**Studying Smart**

- Choose a good place to study.
- Eliminate distractions.
- Come prepared.
- Create a study plan.
- Organize your study time.
- Break down large assignments.
- Take breaks! Study or assignments.
- break to stretch your legs or get a snack.
- Then take a 10-minute work for 45 minutes.
- Complete written assignments as they are assigned.

**Trouble with Information Processing?**

- Make an outline or other visual.
- If you can answer them, read the material and see questions about the information comprehension.
- Ask yourself future: use the information in the partner: think of ways you could student, tutor, or study and explain it to another.
- Go over what you need to know.
- Construct your own meaning.
- Know and what you already build connections between new information.