445 Wines of Oregon
Feb. 8, 1:30-3 p.m., HC105
Oregon is a world-class wine region with more than 700 wineries and more than 1,000 vineyards. In this class, we will discuss the varieties of grapes grown and the unique geography and climate that contribute to the outstanding Oregon wines. We will focus on the Willamette Valley south of Portland, best known for Pinot Noir. We will then taste a variety of locally available Oregon wines. This class is lead by Bernie Showman, writer of the “S.C. Wine Joe” blog. Event fee: $7. Limit 24

BTE1454 T&S Brass and Bronze Works
Feb. 15, 10 a.m.-noon
T&S Brass and Bronze Works manufactures and ships high-quality plumbing supplies, parts and equipment around the world from their plant in Travelers Rest. It is a family business, operating continuously since 1947. In March 2016, T&S was the recipient of the prestigious Silver Crescent Award as the state’s best manufacturing company. S.C. Biz magazine presented the award based on a comprehensive set of criteria including manufacturing quality, environmental improvement and community contributions. The tour will be led by Mary Alice Bowers, vice president of human resources at T&S Brass and Bronze Works, Inc. Distance from Furman: four miles. Limit 45

BTE1435 How to Get Rid of Momma’s Stuff
Feb. 15, 1-2 p.m., HC004
Most of us need to reduce our own “stuff” and the “stuff” that has been passed down to us. Michael grew up with collectors and dealers. He owns Artifacts, Ltd. and is experienced with art, antiques, accessories and appraisals. Accompanying Michael is Dennis Gowan, who has been in the business for 30 years. They can help us prepare items for an estate sale and identify antiques. Come with your questions. They will not be doing appraisals as part of this program. Limit 40

BTE1455 Afternoon “Tea at the Palace”
Feb. 15, 1-3 p.m., HC105/106
Bask in the continued glow of love and fellowship by attending a formal post-Valentine’s afternoon tea. Treat yourself to three delectable courses accompanied by several specially selected teas. Teachers Lynne Blitstein and Mary Lou Huntoon will make you comfortable enough with tea etiquette to accept that invitation for “Tea at the Palace” that surely is in the mail! Lynne and Mary Lou have previously taught the OLLI course, Tea and Mystery. Event fee: $25. Limit 18

In order to give all members a chance to take a BTE, we limit everyone during registration to two BTEs. OLLI Notes, published weekly, will list available spots throughout the term. You will be contacted by email about two weeks prior with instructions and/or directions.
BTE1457 Little Known Black History Figures In American History  
Feb. 15, 1-3 p.m., HC110  
Tiffany Santagati, senior vice president at Southern First Bank, will present an introduction of little-known black historical figures in American history. This class will highlight a number of individuals who have made a big contribution to American history through efforts in their field of expertise. The class will spotlight not only their accomplishments but also their struggles. The goal of this class is to educate the participants about important accomplishments by people of color throughout American history. Limit 140

BTE1132 Custom Orthotics and Foot Pain Management  
Feb. 22, 10 a.m.-noon, HC113  
Foot pain and care are not easily understood and usually ignored by the general public. Most people, in fact, do not deal with their foot issues and end up with severe limitations as they age. This course is meant to shed light and inform in an easy way to understand the function of the foot/ankle and the resulting effects on the body in general. A special focus is put on footwear and custom orthotics. The course is led by Roger Bachour, founder and president of Accelerated Physical Therapy. Limit 32

BTE1438 The “Dirt” on SC Soil and Growing the Best Tomatoes  
Feb. 22, 10 a.m.-noon, HC004  
Longtime OLLI Gardening Essentials instructors Ellen Weinberg and Sandy Jenkins will facilitate presentations by local Master Gardeners to help with your winter garden and landscape activities and techniques. Learn from the pros how to beautify your yard and get the most out of your garden. This class will focus on the S.C. dirt and how to get your garden ready to grow the best tomatoes. Limit 40

BTE1439 Tour of Greenco Beverage Company  
Feb. 22, 10 a.m.-noon  
Tour the warehouse with president, Russell Farr, of Greenco Beverage Company, the major supplier of craft, domestic and imported beers as well as soft drinks to the Northwestern Upstate of S.C. We will be walking on cement floors the entire tour. OLLI headsets will be provided for ease of hearing the speaker. Distance from Furman: three miles. Limit 30

Bonus Trip Cancellation Policy: Even though most one-day events are free, any cancellations after the Monday prior to an event or no-shows by members will be charged $25 by OLLI.

BTE1458 The Underground Railroad: Symbols and Stories in Quilts  
Feb. 22, 10 a.m.-noon, HC111  
This presentation will show sampler quilts made from a pattern known as The Underground Railroad. Each square holds messages and symbols used to direct those who were traveling the Underground Railroad to find their way north. We will learn how slaves interpreted these various patterns to lead them along their journey. The presentation will be led by Marcy Evans and a group of retired educators who teach quilting and enjoy sharing this important part of our history. Limit 40

BTE1431 Chihuly Glass Art in Gardens  
Feb. 22, 1-2:30 p.m., HC004  
A visual review of the life’s work, techniques and career of Dale Chihuly with focus on his art installations in gardens. We will explore how his glass art is inspired, designed and produced and then take visual tours through some of the garden installations he and his team have produced over the past 20 years. This event will be led by retired science museum director and garden enthusiast, Bill Bradshaw. Limit 40

BTE1433 Tour of an Artist’s Studio  
March 1, 10 a.m.-noon  
OLLI members will gather in the art studio and watch artist, Georgia Harrison, demonstrate painting in oils. The subject will be a lovely outdoor view. You will see the preliminary drawing, loading paint onto the palette and demonstrating how to paint with a palette knife and a brush. Distance from Furman: three miles. Limit 20

BTE1434 Normal vs. Not Normal Aging  
March 1, 10 a.m.-noon, HC105  
Ame Sanders, certified trainer for Teepa Snow’s Positive Approach to Care, will share the five ways humans take in data and understand how that changes with normal aging and dementia. You will learn to recognize characteristics of normal vs. not normal aging and learn and practice a positive approach for interacting with those living with dementia. There will be an interactive mix of video, participative exercises and lecture. Limit 20

BTE1452 The First Hollywood: Jacksonville  
March 1, 1-3 p.m., HC004  
Before there was Hollywood, there was Jacksonville, Fla., “The Winter Film Capital of the World.” Join us for the intriguing story of the rise and fall of the Jacksonville motion picture industry, complete with film pioneers and famous names, grifters and con men. In the early 1900s, the city was home to over 30 silent film studios, producing
more than 300 movies, with stars such as Rudolph Valentino, Theda Bara, Lionel and Ethel Barrymore, Oliver Hardy and more. Metro Studio, which became MGM, began in Jacksonville, and the city was very important in the African-American film industry. Discover a little-known piece of history, just down the road in Florida. This course will be taught by Jim Nicholson, who retired from working in finance. Limit 40

**BTE1429 Winston Churchill: The Early Years**  
March 1, 1-3 p.m., HC110  
Jim Maurer, retired policy writer, will give an expanded presentation of “Churchill: The Last Lion” that was offered in the last summer session. This will be the first of a two-part presentation, focusing on Churchill’s first half-century, from childhood through WWII, his early political career and the “Wilderness Years.” The follow-up presentation will focus on Churchill’s later career, his years as prime minister and his role as a world leader during WWII and the Cold War. Limit 140

**BTE1190 A Taste of Middle Eastern Food**  
March 1, 4:30-6 p.m.  
Hosted by Ziad Namouz, one of the owners of Pita House, this bonus event will consist of a brief overview of Middle Eastern food and the ingredients most commonly used. There will be a tour of the Pita House kitchen to learn how their pita bread and yogurt are made. Participants will be free to shop in the grocery store before or after enjoying an early supper at the restaurant. Cost of the meal is not included in the tour. Distance from Furman: nine miles. Limit 30

**BTE1153 Spring Ephemerals of Jocassee Gorges**  
March 8, 8 a.m.-3 p.m.  
Join South Carolina Master Naturalist, Seth Harrison, to identify some of our early blooming wildflowers featuring Oconee Bells, Trillium and many other species. We will visit Devils Fork State Park on Lake Jocassee, Nine Times and other sites where wildflowers are plentiful during that period when the days are getting longer but the trees have not formed their shady canopies. With luck, the spring frogs in an old pond will entertain us. See and photograph them and learn some of their natural histories as well. Carpool from Furman to Devils Fork State Park and bring a lunch to enjoy outdoors. There will be walking on natural trails with uneven terrain for 1-3 miles with some moderate elevation gains. Distance from Furman: 36 miles. S.C. Park entry fee: $5. Limit 18

**BTE1113 Soup and Crusty Bread Class**  
March 8, 10 a.m.-noon, HC105/106  
Cheryl and Stephen Kraus, owners of Upcountry Provisions Bakery and Bistro in Travelers Rest, will teach this class, which covers the three basic soup styles, thickeners and techniques for making crusty and delicious bread. Materials fee: $5. Limit 20

**BTE1451 Photographing Gardens**  
March 8, 10 a.m.-1 p.m., HC113  
This introduction to garden photography will focus on using a cell phone and other simple digital cameras to capture gardens. The course will include composition, techniques and simple post-processing to enhance the images you capture. The class will end with a caravan visit to the Stoney Waters Garden that gardening enthusiasts Bill and Dee Bradshaw have built on Paris Mountain, so participants can practice their photography. The class will include 90 minutes of instruction and then 90 minutes to explore the garden with its early spring growth. Distance from Furman: five miles. Limit 25

**BTE1171 Oconee Bells: The Most Interesting Plant in America**  
March 8, 10 a.m.-2 p.m.  
This pretty little plant shares a fascinating history with early explorers of the Jocassee Gorges, but the “back story” of these men is as interesting as the discovery of the plant itself. Learn with upstate master naturalists Brooks and Kay Wade who these adventurers were, what led them to this unique place and what else they discovered here. Join us for a classroom introduction to Andre Michaux, Asa Gray, George Hyman and others, followed by a three-hour pontoon tour following their route into the wild terrain of the Jocassee Gorges. Bring a sack lunch. Distance from Furman: 36 miles. Event fee: $45. Limit 40

**BTE1188 Behind the Scenes at the Greenville Zoo**  
March 8, 1-3 p.m.  
The Greenville Zoo isn’t just for kids! Adults can expand their learning through a guided tour of the zoo with Lynn Watkins, education curator at the Greenville Zoo. You will be part of a small group traveling the zoo on foot, so wear comfortable shoes. By experiencing this tour, you will gain an understanding of the zoo’s mission and purpose, as well as learning how the zookeepers are working to conserve species all over the world. Distance from Furman: seven miles. Event fee: $9.75. Limit 20
Special Interest Groups

A Special Interest Group (SIG) is a group of OLLI members whose focus is a certain area of interest and social interaction. The following SIGs are already in place, and new SIGs are encouraged to form at any time. You do not need to register for SIGs, and there is no fee; however, you must be an OLLI member to participate. For more information about each group, get in touch with the contact person listed. Information about starting a new SIG is available in the OLLI Office and on the OLLI website. Questions? Contact Heidi Wright at heidi.wright@furman.edu or 864.294.2997.

Big Questions
The Big Questions SIG is for anyone with an interest in talking, listening and thinking carefully about fundamental issues. We have pondered questions like: What is the meaning of life (and how do we recognize it)? Which is more fundamental, the individual or the community? Is reason co-extensive with science? The group as a whole decides what to discuss. Genuine interest in ideas is the only requirement of membership. We meet weekly. Contact: Kevin McMurtry at kevinmcmurtry@gmail.com.

Bocce
The Bocce SIG offers OLLI members an opportunity to enjoy the game in a non-competitive atmosphere on the Furman grounds near the Herring Center. We play weekly during each term at an agreed upon time by SIG members. Contact: Stan Klotz at seklotz@hotmail.com.

Bridge
The Bridge SIG is for players with some experience. They meet weekly in Manly Lobby at the Herring Center. More groups may form if there is enough interest. Contact Tanis Bryan at tanishbryan@hotmail.com.

Bowling
The Bowling SIG meets every Monday of each OLLI term from 12:45-3:15 p.m. at AMF Star Lanes (740 Pleasantburg Dr.). New teams will be formed for each term. Cost is approximately $10. All levels welcome! Contact Mike Halloran at mikehallo2u@gmail.com.

Chess
This SIG is for all OLLI members who are interested in playing chess. Beginners and experienced players are welcome. Contact Jan Blasenak at blaz49@aol.com.

Classic Cars
This SIG offers classic car enthusiasts a way to share information, resources and the enjoyment of classic automobiles. Activities include day trips and visits to collectors and restorers. Contact Wayne Halli at whalli@bellsouth.net or Scott McCombe at notanmg@gmail.com.

Community Volunteering
The purpose of this SIG is to provide interested OLLI members with information regarding opportunities for meaningful engagement with the greater Greenville community. We will provide you with detailed information about volunteer opportunities, assist you in exploring options based on your skills, interests and experience and connect you with an OLLI member who volunteers with the agency of your choice.

Cycling
Join the Cycling SIG and ride biking trails (including the Swamp Rabbit). Contact Janet Aguilar at janetag1944@gmail.com.

Cribbage
Join the Cribbage SIG for a few hours of cribbage twice a month. The only requirement is that you know how to play. All levels welcome! Contact: Janet Aguilar at janetag1944@gmail.com.

DAP Learning Circle
The DAP Learning Circle SIG is open to all DAP grads who wish to deepen their understanding and practice of Dynamic Aging concepts. Facilitated weekly discussions will follow the format of “Learning Circle/Elder Wisdom Circle” models. Meeting times are determined each term based on availability of SIG members. Contact Audrey Pasin at audrey.pasin@gmail.com.

Food
The Food SIG is interested in exploring and sharing a variety of aspects of things we eat and drink from its source to cooking and dining. Activities will include field trips, dining activities, sharing of information and recipes. Contact Barbara Wojack at nowo29@yahoo.com.

French
Êtes-vous Francophone ? Vous êtes invité à un SIG où on parle français. On peut pratiquer la belle langue, et on peut faire la connaissance d’autres qui parle français. The French Conversation SIG welcomes all French proficiency levels. Contact Betty Kuhnert at kuhnertbetty@gmail.com.

Gluten Free
The Gluten Free SIG is for anyone interested in sharing gluten free recipes and information on gluten free products available locally and online, as well as information on local restaurants/ businesses that offer gluten free options to their customers. Contact Rich Yount at delihut@hotmail.com.

Handchimes
This SIG is for those interested in playing music with handchimes. It is a group effort to produce beautiful music and have fun at the same time. The most important skill is to be diligent and ring at the right time so as not to overpower your neighbor’s note that is being rung at the “actual” right time! This is for ringers with some experience and the ability to read music is helpful. Contact Sheldon Timmerman at hsheldentimmerman@gmail.com or Sharon Howell at jasminrc@icloud.com.

Hand Quilting
This SIG is for those interested in hand quilting projects or any hand-work you are involved in. It will be an informal gathering of past students of Simone Lindemann or anyone interested. Contact Donna Rasheed at erasheed@aol.com or Judith Woodward at jwood7@mindspring.com.

IMPROVing with Age
Would you like to have more fun in your life while making new friends and improving your mental agility, communication skills, spontaneity and ability to focus? The purpose of the IMPROVing with Age SIG is to use improvisational games to
develop all of the above and have fun in a nonjudgmental, mutually supportive environment. No performance experience of any kind is necessary and there are no spectators! Contact Diana Miel at Diana.miel6@gmail.com.

**Jam on Pickers (Guitar)**
This SIG is for guitar players who wish to swap licks and share songs and is open to any OLLI member with basic guitar skills. Meeting times and location will be determined by SIG members each term. Contact Don Koza at don.koza@charter.net.

**Knitted Knockers**
The Knitted Knockers SIG helps women who have had mastectomies. We knit (and crochet) “Knitted Knockers,” which are soft, lightweight breast prosthetics provided free of charge to women either to use pre-reconstruction, or as a more comfortable alternative to silicone prosthetics. All OLLI member knitters are welcome! Contact Catherine Sanchez at cathysanchez2005@yahoo.com or Sally Bommueller at sallybommueller@gmail.com.

**Lost in the Shuffle (Cards)**
The Lost in the Shuffle SIG is for OLLI members that like to play cards. This group meets weekly and predominantly plays spades, although games vary based on member interest. Contact Susie Rakes at jams1977@gmail.com.

**Mah Jongg**
The Mah Jongg SIG is for experienced players who would like to get together weekly to play Mah Jongg. They also welcome those who have recently taken a Mah Jongg class or who are trying to brush up on some “rusty” skills. They currently meet at 1:30 p.m. on Wednesdays in Manly Lobby at the Herring Center. Contact Cathy Dwyer at cathd65@aol.com.

**OLLI Consort**
The OLLI Consort SIG offers those who play recorder the opportunity to enjoy the pleasures of ensemble playing, advance their skills and occasionally perform for others. They meet at the Herring Center and the schedule is set each term by the participants. Contact Sharon Howell at JasminRC@icloud.com or Judy Brooks at jandb1223@gmail.com.

**Open Meditation**
For fellow OLLI members who have taken a meditation class and would like to get together and practice your meditation. We are offering an informal session once a week where one can sit and meditate. Contact Sigrid Carpenter at sigrid.carpenter@gmail.com.

**Out and About Singles**
This is a group of single OLLI members who enjoy movies, plays, festivals and eating out together. Come and join us, make new friends and help plan a calendar of fun. There is a lot to do in Greenville! Contact Susan Cooper at smc66pa12@gmail.com or Carolyn Rice at ccr2go@gmail.com.

**Painless Penniless Poker**
The Painless Penniless Poker SIG is for players with some experience, but all levels are welcome. “Penniless” means we are not playing for money – only your pride is on the line! We play a variety of poker games each week. Contact Dave Knox at kathyanddavek@gmail.com or Dawn Boulou at dawnmlb.shopper@gmail.com.

**Pickleball**
The Pickleball SIG is for those who have already had an introduction to and know the basics of how to play this hybrid of badminton, tennis and ping-pong. If you already know how to play, you know why it’s a hit with seniors all over the country. Indoor and/or outdoor court time is scheduled multiple times weekly on the Furman campus. Contact Kathleen Abbate at mstish1325@gmail.com.

**Photography**
The Photography SIG is for photographers interested in day trips to photograph nature, landscapes, historical sites and other interesting venues. Most shooting trips will start at the Herring Center parking lot. The group meets once a week to practice conversing. The group decides meeting times and locations each term. Contact Jeff Sarvis at jgsarvis@gmail.com.

**Spanish**
All levels of Spanish skill are welcome to join the Spanish Conversation SIG. The group meets weekly to practice conversing. In order to keep the conversation flowing, members are encouraged to bring news to share with the group such as details of a class they are taking, a picture about which they would like to expound or a current topic in the news they would like to discuss. Contact Merikay Pirrone at merikay58@gmail.com.

**Spin Your Own Yarn**
All spinning enthusiasts are invited to join the OLLI Spin Your Own Yarn SIG. Spend a few hours of spinning and enjoy conversation with other spinners and polish up on your yarn making skills. Bring your own spindles or spinning wheels and fiber supply and a bag lunch if desired. Contact Ruth Wolfe at twolf116@gmail.com or Ellen Weinberg at eweinberg@bellsouth.net.

**STEAM Tech Teams**
The primary goal of this SIG is to promote STEAM (Science, Technology, Engineering, Art and Math) programs in local schools through 3D design and printing, fabricating simple prosthetic hands for children; exploring basic electronics; making and flying quadcopter drones; and exploring biomolecules and neuroscience. To learn more, see our website at www.STEAMTechTeams.com. All are welcome. You do not have to be technically oriented to participate in this extraordinary project. Training is available! Contact Reid Becker at Reid.Becker@gmail.com.

**Swamp Rabbit Knitters**
Bring your knitting or other handwork and join this group for knitting and conversation. The group decides meeting times and locations each term. Contact Gail Kirby at cozybags@yahoo.com.

**Travel**
Join fellow travel enthusiasts to socialize and share experiences about travel in the U.S. and the world. Our focus is on casual communication and networking to help each other make good travel plans. We meet at least once a term, sometimes to hear a guest speaker and sometimes just to share each other's company and travel experiences. Contact Sarah Jerome at sarahjerome2000@gmail.com or Pat Mitcham at patriciamitcham174@gmail.com.
Travel with OLLI

Beautiful Drives with Chumley Cope

If you like to explore … and learn secrets that pertain to the surrounding area, then join regional explorer, Chumley Cope on a Beautiful Drive!

Friday, February 1: Clemson’s Historic “Old Houses”
If you’d like to learn something about South Carolina’s rich history – including the stories of John C. Calhoun and Clemson University’s founding – join us for a small group expedition to the far reaches of Pickens County. We’ll enjoy a guided tour of Fort Hill, home of the only man to serve as vice president under two different presidential administrations – John C. Calhoun – who was also the indirect benefactor of Clemson University. We’ll also visit Hanover House – one of the state’s oldest surviving buildings, with a unique story of survival and preservation. You’re sure to learn enough fascinating Clemson stories to confidently converse with your Clemson neighbors and friends! Our excursion will include a delicious local lunch and great small group fellowship. $75. Limit: 11

Friday, March 1: Exploring Union County, S.C.
Join us to explore one of the S.C. Upstate’s most historic counties – Union – and learn the story behind that rather unexpected name. Our visits take us to two of the Upstate’s most historic homes and a lovely countryside church. We’ll enjoy lunch in one of the state’s best down home cookin’ venues. We’ll join local guides to explore Cross Keys Plantation, Rose Hill Plantation and Padgett Creek Baptist Church. Cross Keys is a federal-style, early 19th century up-country home; Rose Hill is a lovely Greek-revival mansion, built by S.C. governor, William Gist, in 1860. This promises to be a small group adventure that will give you a broadened sense of interest in regional history. And it may turn you into a country cooking aficionado. $75. Limit: 11

Sign up for these trips beginning at 9 a.m. on Tuesday, December 4 with your payment in the OLLI office (first come, first served).

The OLLI @ Furman Travel Committee is always working on developing new travel opportunities for OLLI members to explore the world. From the Czech Republic to Taos, New Mexico, to New York City and Abbeville, there are excursions for varying interests. Have a travel idea you would like to submit to the Travel Committee? Contact Betty Jo Shaw at shawrlbj@bellsouth.net.

OLLI members engaged with a local as they learn regional history in Stow, Scotland.
OLLI Winter 2019 Course Registration

Please sign release form on back of this registration form. Unsigned, incomplete, or illegible forms will be returned without being processed.

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<tr>
<th>ONLINE</th>
<th>IN PERSON</th>
<th>BY MAIL</th>
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<tr>
<td>Go to furman.edu/olli and click on the Registration link.</td>
<td>At the OLLI Office located in the Herring Center for Continuing Education.</td>
<td>OLLI @ Furman University 3300 Poinsett Highway Greenville, SC 29613-1511</td>
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- Are you a brand new member? □ Renewal
- I need an OLLI name tag (only if you are a new member or misplaced yours).

Name__________________________________________
Preferred name__________________________________
Address________________________________________
City_________________State___________ZIP_________
Email__________________________________________
Home phone____________________Cell______________

Emergency Contact
Name____________________________Contact phone________________

Each term we publish a directory so members can contact each other. If you DO NOT want your contact information listed, please check here. □

Throughout the term, photographs will be taken by staff and other members for use in our video scrapbook, publicity materials or bulletin board displays. If you DO NOT want your picture used, please check here. □

Our goal is to have 100% of our members volunteer within the OLLI organization. Please check those activities that you would like to know more about and we will have a member contact you. (Please do not check areas where you are already involved.)

- □ Editing/Proofreading □ Instructor
- □ Hospitality/Greeters □ Coffee Brigade
- □ Office Assistant

Committees
- □ Membership □ Social
- □ Volunteer □ Curriculum □ Finance
- □ Instructor Support

To better serve and understand our members and their talents, please specify your professional background.

______________________________

Hobbies______________________________

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Event # | Event Name
---|---
1. | 2.

Events do not count against the course packages. If unable to attend, you must cancel the Monday before the event or be charged a $25 fee. Please limit your requests to two bonus events maximum. After registration we will offer spots in unfilled bonus events to all members.

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Course Packages (can be used throughout academic year)
- □ 6 classes $240
- □ 9 classes $315
- □ 15 classes $375
- □ $55 per course fee
- □ Membership $50 per academic year 9/18-5/19

Total course fees $_______

TOTAL AMOUNT PAYABLE $_______

Please return this form with your check (made payable to Furman University) to:

OLLI @ Furman University
3300 Poinsett Highway
Greenville, South Carolina 29613-1511

Register online at furman.edu/olli.
Furman University Acknowledgment and Release Form

I, the undersigned, acknowledge that I am at least 18 years of age and voluntarily participating in potentially physically challenging programs offered by Osher Lifelong Learning Institute at Furman (the “Activities”), which are being sponsored by Furman University. The Activities may involve travel to and from various locations and include outdoor and sporting activities, including, but not limited to biking, hiking, backpacking, swimming, tennis, golf, and aerobics. The Activities will begin on Jan. 14, 2019 and end no later than March 11, 2019.

ASSUMPTION OF RISK AND RELEASE OF LIABILITY.

In consideration of being permitted to participate in the Activities,

_____ (initial here) I acknowledge that I am aware of the possible risks, dangers, and hazards associated with my participation in the Activities, including the possible risk of severe or fatal injury to myself or others. In return for Furman University allowing me to voluntarily participate in the Activities, I agree to assume and accept all risks arising out of, associated with, or related to my participating in the Activities and to be solely responsible for any injury, loss, or damage which I might sustain while participating in the Activities. These risks include, but are not limited to:

• Travel to and from location(s) visited during the Activities, sometimes in a vehicle driven by someone other than myself;
• Broken bones, sprains, strains, heat-related injuries, allergic reactions, paralysis and even death;
• Forces of nature, including rain, water levels, snow, and cold;
• Dangerous terrain including slippery rocks, wet trails, or creeks;
• Exposure to wildlife and poisonous plants which may carry harmful diseases, or be otherwise destructive;
• Lack of immediate medical assistance since some activities occur in remote areas, often in areas of poor communication, and rescues take time.

To the maximum extent permitted by the law,

_____ (initial here) I release and indemnify Furman University and its officers, directors, employees, volunteers, and representatives, from and against any present or future claim, loss, or liability for injury to person or property which I may suffer, or for which I may be liable to any other person, during my participation in the Activities.

_____ (initial here) I understand that participation in the Activities requires a minimum level of fitness for safe participation. I represent and warrant that there are no physical or other health related reasons that would render my participation in the Activities dangerous or otherwise harmful to the health and well being of others or to myself. I will inform the trip leader of any limitation that I feel may affect my ability to participate and make them aware of any medications that may be required to be administered during a trip to include, but not limited to, an epinephrine injection for bee stings or insulin for diabetic conditions.

_____ (initial here) I hereby grant permission to Furman University or its agents and emergency responders to arrange or render medical treatment or evacuation or any other medical services deemed necessary or appropriate for my safety and well-being, if I become injured or ill during the Activities. I understand that accident and health insurance is not provided by Furman University for participants and that I am responsible for payment of any medical attention that may be necessary.

_____ (initial here) I grant Furman University, in its sole discretion, full permission to take and use photographs and/or videos of me, either alone or with others, for use on University web sites or other electronic form, print or media, without notifying me, in promotion of Furman University and its related entities. I hereby waive any right to inspect or approve the photographs or electronic matter used in promotion of Furman University and its related entities.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I VOLUNTARILY AGREE TO BIND MYSELF, MY HEIRS, EXECUTORS AND REPRESENTATIVES IN THE EVENT OF MY DEATH OR INCAPACITY.

__________________________________________  ____________________________
Participant’s Signature                           Today’s Date
Where is the office located? The OLLI Office is located in the Herring Center for Continuing Education on the main level. If you enter the building at the front entrance, you will be in Manly Lobby, and our offices will be on your left past the Marvin Book Nook.

What is the wait list policy? If you sign up for a class that is full, you will be automatically put on a waiting list. We are limited by classroom sizes, time available to us, instructor comfort levels, and safety. If a class has a long waiting list, the Curriculum Committee works to secure the course for future terms. Please be patient if you are put on a waiting list; many times, we are able to open/move a class to handle the demand.

Are there any class rules? Out of consideration of other OLLI members, please arrive on time or wait to enter your classroom during the break. If you need to leave a class early, please leave at the break time. We also ask that members refrain from heavy perfume/after shave in respect to those with allergy issues. So that others may enjoy the topic, we request that members not repeat courses.

Do you have scholarships available? Yes. If you need financial assistance, please contact Nancy Kennedy at 864.294.2979.

How do I use the Hearing Loop? Members can check out headphone sets from the OLLI Office prior to their classes held in HC004, HC110 and HC111. These headphone sets will assist those without hearing aids.

Why do you not accept credit cards via mail or in the office? For Furman’s and your security, we request that when paying for courses in the office or by mail that members use check or cash.

How do course packages work? Members can buy a 6, 9, or 15 course package to be used during the academic year (Fall, Winter and Spring terms). Package holders can register the first day of registration each term. Package holders can upgrade to a larger package (or non-package holders to a package) during Winter registration if necessary but not during Spring registration. A package cannot be shared between a couple.

What do the Photography classes proficiency levels mean? The proficiency levels are to help prospective students match a photography class to their technical ability. Level 1 is for novices/beginners with limited experience. Level 2 is for hobbyists/aspiring photographers who are familiar with the principles of photography, camera operations and basic post processing. Level 3 is for advanced photographers with high competence with the principles of photography, camera operations and post processing.
Directions to Herring Center

Traveling north on Poinsett Hwy toward Furman University, you come to a stoplight with a Publix on your left. Take the next exit, which has a Timmons Arena and Paladin Stadium sign, to the RIGHT. TURN LEFT off exit onto Old Buncombe Rd. (follow signs to Timmons Arena and Paladin Stadium). TURN RIGHT at traffic light onto Duncan Chapel Road. Travel approximately ¾ mile. TURN RIGHT into first Furman University gate. The Herring Center will be the first building on the left.